

FREE

# CITY Revealed

MAY 2023

2023

MARION **ARTS**  
**FESTIVAL**

*Celebrating 31 Years*

**Taco 'Bout Tasty**

*Recipes for Cinco de Mayo*

GREATER CEDAR RAPIDS Spring 2023  
**Parade of Homes**  
APRIL 29TH - MAY 7TH







## May is American Stroke Month

Learn the warning signs

# F.A.S.T.

Face  
Drooping

Arm  
Weakness

Speech  
Difficulty

Time to  
Call 911

Every 40 seconds, someone in  
the U.S. has a stroke.

[Stroke.org](http://Stroke.org)

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## A Note from the Publisher

We are thrilled to share our May issue with you, packed with local content, businesses, and a few fun activities for the kiddos. Our Spring Parade of Homes feature takes center stage, showcasing the exceptional talent of builders, subcontractors, and designers in our area. Don't miss the opportunity to tour these stunning homes!

We extend a warm welcome to both new and returning advertisers, and we appreciate your support in bringing the best content to our readers.

In honor of Cinco de Mayo, we have an easy and delicious recipe for fish tacos and a special dish for Mother's Day - or any day! Be sure to also check out this month's feature on National Pet Month, with fun ways to celebrate and spoil your furry friends.

Our deepest gratitude to our loyal readers for your support and patience as the new team continues to navigate and learn the ropes. We are committed to exceeding your expectations with each issue, and we value your feedback. Thank you for being part of the City Revealed community, and we hope you enjoy the May issue!

Char



Charlotte Linde  
Publisher & Chief of Inspiration

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GREATER CEDAR RAPIDS

Spring 2023

# Parade of Homes



## Spring Parade of Homes 2023

### **Cedar Valley Habitat for Humanity**

1511 34th St SE, Cedar Rapids

### **D.R. Horton**

104 Sumac Dr, Palo

### **D.R. Horton**

2858 Anne Dr, Hiawatha

### **D.R. Horton**

7000 Harlan Eddy Dr SW, Cedar Rapids

### **Donohoe Homes LLC.**

4011 Larkspur Drive, Marion

### **Frey Homes**

3008 Prairielight Court, Hiawatha

### **Gardenview Homes**

2924 Belle St SW, Cedar Rapids

### **Home Town Restyling**

5401 Michael Dr, Cedar Rapids

### **Jerry's Homes, Inc.**

6165 Cope Drive, Marion



**May 4th 5-8PM**

**May 6th & 7th 12-5PM**

## **TOUR THE AREA'S BEST NEW & REMODELED HOMES**

Tickets available at any parade home for \$10. Discounted tickets are available at any local Casey's General Store for \$9. Children 12 & under are FREE. A portion of each ticket sold will be donated to a local nonprofit.

**[gcrhba.org](http://gcrhba.org)**

### **Jerry's Homes, Inc.**

1821 Shady Grove Road SW, Cedar Rapids

### **Legacy GreenBuilders & Developers**

220 Ridge View Dr, Fairfax

### **Navigate Homes**

5631 Seminole Valley Trail NE, Cedar Rapids

### **PRK Williams Building Group**

4375 Rec Drive, Marion

### **Ralston Eco Homes, LLC**

3073 Dell Ridge Ln, Hiawatha

### **Sattler Homes & Remodeling**

1302 Shamrock Woods, Marion

### **Skogman Homes**

802 Bowstring Dr, Marion

### **Skogman Homes**

315 Meadows Field, Cedar Rapids

### **Skogman Homes**

3491 Edgebrooke Lane, Marion

### **Skogman Homes**

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# GREATER CEDAR RAPIDS Spring 2023 **Parade of Homes**

Tour the most exquisite homes in the area that exhibit the craftsmanship of the finest local builders and remodelers! The Greater Cedar Rapids Housing & Building Association has organized the Spring Parade of Homes for over 14 years, showcasing the exceptional work and quality of the region's top builders and remodelers. Admission is \$10, and children 12 and under can attend for free. Discount tickets are available for \$9 at any Casey's General Store. Don't miss the chance to admire these beautiful homes!

