

Wired: Brain Science and Spiritual Growth
Healthy Correction: What Kind Of People Are We?
October 9, 2022

Notes

Questions for Personal Reflection and Group Discussion

1. Read Proverbs 15:31-32.

What comes to your mind when you hear the word 'correction'?

These verses are a trio of 'if/then' statements where the writer connects two things together. IF we do something, then THIS will be the result. What things is the writer of these verses connecting?

Verse 32 says if you listen to correction, you will grow in understanding. Understanding of what?

How might you give or receive correction differently, after considering these verses?

2. Read Romans 8:1.

What is the difference between condemnation and healthy correction?

3. Read Luke 10:17-20 and 40-42.

What do you notice about Jesus' modeling of healthy correction in these two passages?

Think about a time when someone corrected or criticized you. How did you feel? What was your response?

What does it look like when you offer correction? Are your words colored by toxic shame or healthy shame? What is the difference?

How could learning to give and receive healthy correction deepen the joy and *hesed* within your community and strengthen your group identity?

What step will you take to begin applying the truths we have learned in this study to your own life?