

Beautiful Surrender: The Blessing of a Psalm 23 Life

Going In Circles

August 20, 2023

Notes

Questions for Personal Reflection and Group Discussion

Do you ever feel like God is leading you in circles? Like the same struggle keeps coming back over and over? How might this be God's *grace* to you in your process of becoming more like Jesus?

1. Read Psalm 23:2-3.

Write down the word pictures that you see in these two verses.

What four things do these verses say your Shepherd does for you?

Notice that His gift of rest comes first on the list. Why do you think that is?

How is the Good Shepherd providing green meadows and peaceful streams in your life this week?

2. Read Psalm 4:8.

What blessing does this verse describe? Do you experience this blessing on a regular basis?

What keeps you from experiencing and enjoying God's gift of sleep or rest? What could you do to change that?

3. Read Philippians 3:12-15 and 4:11-13.

These passages show us the balance between holy ambition and contented surrender. Which phrases from these verses resonate with where you are in your walk with Jesus now? Which ones identify areas where you have growth steps to take?

4. Read Jeremiah 3:15.

What resources has God provided that are shepherding you in this season of your life?

5. Read Matthew 5:6 & John 7:37-39.

For what is your soul hungry or thirsty? Where do you look to satisfy your longing?

What blessings do you find in these verses? Are you experiencing them today? If not, why not?

6. Read Psalm 42:11 and Micah 7:19.

Is there an area of your life where you need rescue, restoration or renewal? Name it. Grieve it, if needed. Write it down or journal about it; surrender it to your Shepherd.