

# SLENDERIIZ<sup>®</sup>

Drops to Drop

Lose Weight  
**2x Faster\***



\*In a study, subjects using Slenderiiz<sup>®</sup> products lost more than twice as much weight as subjects who did not use Slenderiiz products. All participants limited daily food intake to 1,250 calories. Individual results vary.



# Proven Weight Loss

The Slenderiiz® Program is the only healthy and natural program proven to help you lose weight 2x faster\* than with diet and exercise alone. It's a weight loss plan that guarantees results — or your money back!\*\* The Slenderiiz Program is more than just weight loss, it's an easy-to-follow path developed in partnership with medical doctors, scientists, wellness experts and athletes to truly transform your mind and body. Now, let's get started on your wellness transformation.

\*In a study, subjects using Slenderiiz products lost more than twice as much weight as subjects who did not use Slenderiiz products. All participants limited daily food intake to 1,250 calories. Individual results vary.

\*\*Subject to Partner.Co Terms and Conditions, Partner.Co products are backed by a 30-day money-back guarantee. Please visit [partner.co/return-policy](https://partner.co/return-policy) for more details.

# Reset. Burn Fat. Maintain.

The Slenderiiz Program is simple. There are just three steps to help you win at weight loss.

1

## Reset

Reset your mindset and set yourself up for success with a little prep. Begin by changing your diet to just consist of Slenderiiz Approved Foods. That means eliminating fast food and junk food from meals, plus conducting a kitchen cleanse of processed foods. Incorporate the recommended products into your routine for optimal support, and aim to drink 8 fl oz of water, 8-10x daily. These steps will pave the way for your healthier lifestyle.

- Eat from the Slenderiiz Approved Food List
- Stop eating fast food and junk food
- Remove processed food from your kitchen
- Drink 8 fl oz of water, 8-10x daily

2

## Burn Fat

After your Reset, keep sticking to the Slenderiiz Approved Food List, plus make sure to incorporate our recommended supplements, so your body is getting everything it needs for optimal performance. Staying hydrated is also important; drink 8 fl. oz of water, 8-10x daily. And unlike the first phase, you're going to add in movement! Try to get in 15-30 minutes of exercise per day. This will help you burn fat!

- Eat only from the Slenderiiz Approved Food List
- Drink 8 fl oz of water, 8-10x daily
- Move 15-30 minutes daily

3

## Maintain

To maintain all your hard work, we have a few recommendations. Continue to prioritize the Slenderiiz Approved Food List. Keep up your supplement routine, daily exercise and hydration. All of these steps will help ensure the longevity of your success! After all, it's not just about losing the weight, it's about losing the lifestyle and mindset that got you there.

- Eat from the Slenderiiz Approved Food List
- Drink 8 fl oz of water, 8-10x daily
- Move 15-30 minutes daily
- Avoid processed foods



# Real People, Real Results

## The proof is in the pics.

The Slenderiiz Program helps you take in fewer calories than you burn via calorie-restricted eating, healthier food choices and increased physical activity. You can expect to lose up to 12 pounds in a month depending on a number of factors.<sup>†</sup>





Before you get started, take your “Before” picture and start tracking your measurements:

<b>Date</b>	_____	_____	_____	_____	_____
<b>Weight</b>	_____	_____	_____	_____	_____
<b>Neck</b>	_____	_____	_____	_____	_____
<b>Chest</b>	_____	_____	_____	_____	_____
<b>Bicep</b>	_____	_____	_____	_____	_____
<b>Waist</b>	_____	_____	_____	_____	_____
<b>Hips</b>	_____	_____	_____	_____	_____

# 1 Reset

Begin your wellness journey by hitting the “Reset” button. Whether you’re coming off a food-filled holiday season or simply have strayed from eating healthy, the Reset phase helps you kickstart healthy habits so you start burning fat.

## Eat right

Eat three regular, healthy meals with foods from the Slenderiz Approved Food List. All the foods on the Approved Food List are delicious and nutritious and more importantly low glycemic, meaning they will help keep your blood sugar levels even.