The parade will present houses in various neighborhoods with a broad range of prices. The tour offers a glimpse of a range of floor plans, home designs, and products that feature the latest in green technology, giving the community an opportunity to see the latest advancements in home building techniques up close. According to Executive Officer Melissa Olson, "It's a great opportunity for our members to showcase not only what they can do, but also who they are."

Building a house requires many companies to work together to provide a quality, efficient, and affordable home that meets the buyer's needs. Choosing the right companies to work with can be overwhelming. This collaboration between the GCRHBA and builders and remodelers ensures that you find the right builders for your project. The association provides networking opportunities and connections for building professionals to work together to offer quality, efficient, and affordable structures for the Cedar Rapids region, as well as a directory for the public to find qualified businesses for their building and remodeling needs. If you're looking for a local professional to perform painting, plumbing, electrical work, lawn care, or any other projects, up to constructing a home or commercial building, you can browse the directory on the GCRHBA's website, [gcrhba.org](http://gcrhba.org).

If you're considering a new home or remodel, come and tour the Spring Parade of Homes and find the perfect builder for you! We would like to express our gratitude to this year's Spring Parade of Homes sponsors, including Randy's Flooring, Ferguson Bath, Kitchen & Lighting Gallery, and Company. Thank you to all participating members. To learn more, visit [gcrhba.org](http://gcrhba.org).



**220 Ridge View Dr. Fairfax**



PHOTO OF SIMILAR PROPERTY



**1821 Shady Grove Road SW, CR**





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**Dunthorn Homes**  
4011 Luskspur Dr Marion





**3008 Prairielight Court, Hiawatha**



**2858 Anne Dr, Hiawatha**



**3073 Dell Ridge Ln, Hiawatha**



**5401 Michael Dr. CR**



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GREATER CEDAR RAPIDS **Parade of Homes** Spring 2023  
APRIL 29TH - MAY 7TH

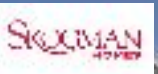
**\$100\***  
**OFF**  
**Parade Ticket**  
\*\$100 off one ticket available during parade home for \$10  
Not valid for 2 weekend tickets available on display for \$20



**4375 Red Drive, Marion**



**4011 Larkspur Dr, Marion**



**3491 Edgebrooke Lane, Marion**



**9309 Grand Oaks Drive NE, CR**



**827 Bowstring Dr, Marion**



**315 Meadows Field, CR**





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Memorial Day

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YQIYTYAINELEOELXR  
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LG DGBAJNOBXKGVLLT  
YKJMJMMLQCWNQYRMQ  
DZJDJYNNJPNWKDGET  
MTBMNQLYNDMLXTMYS

memorial day  
bees  
iphone  
world's largest island  
wrestling hall of fame

bees  
iphone  
world's largest island  
wrestling hall of fame  
bees

\*Answer Key  
inside  
back cover

What  
IS IT?



1. What is the world's largest island?
2. What US president is in the wrestling hall of fame?
3. In what year was the first iPhone released?
4. What is the only continent without any bees?

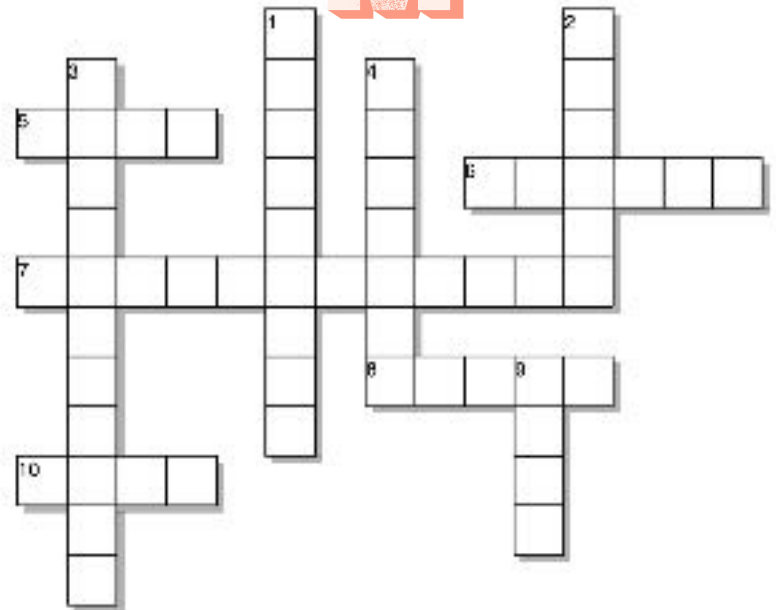
Find 7 Differences







# MAY



## ACROSS

- 5 A flower associated with May
- 6 The May Day holiday celebrates this season
- 7 May 25th is celebrated as Towel Day in honor of this author
- 8 The name of the horse race that takes place on the first Saturday in May
- 10 May is named after this Roman goddess

