

Missing Peace
Is Peace Possible?
December 3, 2023

Notes

Questions for Personal Reflection and Group Discussion

1. Read Luke 2:8-14.

What was the message the angels gave to the shepherds? Write down the key phrases.

Read verse 14 again. Who is 'peace on earth' for? And what do you think 'peace on earth' means?

2. Read Isaiah 26:1-4.

According to Isaiah, who will have perfect peace?

How are our thoughts connected to whether or not you have peace?

What thoughts are most likely to steal peace from your heart?

What truth or scripture would help you to maintain your focus on God?

3. Read Philippians 4:8-9.

Paul's list of things to focus our minds on is so practical! Make a list of things that fit into Paul's categories that you will practice focusing on this week. Pay attention to how being intentional regarding what you think about affects your perspective.

4. Read Romans 8:35, 38-39, and John 14:27.

What truths do you find in these verses that can reassure your heart when the difficulties of life threaten to steal your peace?

5. Read 2 Corinthians 10:3-5.

What thoughts, doubts, fears, or lies from the enemy do you need to take captive in this season of your life? How will you do that?

6. Read Philippians 4:6-7.

What instructions does Paul give in these verses?

What promises do you find for those who follow Paul's advice?

In what area of your life are you most in need of peace this holiday season?