

Ephesians: Becoming Who You Are

Becoming Secure

October 16, 2022

Notes

Questions for Personal Reflection and Group Discussion

1. Read John 17:14-16.

As a follower of Jesus, what does this verse tell you about who you are? In what ways have you experienced this reality in your life?

2. Read Ephesians 1:1-3.

What spiritual blessings can you identify in these verses?

What does it mean to be “in Christ” and how does it affect who you are and how you live?

3. Read Ephesians 1:4-6 and Romans 8:29.

What was God’s plan for us when He chose us?

What does it mean to be holy and without fault? How do you become that? How does this affect who you are and how you live?

4. Read Ephesians 1:7-10.

What does redemption mean? Use a dictionary for help.

Why do we need to be redeemed?

Does your daily life reflect the truth that you have been redeemed? If not, why not? If so, how is your life different?

5. Read Ephesians 1:11-14.

You are chosen. What does that mean to you?

What is your place in God’s plan? See also John 15:16-17 and Ephesians 2:10.

What assurance or guarantee has God given us that we are forgiven and have received the gift of salvation?

6. Read Ephesians 1:15-23.

What blessings does Paul ask God to give to those who follow Jesus?

What does it mean to you that the same power that raised Jesus from the dead is in you? How does that truth affect who you are and how you live? In what way could you more fully live out that reality?