## Cut out fast food and junk food

Processed foods will minimize your fat loss by spiking blood sugar and increasing inflammation.



## Remove temptation

Avoid temptation by clearing your cupboards and pantries of candy, canned soups, cookies, high-sodium frozen foods, pastries, potato chips, processed meats and soda.

## Hydrate

Drink eight fl oz of purified water, 8-10x daily. Providing your body with plenty of purified water allows your body to remove toxins and flush them away as you begin to burn up fat stores.



**SLENDERIZ**

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## Pro Tip

Your highest-calorie meal should be breakfast and your lowest-calorie meal should be dinner. This practice allows your body time to digest and burn off calories before resting in the evening.

### Help your gut

Start taking Probiotiix™ daily as directed. Changes in diet can lead to changes in your gut. Probiotiix can help reduce bloating and reduce digestive issues.



### Detox

Start taking Restoriix daily, as directed. Restoriix is designed to help safely remove the toxins and heavy metals that can be released as you lose weight.

### Drops to drop

Start taking Slenderiix™ and Xceler8™ Drops daily, as directed. Slenderiix is a homeopathic formula designed to curb hunger and assist the release of fatty deposits. Xceler8 helps increase metabolic rate, enhance energy levels and stabilize mood using a proprietary combination of methylcobalamin (a form of vitamin B12), biotin and a blend of adaptogenic herbs.

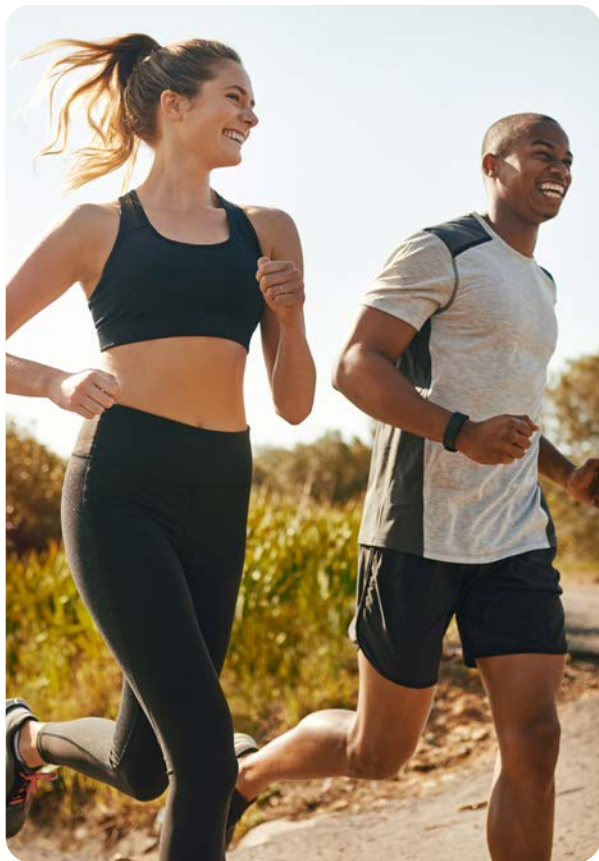


## ② Burn Fat

A modest aerobic exercise program is good for your health. Start walking, hiking, swimming, jogging, biking, etc, for **15-30 minutes per day, five times per week.**

If you've not been getting much exercise prior to this program, it's important to begin slowly, building up to the recommended amount of exercise over the next few weeks.

Remember, muscle weighs more than fat but it takes up less space. When you increase exercise, you lose fat and gain muscle, which slows the appearance of your weight loss on the scale. Tracking your inches can help you see the difference!



# Approved Food List

Focus on fresh, organic foods to help you avoid sodium, unhealthy fats and processed foods that will spike your blood sugar, cause inflammation and slow down your weight loss.

## Portion Sizes

**Fruit = Palm**

**Protein = Palm**

**Fat = Thumb**

**Vegetables = 2 Fists**

**Carbohydrates = Tennis Ball**



Palm = 3 oz.



Thumb = 1 oz.



Fist = 1 c.