## DOWN

- 1 A popular spring vegetable often associated with May
- 2 The zodiac sign for those born in May
- 3 Holiday celebrated on May 5th
- 4 The birthstone for May
- 9 In the US, May is considered National \_\_\_\_\_ Month

**\*Answer Key inside back cover**



I WALK TO SAVE LIVES. SO CAN YOU.

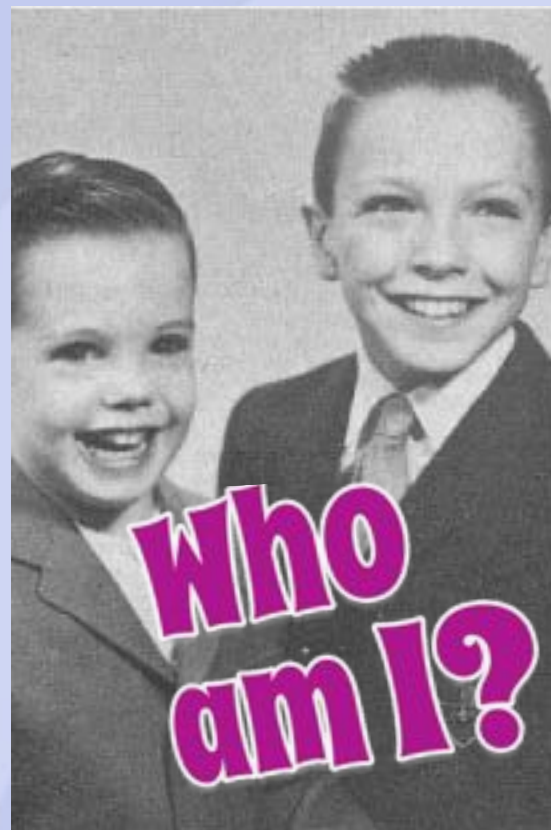
**2023 Corridor Heart Walk**  
Saturday, May 6, 2023

Kinnick Stadium | Iowa City, Iowa  
[heart.org/CorridorHeartWalk](http://heart.org/CorridorHeartWalk)

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American Stroke Association®  
A division of the American Heart Association.

Together to End Stroke®

# 05

## Key Facts About Stroke



FACT #1:

**stroke kills  
brain cells**

Stroke happens when a clot or rupture interrupts blood flow to the brain. Without oxygen-rich blood, brain cells die.



FACT #2:

**types of  
stroke**

Ischemic caused by a clot, Hemorrhagic caused by a rupture and Transient Ischemic Attack (TIA) or “warning stroke” caused by a temporary blockage.



FACT #3:

**about one in  
four stroke  
survivors is at  
risk for another**

Fortunately, up to 80 percent of second clot-related strokes may be preventable.



FACT #4:

**prevention  
is key**

Had a stroke? Work with your doctor to identify the cause and create a plan to prevent another. This may include managing high blood pressure, making healthy lifestyle choices and taking medications as recommended by your doctor.

After an ischemic stroke or TIA, most patients will be prescribed an antiplatelet or anticoagulant therapy.

# F.A.S.T.

FACT #5:

**time lost  
is brain lost**

Now that you know prevention, here's how you spot one.

Learn the FAST  
warning signs:

F  
Face  
Drooping

A  
Arm  
Weakness

S  
Speech  
Difficulty

T  
Time to  
Call 911

**HCA** Healthcare®  
**FOUNDATION**

The HCA Healthcare Foundation  
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## The Savory Sleuth

The Savory Sleuth is your food critic that is on the case like a ninja of flavors, sneaking into restaurants at any time - armed with a discerning palate and a love for all things delicious.



