

The Lies We Believe
And the Truth That Sets Us Free
January 2, 2022

Where Lies Come From

- Our parents
- The world
- The church
- Our broken minds
- The Enemy of our souls

Seven Truths About Truth

1. Truth is not ours.
2. Truth comes piece by piece.
3. Truth is a prerequisite for spiritual growth.
4. Truth has barriers.
 - *Ignorance*
 - *Incomplete Knowledge*
 - *Distractedness*
 - *Intellectual Pride*
 - *Forgetfulness*
 - *Intellectual Laziness and Apathy*
 - *Drawing Wrong Conclusions*
 - *Close-Mindedness and Dogmatism*
 - *Intellectual Fatigue*
 - *Inconsistencies*
 - *Faulty Perspective*
5. Truth often leads to pain.
6. Truth requires doubt.
7. Truth will stand forever.

For further study: God's perspective on our broken thinking
See Romans 1:21-22, 2 Timothy 4:4, 2 Corinthians 4:4, Romans 1:28

**Questions for Personal Reflection
and Group Discussion**

1. Read Romans 12:1-2 and Isaiah 55:8-9.

What instructions do you find for believers in Romans 12:1-2?

The behaviors and customs of this world are influenced by the lies of Satan. Identify one or two ways that the way God want us to think is different from the way the world thinks.

If we live according to the way God tells us to think, how should our lives be different from those who live according to the lies of our enemy, Satan?

2. Review the list of places that lies come from on the opposite page.
In what ways has your view of reality been distorted by the influences on this list?

What have the spiritual, psychological, and relational costs been in your life?

What beliefs do you need to better align with the truth of God's Word?

3. Read Philippians 4:8.

What kinds of things does your mind tend to focus on naturally?

How might you begin to "fix your thoughts" on the things that Paul identifies in this verse?

What do you think would happen if your thoughts were focused on what is true, honorable, right, pure, lovely, admirable, excellent, and worthy of praise?

5. Read Hebrews 4:12 and Isaiah 40:9.

What do these verses tell you about the word of God (the truth)?

Why should we trust God's word more than our own understanding?

What step do you need to take to begin replacing lies you've believed with God's truth?