Tennis Ball = 1/2 c.

# SLENDERIIZ



# Approved

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## Food List

# SL<sub>IM</sub>ENDRIIZ

### PROTEIN Animal-based

*Best choices: grass-fed, free-range, raised without hormones, wild-caught, fresh, not preserved, nitrate-free*

#### **Beef:**

Ground, Roast,  
Steak, Tips

#### **Buffalo**

#### **Chicken**

#### **Duck**

#### **Eggs**

#### **Fish/Seafood\*:**

Anchovies  
Any white fish  
Cod  
Crab  
Crayfish  
Flounder  
Hake  
Halibut

Lobster  
Mackerel  
Mussels  
Red Mullet  
Salmon  
Seabass  
Shrimp  
Swordfish  
Tuna  
Trout

#### **Lamb**

#### **Turkey**

#### **Turkey Bacon**

#### **Venison**

\*Include Restorix as directed to help remove any potential heavy metal buildup.

### Plant-based

#### **Beans:**

Black,  
Cannellini,  
Kidney, Lima

**Chickpeas**  
(Garbanzo Beans)

#### **Lentils**

**Low-Carb Protein Bars**

#### **Quinoa**

**Raw/Sprouted Nuts**

#### **Tempeh**

#### **Tofu, Organic**

Avoid highly processed meat alternatives due to added salt, preservatives, wheat and sugar.

### VEGETABLES Anything green is generally good, so try something new!

*Best choices: organic, in-season, fresh*

#### **Artichokes**

#### **Asparagus**

#### **Arugula**

#### **Bamboo Shoots**

#### **Beans:**

Green, Runner

#### **Bean Sprouts**

#### **Beet Greens**

#### **Beets**

#### **Bell Peppers**

#### **Black Kale**

#### **Bok Choy**

#### **Broccoli**

#### **Brussel Sprouts**

#### **Cabbage**

#### **Carrots**

#### **Cauliflower**

#### **Celery**

#### **Celeriac**

#### **Chard**

#### **Choi Sum Greens**

#### **Chicory Greens**

#### **Chili Peppers**

#### **Collard Greens**

#### **Cress**

**Sprouted Cress Seeds**

#### **Cucumbers**

**Dandelion Greens**

#### **Endive**

#### **Curly Endive**

#### **Green Beans**

#### **Kale**

#### **Leeks**

#### **Lettuce:**

Green Leaf,  
Red Leaf,  
Romaine

#### **Mushrooms**

**Mustard Greens**

#### **Okra**

#### **Onions**

#### **Parsnip**

**Peas:**  
Garden, Snap,  
Snow

**Pickles:**  
Dill

**Radicchio Greens**

**Radish:**  
Daikon, Garden

#### **Red Cabbage**

#### **Rhubarb**

#### **Spinach**

#### **Sprouts**

#### **Shallots**

**Squash:**  
Butternut,  
Spaghetti,  
Summer,  
Yellow

#### **Sweet Potato**

#### **Swiss Chard**

#### **Watercress**

#### **Yams**

#### **Zucchini**



## SEA VEGETABLES

Nori	Kelp
Dulse	Kombu
Hijiki	Wakame

## FRUITS

*Best choices: organic, in-season, fresh*

Apples	Cherries
Avocados	Raspberries
Blackberries	Strawberries
Blueberries	Tomatoes

## CONDIMENTS

*Fermented condiments, such as kimchi or sauerkraut, are helpful for metabolism and digestion. Avoid condiments with sugar, artificial sweeteners and high amounts of sodium.*

**Horseradish, Pure**  
*(not horseradish sauce)*

**Ketchup, Organic**  
*(no sugar or sucralose)*

**Kimchi**

**Mustard**

**Olives:** Packed in Vinegar, Sun-dried

**Picante Sauce**

**Pickle Relish**

**Salsa**  
*(reading ingredients; often contains sugar)*

**Sauerkraut**

**Soy Sauce** *(wheat-free, low sodium)*

**Tabasco Sauce**

**Tamari** *(gluten-free)*

**Wasabi**

## HEALTHY FATS

*Reserve 250-300 calories a day for healthy fats. Avoid vegetable, canola, corn, peanut, soybean, sunflower and cottonseed oils.*