Always on the lookout for the next hidden gem. Whether it's a hole-in-the-wall joint or a fancy restaurant, this secret food critic is always up for a culinary adventure. With taste buds sharper than a chef's knife, your sleuth is sure to uncover the most delectable dishes and leave no crumb unturned.



## Tipsy Tomato



Looking for a lively spot in Cedar Rapids to enjoy lunch or dinner with friends, family, or even for a work meeting? Look no further than Tipsy Tomato! This restaurant/bar boasts a fun and quirky atmosphere, complete with unique decor like roller pins on the wall and a big pizza cutter - perfect for snapping some fun photos with your crew.

During our recent visit to Tipsy Tomato, we couldn't resist trying some of their delicious menu items. We ordered the Meatball Stuffed Mushrooms, Italian Hoagie, Drunken Neapolitan Pizza, and Cobb Salad. While everything was super tasty, the pizza and hoagie stood out as our favorites. We were impressed by the quality of the ingredients and the care that went into each dish.

Bonus: Their outdoor seating option is perfect for enjoying the beautiful Iowa weather while indulging in specialty pizza and drinks with your favorite people. Don't miss out on Tipsy Tomato's happy hour special from 3-6 Monday through Friday. You'll find lots of draft beer, tall boy cans, seltzers, and other options at a discounted price. It's the perfect place to unwind with coworkers, catch up with friends, or for a meal out with the family. Check out Tipsy Tomato - where the food is delicious, the decor is fun, the atmosphere lively and the service wonderful.



If you would like our Savory Sleuth to pay a visit to your establishment, simply send an email to [info@cityreaved.com](mailto:info@cityreaved.com).

## 5 ingredient dish: decadent croissant casserole for mom



Recipe and Image by: Charlotte Linde

Listen mama bear, you deserve a decadent breakfast -- and you will really enjoy this rich and delicious dish on your special day. Plus it's easy enough for your kids to take the lead in making!

We love this casserole because you can add all of your favorite ingredients to this basic recipe. We've listed multiple versions to try below the recipe for you.

### Ingredients:

- 3 large croissants or 6 small, torn into pieces
- 5 eggs
- 1 1/4 cup of your favorite shredded cheese (we used Monterey Jack)
- 1 cup half and half
- 1/2 cup chopped chives or green onions

### Directions:

1. Spray an 8- or 9-inch baking dish or large cast iron skillet with cooking spray
2. Layer torn croissants and shredded cheese in the dish.
3. In a large bowl, whisk half and half, chives, and eggs. Salt and pepper to taste.
4. Pour egg mixture over croissants and cheese, making sure to press down on any pieces to moisten through.
5. Cover and refrigerate overnight.
6. In the morning, heat oven to 325°F. Bake covered with foil for 30 minutes. Uncover; bake another 25 to 30 minutes longer or until knife inserted in center comes out clean. Let stand 10 minutes before serving.

Add or substitute some of these other ingredient combinations to make it your favorite:

- Shredded cheddar cheese, 1 cup of chopped cooked bacon, and 1/2 chopped green onions.
- Shredded Swiss cheese and 1 cup of diced ham.
- Shredded mozzarella, 1 cup of cooked crumbled sausage, 1/2 cup diced tomatoes.
- Cubed cream cheese, 1/2 cup chopped smoked salmon, 2 tablespoons capers, 1/4 cup finely chopped red onion.
- Shredded taco cheese, 1 cup cooked ground beef, 1/2 cup diced tomatoes, handful chopped cilantro.
- Shredded cheddar cheese, 1 cup cooked ground beef, 1/2 cup diced pickles, 1/4 cup finely chopped red onion, handful of torn basil.





## Maintaining Your Health and Wellness as You Age: Tips for Seniors

Staying active and healthy is crucial for seniors who want to maintain their independence and enjoy a fulfilling lifestyle. Whether you are living at home or in a senior living community, regular exercise is key to achieving optimal health and wellness.

As we age, our bodies change, and it's essential to adapt our exercise routines to meet our changing needs. Strength training and aerobic exercise are particularly beneficial for seniors, helping to reduce the risk of falls, combat depression, prevent age-related muscle loss, and ward off cognitive decline. Moreover, group exercise classes can be an excellent way to socialize and build relationships with peers.

