

MAD CHICKEN- MAD RICE

Nutrition Information	
Serving size	Serving (354 grams)
Amount Per Serving	
Calories	500
% Daily Value*	
Total Fat 13g	17%
Saturated Fat 2.5g	11%
Trans Fat 0g	
Cholesterol 50mg	16%
Sodium 1480mg	64%
Total Carbohydrate 71g	26%
Dietary Fiber 3g	11%
Total Sugars 4g	
Includes 1g Added Sugars	3%
Protein 25g	
Vitamin D 0mcg	<u>0%</u>
Calcium 23mg	<u>2%</u>
Iron 3.81mg	<u>20%</u>
Potassium 230mg	<u>5%</u>

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Ingredients:

Water tap municipal, Sys Cls Chicken Cvp Brst Tender Jumbo(*Chicken Tenderloins Clipped, Jumbo*), Rice, brown, NewlyWeds Breading, Shortening Fry Liquid(*Soybean oil, TBHQ and citric acid added to help preserve freshness, Dimethylpolysiloxane.*), Ketchup or Catsup, Pickle/Juice(*Cucumbers, water, vinegar, salt, alum, calcium chloride, potassium sorbate (preservative), natural flavors, polysorbate 80, yellow 5 & blue 1.*), Salad dressing mayonnaise type with salt, Lawrys Salt Seasoned(*INGREDIENTS: SALT, SUGAR, SPICES (INCLUDING PAPRIKA, CELERY SEED, TURMERIC), ONION, CORN STARCH, GARLIC, TRICALCIUM PHOSPHATE (TO MAKE FREE FLOWING), EXTRACTIVES OF PAPRIKA & NATURAL FLAVOR.*), Seasoning Cajun(*INGREDIENTS: GARLIC, SPICES, SALT, ONION, PAPRIKA & RED PEPPER.*), Chicken Base (dry)(*Salt, Sugar, Dextrose, Corn Starch, Chicken Fat, Monosodium Glutamate, Soybean Oil, Contains less than 2% of Caramel Color, Natural Flavorings, Garlic Powder, Hydrolyzed Soy Protein, Oleoresin Turmeric, Onion Powder, Spice and Coloring. Contains: Soy.*), Butter Alternate(*LIQUID AND HYDROGENATED SOYBEAN OIL, CONTAINS LESS THAN 2% OF SALT, SUNFLOWER LECITHIN, NATURAL FLAVOR, BETA CAROTENE (COLOR).*), Spice Pepper Black Ground

Nutrient values displayed as underlined may be understated, as a value is not available for all ingredients.

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