

Parenting: Winning the Battle for Your Child's Heart

Watch Your Weight

October 22, 2023

Notes

Questions for Personal Reflection and Group Discussion

1. Read James 3:3-12.

What images or phrases does James use in this passage to describe the power of our words?

Are there certain words that were said to you as a kid or teen that stand out in your memory? How do those words make you feel? What impact have they had on your life?

2. Read Luke 6:45.

What do the words you speak say about the kinds of things that are stored up in the treasure of your heart?

Are the words you speak at home – to your kids, around your kids, or about your kids – different from what you say in public? Is there any area where your public and private words don't line up? If so, what do you need to do about it?

3. Read Proverbs 16:24.

What does this verse say about words?

Is kindness a characteristic of the way you speak to kids?

If kind words are like honey, beneficial for both soul and body, what effect might unkind words have?

4. Read Proverbs 15:4.

What do you think the first phrase of this verse means?

Can you think of a time that someone has lied to you? How did you feel? What does this verse say about how deceitful words impact others? What does lying do to relationships?

What, if anything, are you tempted to lie about? In what area do you hide the truth? Why is that?

5. Read Proverbs 12:18.

Your words have power to hurt or heal; to break or bless. Your words carry weight. How are your words impacting the lives of the kids in your world?