Fortunately, there are many simple exercises that seniors can do at home without any equipment, such as:

- Squats: Use a chair in front of you for balance.
- Push-ups: Put your hands against a wall and bend your elbows slowly.
- Toe-ups: Push up on your toes while holding onto the back of a chair.
- Toe taps: Tap your toes back and forth by alternating tapping them in front of you while holding onto a chair in front of you. Also, tap your toes out to the side of your body and back in, alternating right and left.
- Knee lifts: Hold onto a chair in front of you and alternate lifting your knees up.
- Leg kicks: Sit in a chair and alternate kicking your legs up.

To see the best results, aim to do 10-15 reps of each exercise at least four times per week. These exercises are just the beginning; you can also join an exercise class or group fitness program to elevate your fitness routine.

At The Views Senior Living, we offer a variety of exercise classes to our residents and members of the community, designed to meet the unique needs of seniors. To learn more about our programs or to join us for a class, visit our website at <https://www.viewseniorliving.com/contact>.

Remember, it's never too late to prioritize your health and wellness, and incorporating regular exercise into your daily routine can help you maintain your independence, vitality, and quality of life as you age.

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# Taco 'Bout a Fiesta!

Make your Cinco de Mayo celebration even more fun with a twist on traditional fish tacos! Instead of breading your own fish, try using your favorite frozen fish sticks or fillets for a quick and easy meal. To mix things up, experiment with different flavors of slaws and sauces to find your perfect combination. While corn tortillas are a classic choice, try using flour tortillas or crunchy taco shells for a new way to enjoy this delicious dish. Not only will it save you time, but it will also be a crowd-pleaser at your next fiesta!

## **Fish Stick Tacos**

Serves 4

Prep time: 20 minutes

### **Ingredients:**

8 corn tortillas

8 whole meat fish sticks/fillets

Pico de Gallo (recipe below)

Mexican slaw (recipe below)

Sriracha mayonnaise sauce

### **Mexican slaw ingredients:**

14 oz. bag of shredded coleslaw mix

1/4 cup mayonnaise

Juice of half a lime

2 to 3 teaspoons of taco seasoning

Chopped cilantro

### **Instructions:**

Mix all of the Mexican slaw ingredients together in a bowl.

Season to taste and let sit for 10 minutes to blend flavors.

Cook fish sticks according to package directions.

Gently warm corn tortillas and layer with slaw, fish sticks/fillets, pico de gallo, and finish with your favorite sriracha mayonnaise or other favorite sauce. Optional: Garnish with avocado or guacamole and serve with rice and beans for a full meal!

## **Pico de Gallo**

While the picture may show a chunky version, cutting the vegetables into smaller pieces will enhance the flavors and textures of the dish. Trust us, the extra effort will be worth it in the end!

### **Ingredients:**

6 ripe plum tomatoes, seeded and diced fine

1/2 red onion, 1/2 white onion, minced

1/2 cup fresh cilantro, chopped

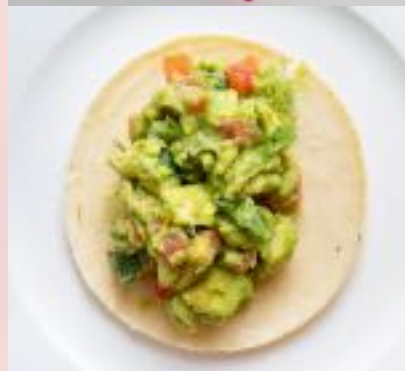
1/2 jalapeno pepper, seeded and minced

1 lime, juiced

Sea salt to taste

### **Directions:**

Add all ingredients to a bowl and mix. Add sea salt to taste and let sit for 15 minutes - and serve!



## **Guacamole**

### **Ingredients:**

4 avocados, halved, seeded, and peeled.

2 limes, juiced

1 cup red onion, finely chopped

1 jalapeno pepper, seeded and minced

3 tomatoes, seeded and diced

3/4 cup cilantro, chopped

3 cloves of garlic, minced

Sea salt and pepper to taste

### **Directions:**

Add all ingredients to a bowl and use a fork to mash to the desired consistency. Salt and pepper to your taste. Serve with fish tacos or with a side of chips and enjoy!

