

Privacy Policy

Effective Date: [June 1, 2023]

Life with Gayle is committed to protecting your privacy. This Privacy Policy explains how we collect, use, disclose, and safeguard your information when you visit our website [Your Website URL], including any other media form, media channel, mobile website, or mobile application related or connected thereto (collectively, the "Website"). Please read this privacy policy carefully. If you do not agree with the terms of this privacy policy, please do not access the website.

1. Information We Collect

We may collect personal information about you in various ways, including:

- **Information You Provide:** We collect information that you voluntarily provide to us when you register on the Website, subscribe to our newsletter, fill out a contact form, or otherwise interact with us.
- **Automatically Collected Information:** We may automatically collect certain information about your device and usage patterns when you visit our Website, including your IP address, browser type, pages viewed, and time spent on each page.

2. Use of Information

We may use the information we collect in the following ways:

- To operate, maintain, and improve our Website and services;
- To respond to your inquiries and fulfill your requests;
- To send you newsletters, marketing communications, and other information relating to our services;
- To personalize your experience and to deliver content and product offerings relevant to your interests;
- To detect, prevent, and address technical issues; and
- To protect our rights and property.

3. Disclosure of Information

We may disclose your information to third parties for the following purposes:

- With service providers who assist us in operating our Website and providing our services;
- To comply with legal obligations, such as to comply with applicable laws, regulations, legal processes, or governmental requests;
- To protect our rights, operations, or property, or that of our users; and
- With your consent or at your direction.

4. Security of Information

We use reasonable measures to protect the information we collect from unauthorized access, use, and disclosure. However, no method of transmission over the internet or method of electronic storage is completely secure.

5. Your Choices

You can choose not to provide us with certain information, but this may limit your ability to use certain features of our Website.

6. Third-Party Links

Our Website may contain links to third-party websites. We have no control over the privacy practices or the content of these websites. We encourage you to review the privacy policies of these third-party websites.

7. Children's Privacy

Our Website is not intended for children under the age of 18. We do not knowingly collect personal information from children under 18.

8. Changes to This Privacy Policy

We may update this Privacy Policy from time to time in order to reflect changes to our practices or for other operational, legal, or regulatory reasons.

9. Contact Us

If you have any questions about this Privacy Policy, please contact us at:

Gayle@lifewithgayle.com