

Journey Through the Wall
Emotionally Healthy Spirituality
January 24, 2021

**Questions for Personal Reflection
and Group Discussion**

Notes

Stages of Faith

1. Life-changing awareness of God.
2. Discipleship.
3. The active life.
4. The wall and the journey inward.
5. The journey outward.
6. Transformed into love.

Four Dynamics of Life on the Other Side of the Wall

1. A greater level of brokenness.
2. A great appreciation for holy unknowing (mystery).
3. A deeper ability to wait for God.
4. A greater detachment.

1. Read 1 Corinthians 3:1-4 and Hebrews 5:12-14.

What do you learn about the process of spiritual growth from these passages? How is it different from physical growth?

Refer to the stages of faith on the opposite page. What stage would you consider yourself to be in?

2. Read 1 Samuel 13:5-12.

How did Saul respond to the challenge that he faced in this story?

Can you think of a time in your own life when God didn't fulfill your expectations? How did you respond? What was the result?

3. Read 1 Samuel 24:3-7.

In this story, David faces a challenge of his own. How was his response different from that of Saul's?

Why do you think it's important to wait for God's timing?

Is there an area of your life where you need to wait for God? What expectations of Him might you need to let go of?

4. Read Isaiah 55:8-9.

What do these verses tell you about God?

How do you feel about not knowing or understanding everything about God or the way He works?

In what area of your life are you stuck? What do you need to do to journey through the wall?