

1. Read Matthew 26:36-46.

How do you see the humility of Jesus reflected in His prayer?

In what ways are you encouraged by Jesus' example in this prayer?

2. Read Hebrews 11:6 and 2 Corinthians 5:7.

Pastor Chris said, "Everything about our faith, is about faith." How is God growing your faith right now?

In what area of your life are you in a "take this cup/not my will" season? How is God growing your trust in Him?

Is there something that God is calling you to surrender? What do you need to release into His care?

3. Read Luke 18:1-8.

Have you ever been discouraged by God's apparent 'slowness' to answer your prayers? How did that affect your relationship with Him?

In what ways does persisting in prayer help you know God more intimately and make you more like Him?

For what request(s) is God asking you to persist in prayer? What does it look like for you to do that faithfully?

4. Read John 17:20-21 and Revelation 5:8.

Consider the potential ripple effects of prayer. How might generations to come be affected by your prayers? How might this challenge you to pray differently?

How do these verses shape your understanding of the value of our prayers?

In what way is God calling you to grow in your prayer life? How will you put that into practice?

Want additional resources or help in growing your prayer life? Check out our selection of books on prayer at *Journeys*.