

LIFE TRANSITIONS WITH STEPH  
TERMS & CONDITIONS

Effective Date: September 1, 2024

**The Relationship Transition Companion**

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### Self -Trust Clarity Call

By submitting this form and booking a call, you agree to the following:

This is an application-based call – Submission does not guarantee a booking. This call is reserved for women who are genuinely ready to explore deep emotional work and are open to coaching that includes mindset, somatic tools, and intuitive practices such as guided visualizations and meditation.

This is not a free coaching session.

This is a strategic clarity call designed to explore whether the Self Trust Compass is the right fit for you. If it's aligned, we will discuss what working together could look like. Please only book if you're open to investing in yourself emotionally, energetically, and financially.

Respecting our time is part of the process.

You agree to show up on time and fully present. If you need to cancel or reschedule, please do so at least 24 hours in advance. No-shows or last-minute cancellations may result in loss of future opportunities to book.

This is not therapy.

While this coaching program can support deep healing and emotional breakthroughs, it is not a substitute for licensed therapy, medical advice, or mental health care. If you're currently experiencing significant trauma or mental health challenges, please consult a licensed professional first.

Confidentiality is honoured.

Everything shared during the application and our call will be treated with care and confidentiality.

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### 8. Contact Us

If you have any questions or concerns about this Privacy Policy or how your data is handled, please contact us at:

Stephanie Duval  
Founder, Life Transitions With Steph  
Email: [stephanie@lifetransitionswithsteph](mailto:stephanie@lifetransitionswithsteph)