*Recipe and Images: Charlotte Linde*



**ART** on the  
**AVENUE**

# 2023 MARION ARTS FESTIVAL

7th Avenue  
between  
10th & 12th  
Streets

**Saturday, May 20 | Uptown Marion**

## Marion Arts Festival Returns to Celebrate 31st Annual Event!

Located on 7th Avenue between 10th & 12th street, Marion's Uptown festival-streetscape and the new plaza will make for an accessible & exciting Marion Arts Festival while the park is under renovations. Festival hours are from 9:00am to 5:00pm but there is so much to explore in Uptown Marion these days! Visit the many shops and restaurants in the community before and after this year's festival. Grab a coffee or some lunch from a variety of places, hang out at the newly opened library or go for a walk about the neighborhood to see what we are all about! New this year will be live music pop up sets, and a local vendor food court (Hip-Stir, Mix Sushi, Uptown Coffee / Uptown Snug, Frydae and Maid-Rite)

Start your day with the MAF half marathon and 5K runs, hosted by Corridor Running. The MAF runs have been a long-time favorite season opener for many serious amateurs, recreational runners, and casual walkers. The new race route this year will showcase the best of Marion's sites, scenery and historic landmarks. Runners can register for either race as late as 7:00 a.m. on festival day. The marathons are set to start @ 7:30 am. The Run/Walk features unique top awards from participating festival artists, giveaways/door prizes, super soft t-shirts, and finish line fun! Cutoff time for the half-marathon is 3 hours. Corridor Running will be donating the proceeds of this race back to the Marion Arts Festival, a 501(c)3 non-profit.

Stick around after the event to enjoy post-race food and shop the booths of local artisans at the Arts Festival. The MAF is a free, outdoor, family-friendly, come-as-you-are fine art happening. No one dresses up or buys a ticket – attendees are invited to arrive in shorts, pushing their strollers, and looking forward to a day in Uptown Marion.

Founded in 1993, the festival presents 50 nationally sourced artists. This year, 10,000 attendees will welcome an All-Star lineup of fan-favorite artists from past festivals, selling artworks ranging from jewelry to printmaking to outdoor sculpture for this milestone event.

The Marion Arts Fest's Empty Bowls project has been a long-standing part of the festival experience! Since 1996, students of all ages have created bowls for the festival's Empty Bowls fundraiser in support of area food banks. Students from five school districts have created more than 1,000 bowls donated to the festival to be sold at the event, most for just \$5. Over \$105,000 donated to area food banks, one \$5 bowl at a time! The Art in the Depot program invites all attendees to work side-by-side with artists from the Iowa Ceramics Center and Glass Studio. Pottery wheels will spin, and wet clay activities will abound, offering families the opportunity to create bowls for donation to the 2024 Empty Bowls sale. This year it will be moving to the Uptown Artway.

New festival director, Lexi Matthews is a Marion native and has been busy getting ready for the popular Marion event. "I am really excited to try out the festival street as a potential permanent home for the event," said Matthews. "The festival street makes for easier viewing, has zero entry sidewalks (ADA accessible & no step ups) and more room for the art! Logistically, it opens the event up with a natural flow toward local businesses; and creates a streamlined load-in process for the artists-- which they will love!"

Plan to spend your day in Uptown! There will be plenty to see & do & eat. Additional details can be found at [www.marionartsfestival.com](http://www.marionartsfestival.com)!





# SAVE THE DATE!

## Teen Mental Health Summit 2023

May 12, 2023 | 5-11PM | Coe College

Join teens and families across Central Iowa for an evening filled with fun, resources, learning and activities all centered on wellness and resilience.