**Coconut Oil** *(may be used for cooking; 1 spoonful = 100 calories)*

**Avocado**

**Avocado Oil**

**Borage Oil**

**Olive Oil, Extra Virgin, Cold-Pressed**

**Flaxseed Oil**

**50 mg Chia Seeds, Hemp Seeds, Raw Pumpkin Seeds, Raw Walnuts**

*(or 2 spoonfuls of their cold-pressed oils for salad dressing)*

## HERBS

**Basil**

**Bay Leaf**

**Caraway Seeds**

**Cardamom**

**Cayenne Pepper**

**Chives**

**Cinnamon**

**Cloves**

**Chili Flakes**

**Cilantro/Coriander**

**Curry Leaves**

**Dill**

**Fennel**

**Garlic**

**Ginger**

**Lemongrass**

**Makrut Lime Leaves**

**Mint**

**Oregano**

**Nutritional Yeast**

**Paprika**

**Parsley**

**Rosemary**

**Sage**

**Saffron**

**Tarragon**

**Thyme**

**Turmeric**

**Vanilla Bean**  
*(not essence with an alcohol base)*

## SPICES

*Best choices: salt-free and sugar-free spices*

**Apple Cider Vinegar**

**Balsamic Vinegar**

**Black/Pink Pepper**

**Cayenne**

**Cumin**

**Curry Powder** *(all varieties, but check for no sugar)*

**Dulse Flakes**

**Garlic**

**Kelp Flakes**

**Lemon**

**Lime**

**Mustard**

**Onion Powder**

**Sea Salt**

**Turmeric**

## SWEETENERS

**Liquid Stevia Drops/Powder**  
*(should not contain maltodextrin)*

**Monk Fruit**

## AVOID

*barley, bread, cereals, chemical sugar replacements chips, chocolate, commercial dairy products, couscous, flour, iodized table salt, jam, pasta, potatoes, pretzels, processed meats, rice, roasted/salted nuts, sodium-rich foods (i.e., canned soups), trans fats, vegetable oils*

# Sample Daily Menu

Simplify your meal routine with this easy-to-use menu that will help you stress less and lose more.

## Breakfast

2 protein portions  
1 fruit portion

## Snack

1 fruit portion  
½ avocado or  
½ cup of nuts

## Lunch

1 protein portion  
2 vegetable portions  
1 healthy fat portion

## Snack

(no fruit after 1 p.m.)  
1 vegetable portion  
1 healthy fat portion

## Dinner

1 protein portion  
2 vegetable portions  
1 healthy fat portion

## Snack

1 protein portion

## Pro tip

Consume a minimum of 1,200 calories a day. If you are exercising, replace the calories burned if daily calories drop below 1,200. Eat 80 g of protein a day. Stick to green vegetables as much as possible. Use oil, avocado or nuts as the fat.



## ③ Maintain

Congratulations! Reaching your weight loss or fitness goals means you've mastered a set of skills. Essentially, you've built wellness habits and practices. Now the game changes to maintenance.

### Continue healthy habits

- Eat from the Approved Food List
- Move daily
- Drink 8 fl oz of purified water, 8-10x daily
- Celebrate regularly

### Avoid

Stay wary of processed foods. Processing often strips food of beneficial fiber and vitamins and processed food typically has high fat, salt and sugar. It's called "junk" food for a reason.

**Pro tip** If you find yourself hitting a plateau after six months of beginning the program and you've stopped losing weight before you've reached your goal, it's recommended you discontinue taking Slenderiix drops for one month. Continue taking Xceler8 drops and consider adding Rejuveniix with breakfast. This will jumpstart your body, allowing further weight loss.



# Products With A Purpose

In each phase, there are key Partner.Co products that will not only support your weight loss, but the factors that impact it, such as optimal cellular nutrition, body fat stores and hormone balance, energy elevation and blood sugar levels. Here's how you can benefit the most from our supplements.



