

## Love, Dates & Heartbreaks

Groundhog Date

July 24, 2022

## Questions for Personal Reflection and Group Discussion

Name an area of life where you have learned from a mistake and quickly corrected it.

When it comes to relationships, what bad habits do you find yourself repeating, even though you're hoping for a different outcome?

Which of the following myths have you believed? What adjustments to your thinking do you need to make?

- Experience Myth: Experience will make me wiser.
- Know-Better Myth: Since I know better, I'll do better.
- Time Myth: Time is against me.

What is your initial reaction to the idea that time is your friend, not your enemy?

### **1. Read Romans 12:1.**

Why do you think Paul uses the word 'plead' (urge, beg) in this verse?

What has Christ done for you?

How would you answer Paul's question at the end of verse 1? Why?

### **2. Read Romans 6:13-14.**

According to this passage, what does it mean to give your body to God? What part of your body do you have the hardest time surrendering to God? What step could you take to more fully surrender your body to Him?

### **3. Read Romans 12:2**

What behaviors or customs of our culture have crept into the way you treat others? How have these impacted your relationships? What changes do you need to make?

Would you characterize yourself as more of a 'conformer' or a 'transformer'?

In order for your mind to be renewed, it may be healthy to take a year off from dating. What would be your biggest reservation about doing so?