Allisbeth Von Presley  
Performing



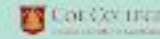
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# KIDS in the Corridor

## Publisher Picks

May 1	<b>\$2.50 Bowling at Spare Time Entertainment</b> 4:00 PM - 11:00 PM \$2.50 Bowling game	Spare Time Entertainment 401 E. 1st St. #100 Cedar Rapids, IA 52401
May 1	<b>Chalk the Walk on Main Street Maum</b> Vernon 10:00 AM - 5:00 PM Free admission	Main Street Main St. #100 Cedar Rapids, IA 52401
May 2	<b>I Love You Mom Canvases: Makebreak at Michaels Stores</b> 2:00 PM - 4:00 PM Free	Michaels 1470 E. 1st St. #100 Cedar Rapids, IA 52401
May 2	<b>Houby Days 2025 (Cedar Rapids)</b> 2:00 PM - 1:00 PM Free admission	Cedar Village 1470 E. 1st St. #100 Cedar Rapids, IA 52401
May 21	<b>Princess Day with the Kennels (Cedar Rapids)</b> 1:00 PM Ticket starts at \$20	Veterans Memorial Stadium 1470 E. 1st St. #100 Cedar Rapids, IA 52401
May 27	<b>Arts Renaissance Festival (Amma)</b> 10:00 AM - 4:00 PM Ticket starts at \$15	Arms and Sinner Fields 1470 E. 1st St. #100 Cedar Rapids, IA 52401

\*We always recommend confirming details before attending.



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## WHAT MOM REALLY WANTS FOR MOTHERS DAY

A chef. Cooking every meal can get tiring, so why not give your mom a personal chef for the day? She could enjoy gourmet meals without lifting a finger. And if he looks like Chris Hemsworth, even better.

A personal assistant. Let's face it, being a mom means being a superhero with no cape. So give her a break and hire a personal assistant to help her conquer the world, or at least the laundry.

A magic wand. Moms are always juggling a million things at once, so why not give her a magic wand to help her multitask like a boss? Just make sure it doesn't turn her into a frog.

A "Mom Cave" - It's like a man cave, but with extra fuzzy blankets, unlimited access to chocolate, and a built-in soundproof wall to drown out the chaos of everyday life.

A Full Night's Sleep (Without Any Mystery Wake-Up Calls) - Moms crave the elusive gift of a full night's sleep, uninterrupted by mysterious wake-up calls or tiny feet sneaking into their beds. A solid eight hours of shut-eye is the Holy Grail of Mother's Day presents.

Of course this is just for fun and laughs, but the sentiment behind them is real. Moms deserve all the love and appreciation in the world, and whatever gift they receive, big or small, it's the thought and effort that counts. Sending love to all this Mother's Day!

## SENDING Love TO ALL







# PAWS AND CLAWS

## Celebrate National Pet Month

**May is National Pet Month, and it's the perfect time to celebrate all the love and joy that our furry friends bring into our lives. From dogs to cats, birds to fish, and even reptiles, pets have a special place in our hearts.**

### **Here are some fun facts about pets that will make you want to celebrate this month:**

Dogs have a sense of smell that is 1,000 times better than humans. That's why they make excellent sniffer dogs and can detect scents that humans can't even perceive.

Did you know that cats can rotate their ears 180 degrees? This helps them to hear sounds from all directions and pinpoint the source of the sound.

Parrots are known for their ability to mimic human speech, but did you know that they can also dance? Some parrots have been known to bob their heads and move their feet to music.

Guinea pigs are social animals and should always be kept in pairs or groups. They also need plenty of hay to keep their teeth and digestive system healthy.

Betta fish are known for their vibrant colors and long fins. However, they should never be kept in small bowls as they need at least five gallons of water to thrive.

### **Here are some care tips to keep your pets happy and healthy:**

**Regular exercise:** Whether it's a walk in the park or playtime in the backyard, pets need regular exercise to stay healthy and happy.

**Proper diet:** Make sure your pets are eating a balanced diet that meets their nutritional needs. Consult with your veterinarian to determine the best food for your pet.

**Regular veterinary check-ups:** Just like humans, pets need regular check-ups to stay healthy. Make sure to schedule regular appointments with your veterinarian.

**Mental stimulation:** Pets need mental stimulation to stay engaged and prevent boredom. Provide them with toys, puzzles, and other activities that challenge their mind.

**Plenty of love and attention:** Most importantly, pets need plenty of love and attention. Spend quality time with your pets and show them how much you care.