## 1 | Reset



### Slenderiix

Fights hunger and helps eliminate fat

**3x Per Day**

**Directions:**  
10 minutes before each meal, hold under tongue for 30 seconds



### Xceler8

Helps increase metabolic rate and enhances energy

**2x Per Day**

**Directions:**  
Before breakfast and lunch and after taking Slenderiix, hold under tongue for 30 seconds



### Restoriix

Helps remove toxins and balance pH

**1x Per Day**

**Directions:**  
Mix 1 scoop with water



### Elite™

Helps balance hormones and reduce stress

**1x Per Day**

**Directions:**  
Mix with 16 fl oz water



### Probiotiix

Supports gut health and reduces bloat

**1x Per Day**

**Directions:**  
Take 1 capsule daily



### Water

Hydrates and flushes toxins as you begin burning fat

**8-10x Per Day**

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## 2 | Burn Fat



### PureNourish™

Provides protein and amino acids

**2x Per Day**

#### Directions:

Blend 2 scoops with 8 fl oz water, unsweetened almond, oat or coconut milk and a cup of added fruit.



### Power Boost™

Helps build muscle and boosts mental cognition

**1x Per Day**

#### Directions:

Add 1 scoop to 2 scoops PureNourish and 8 fl oz water



### Beauty Boost™

Rehydrates and helps fortify skin and hair

**1x Per Day**

#### Directions:

Add 1 scoop to 2 scoops PureNourish and 8 fl oz water



### Renew

Helps reduce body fat, combat soreness and improve restorative sleep

**1x Per Day**

#### Directions:

Blend 1 stick pack to 4-8 fl oz water



### Rejuveniix™

Helps increase energy

**1x Per Day**

#### Directions:

Take 2-4 capsules daily as needed



### Giving Greens®

Provides nutrients of 2.5 lbs of veggies plus digestive support

**1x Per Day**

#### Directions:

Blend 2 scoops with 8 fl oz water

## 3 | Maintain



### PureNourish

Provides healthy, low calorie snack

**1x Per Day**

#### Directions:

Blend 2 scoops with 8 fl oz water, unsweetened almond, oat or coconut milk



### Optimal-M®

Provides minerals to support bones, nerves and muscles

**2x Per Day**

#### Directions:

Take 2 capsules twice daily



### Optimal-V®

Provides vitamins to support heart, eyes, skin and lungs

**2x Per Day**

#### Directions:

Take 3 capsules twice daily



### Vináli®

Helps boost immunity and maintain skin

**2x Per Day**

#### Directions:

Take 1 capsule twice daily



### Tahitian Noni® ORIGINAL

Provides nutrients and boosts immunity

**1x Per Day**

#### Directions:

Drink 2 fl oz daily



### Omega-Q™

Supports the cardiovascular system and brain health

**2x Per Day**

#### Directions:

Take 1 softgel twice daily, preferably with meals

# Impact of Blood Sugar and Hormones

## Sugar

### Brain

Excessive sugar lights up the reward center making it difficult to cut out



### Skin

Excessive sugar accelerates skin aging



### Heart

High blood sugar levels can harden arteries and damage heart tissues



### Liver

The liver converts surplus sugar into fat. Overloading with sugar is similar to overloading with alcohol



### Fat Cells

Excess insulin in your blood stream, caused by your body absorbing too much sugar, can cause weight gain





The Slenderiiz Program helps maintain blood sugar levels and balances hormones — such as insulin, leptin, ghrelin and cortisol — so you can reach your wellness goals.

## Hormones



### Brain

Excessive cortisol secretion raises or lowers your mood



### Stomach

Ghrelin sends “I’m hungry” signals to the brain



### Digestive System

Excess cortisol can slow digestion



### Waist

Excessive cortisol can increase insulin production, which can cause weight gain



### Fat Cells

Larger fat cells produce more leptin, which can cause your brain to not recognize that “I’m full” feeling.



