

# Wired: Brain Science and Spiritual Growth

Joy

September 18, 2022

Notes

Definition of **joy**:

Joy is \_\_\_\_\_ when I see  
\_\_\_\_\_ that conveys,  
“ \_\_\_\_\_!”

## Questions for Personal Reflection and Group Discussion

In his sermon, Pastor Chris said that joy is what I feel when I see the sparkle in someone’s eye that conveys, “I’m happy to be with you.” Who in your life “lights up” when they see you? Who makes your face light up?

### 1. Read 2 Corinthians 4:6

Imagine Jesus looking at you. What do you see in His face?

What does your vision of Jesus’ expression reveal about your relationship with Him?

### 2. Read Numbers 6:24-26.

Does the image of Jesus in your mind align with this passage? If not, why not?

### 3. Read Psalm 89:15, 16:11 and 21:6.

The “joy of your presence” or the “light of your presence” could also be translated “the light of your face.” How does the idea of God’s face lighting up with joy affect you?

What does your face communicate about your feelings toward the people around you?

### 4. Read James 1:2 and Romans 15:13.

Rewrite these verses replacing the word “joy” with words that capture the concept of God’s face shining on you; His happiness to be with you.

How does the idea of seeing God’s delight in you expressed through His face make you feel?

How might this fresh understanding of joy help you deepen your relationship with God and with others?