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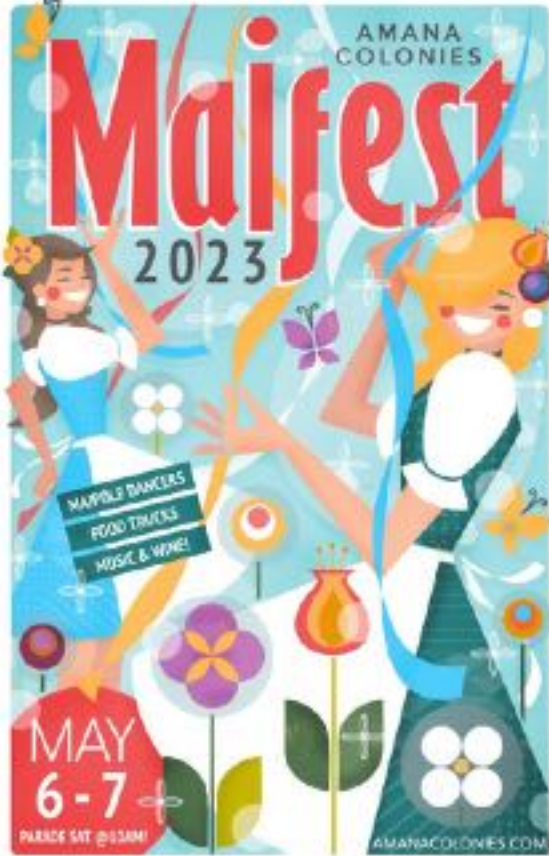
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# UPCOMING EVENTS

\*We always recommend confirming details before attending.



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**IYKYK**

*Iowa Facts*

Iowa is the only state with two parallel rivers forming its borders: the Missouri River on the western border and the Mississippi River on the eastern border.



The famous actor John Wayne was born in Winterset, Iowa.

The Iowa State Capitol building in Des Moines is the only state capitol in the country with five domes.



The world's largest strawberry was grown in Iowa in 1983 and weighed in at 8.75 ounces.







## Linn County Master Gardeners *Charlene Woeste Memorial* **SPRING PLANT SALE**

**Friday May 12**  
**4pm - 7pm**

**Saturday May 13**  
**8am - noon**

**Lowe Park A&E Center** 4500 N 10th Street Marion, IA

### **2023 Linn County Master Gardeners Charlene Woeste Memorial Plant Sale**

Now a two-day event, the Linn County Master Gardeners Charlene Woeste Memorial Plant Sale will be held on Friday, May 12 4pm -7pm and Saturday, May 13, 8am-noon at the Lowe Park Arts and Environment Center in Marion. With this new location, Master Gardener volunteers are excited to have space to accommodate even more plants and shoppers.

For months, Linn County Master Gardeners have been diligently sowing seeds, propagating and nurturing seedlings and plants for the sale. Many of these plants are grown on-site in the greenhouse at Lowe Park or in the homes and yards of Master Gardeners. Master Gardener's own prized perennials and houseplants are divided and propagated to share with the public. Other plants available at the sale include native plants, annual flowers, veggies and herbs.

Tips for attending:

- \* Bring a wagon or a cart to transport your bounty to your vehicle
- \* Line the trunk of your car with plastic or cardboard to protect against any plant that may tip over during the trip home
- \* Wear your walking shoes to peruse thousands of plants
- \* Bring all your gardening questions for our Master Gardeners!

As a program of Iowa State University Extension and Outreach, the Master Gardeners share the mission to extend the science, technology, and research of the university to all Iowans. Today, over 150 trained Master Gardener volunteers serve the residents of Linn County through their expansive list of ongoing projects. These projects include community gardens, free educational presentations, seed libraries, demonstration gardens, horticulture hotline, trainings for educators and more. Proceeds from the plant sale return to the Linn County Master Gardener program and help fund these projects.

The Linn County Master Gardeners invite you to celebrate spring and support local volunteers by visiting the 2023 Charlene Woeste Memorial Spring Plant Sale!



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## Answer Key



### TRIVIA ANSWERS:

1. Greenland
2. Abraham Lincoln
3. 2007
4. Antarctica

### What is it?



Garlic Bulb

### Who am I?



David and Sean Cassidy





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