# The Perfect Duo for Weight Loss

Over  
**1 Million**  
Bottles Sold



**SLENDERIX**

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## Slenderiix

### Kill Your Cravings

- Homeopathic formula
- Helps reduce hunger and control appetite so you feel in control
- Eliminates fat stores so you experience more inches lost

#### How to use:

Fill the dropper with 0.7 mL (approximately 15 drops) and squeeze the solution under your tongue. Wait 30 seconds and then swallow. Do this three times daily before meals. Make sure you take Slenderiix on an empty stomach and do not eat for at least 10 minutes before or after swallowing the drops.



## Xceler8

### Boost Your Metabolism

- Proprietary combination of methylcobalamin (vitamin B12), biotin (vitamin H) and a blend of adaptogenic herbs that help with weight loss
- Enhances energy levels so you can move more while you eat less
- Helps stabilize stress response and mood so you don't seek comfort food

#### How to use:

10 minutes after taking Slenderiix drops, shake the bottle of Xceler8 and fill the dropper with 1 mL of solution. Squeeze it under your tongue and wait 30 seconds before swallowing. Take Xceler8 with breakfast and lunch. Meals can be eaten immediately after taking Xceler8.

Hormone Free  
**SLENDERIIX**  
HOMEOPATHIC WEIGHT  
MANAGEMENT FORMULA  
**1 Bottle**

**Purpose:** Helps to temporarily reduce minor hunger pangs and control appetite to support weight loss efforts.

**Directions:** Place 0.7 mL (approximately 15 drops) under the tongue three times daily before meals. Leave under tongue for 30 seconds, then swallow. Do not eat or drink 10 minutes before or after taking Slenderiix.

**Warnings:** If pregnant or breast-feeding, do not use. Keep out of reach of children. Not for use by children under 18.

**Tamper Resistant Seal:** If seal is broken or missing, do not use.

**Ingredients:** Ammonium Bromatum 12X, Avena Sativa 6X, Calcarea Carbonica 9X, Fucus vesiculosus 6X, Graphites 12X, Ignatia Amara 9X, Kali Phosphoricum 12X, Lycopodium Clavatum 6X, Natrum Mur 12X, Sulfuricum Acidum 12X, Thyroidinum 9X

**Inactive Ingredients:** Grain Alcohol 20%, Natural Flavors, Stevia Leaf, USP Purified Water

**Store in a cool place, away from sunlight.**

Dietary Supplement  
**XCELER8**  
METABOLISM SUPPORT &  
INCREASED ENERGY  
**1 Bottle**

**Purpose:** Helps metabolism and increased energy in weight loss efforts.<sup>†</sup>

**Directions:** Shake well before using. Take 1 mL two times daily, 10 minutes after taking Slenderiix drops with breakfast and lunch. Meal can be eaten immediately following Xceler8.

**Warnings:** If pregnant or breast-feeding, do not use. Keep out of reach of children. Not for use by children under 18.

**Tamper Resistant Seal:** If seal is broken or missing, do not use.

### Supplement Facts

Serving Size: 24 (1 mL)

Servings Per Container: 59

	Amount Per Serving	%DV
Vitamin B12 (as Methylcobalamin)	600 mcg	25,000%
Biotin	100 mcg	333%
Rosehips Fruit Extract	10 mg	*
Acerola Fruit	2.5 mg	*
Proprietary Energy Blend	37.5 mg	*
Green Tea Leaf Extract, Fresh Ashwagandha Root Extract, Rhodiola Rosea Root Extract		

\*Daily Value (DV) Not Established.

**Other Ingredients:** Vegetable Glycerin, Water, Stevia Leaf Extract, Peppermint Essential Oil

### Contains one (1) 2 fl oz (59 mL) of Slenderiix and Xceler8

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7158 S. FLSmith Drive, Suite 250,  
Midvale, UT 84047, USA  
Made in USA.

### Scan here:



Unlock the Slenderiix program, a simple and effective tool to maximize your fat loss results and lose weight for good.



[Slenderiix.com](https://slenderiix.com)

For more information,  
visit **PartnerCo**

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