

**Learning Gate Community School**  
**16215 Hanna Rd, Lutz, FL 33549 813) 948-4190**

**Authorization for Administration of Medication and Management of Diabetes In the School Setting**

**INSTRUCTIONS:**

1. When the information on this form is completed and signed by the Physician and Parent, it will serve as the Physician Orders in the school setting.
2. If the Physician's Office has a comparable form it will be acceptable and can serve as the Physicians Orders.
3. The School Nurse will review the information.
4. Attach Student's Emergency Card to this form.

**Date:** \_\_\_\_\_

**Student's Name** \_\_\_\_\_

**Birth Date:** \_\_\_\_\_

*My permission is hereby granted to **School Health Services Personnel / and or to Principal's Designee** to administer and / or allow Student to self-administer the following medications and treatments.*

**I. BLOOD GLUCOSE MONITORING:**

To be performed at school: Yes \_\_\_\_\_ No \_\_\_\_\_

To be performed by the Student or the Principal's Designee (requires affidavit): Yes \_\_\_\_\_ No \_\_\_\_\_

Type of Meter: \_\_\_\_\_ Target Range for BG: \_\_\_\_\_ mg/dl to \_\_\_\_\_ mg/dl

Time to be performed:	_____ Before breakfast	_____ Before PE / Activity Time
	_____ Mid-morning: before snack	_____ After PE / Activity Time
	_____ Before lunch	_____ Mid-afternoon
	_____ Dismissal	_____ PRN- for signs / symptoms of high or low blood sugars

**II. INSULIN ADMINISTRATION:**

To be performed by Student or Health Services Personnel: Yes \_\_\_\_\_ No \_\_\_\_\_

*(If YES, complete the following section)*

<u>TYPE OF INSULIN</u>	<u>DOSE</u>	<u>TIME TO BE ADMINISTERED</u>	
_____ Humalog	_____	_____	<div>_____ Insulin Delivery Method</div> <div>_____ # unit(s) per _____ grams</div> <div>Calculate Insulin dose for Carbohydrate Intake Yes _____ No _____</div>
_____ Regular	_____	_____	
_____ NPH	_____	_____	
_____ Lente	_____	_____	
_____ Ultralente	_____	_____	
_____ Other _____	_____	_____	

**SLIDING SCALE:**

Blood Sugar: _____	Amount of Insulin: _____
Blood Sugar: _____	Amount of Insulin: _____
Blood Sugar: _____	Amount of Insulin: _____
Blood Sugar: _____	Amount of Insulin: _____

**ADDITIONAL INSTRUCTIONS:**

**III. MEALS/SNACKS INSTRUCTIONS:**

Can student determine correct portions & number of carbohydrate servings? Yes \_\_\_\_\_ No \_\_\_\_\_

*(Parents to provide snacks if necessary and will restock supplies as needed)*

<u>Meal Event</u>	<u>Time/Location</u>	<u>Food Content &amp; CHO Amount</u>	<u>Meal Event</u>	<u>Time/Location</u>	<u>Food Content &amp; CHO Amount</u>
_____ Breakfast	_____	_____	_____ Before PE/Activity	_____	_____
_____ Mid-morning	_____	_____	_____ After PE/Activity	_____	_____
_____ Lunch	_____	_____	_____ PRN for Low BG	_____	_____
_____ Mid-afternoon	_____	_____	_____ Special Snacks	_____	_____
			_____ Instructions:	_____	_____

#### IV. MANAGEMENT OF HIGH BLOOD SUGAR (>200 mg/dl)

(Follow sliding scale as indicated above; if nausea / vomiting – call parent; student to be sent home)

##### USUAL SIGNS / SYMPTOMS FOR THIS CHILD:

\_\_\_\_\_ Increased thirst, urination, appetite  
\_\_\_\_\_ Tired / drowsy / less energy  
\_\_\_\_\_ Blurred vision  
\_\_\_\_\_ Warm, dry, or flushed skin  
\_\_\_\_\_ Other \_\_\_\_\_

##### INDICATE TREATMENT CHOICES:

\_\_\_\_\_ Sugar free fluids  
\_\_\_\_\_ Avoid concentrated sweets  
\_\_\_\_\_ Frequent bathroom privileges  
\_\_\_\_\_ May not need snack  
\_\_\_\_\_ Other \_\_\_\_\_

#### V. MANAGEMENT OF VERY HIGH BLOOD SUGAR (>500 mg/dl)

##### USUAL SIGNS / SYMPTOMS FOR THIS CHILD:

\_\_\_\_\_ Nausea / vomiting  
\_\_\_\_\_ Abdominal pain  
\_\_\_\_\_ Rapid, shallow breathing  
\_\_\_\_\_ Weakness / muscle aches  
\_\_\_\_\_ Dry mucous membranes  
\_\_\_\_\_ Extreme thirst  
\_\_\_\_\_ Fruity breath odor  
\_\_\_\_\_ Other \_\_\_\_\_

##### INDICATE TREATMENT CHOICES:

\_\_\_\_\_ Check urine for **Ketones**  
\_\_\_\_\_ Notify parents if signs/symptoms present  
\_\_\_\_\_ From previous column  
\_\_\_\_\_ If unable to reach parents, call 911  
\_\_\_\_\_ Sugar-free fluids if tolerated  
\_\_\_\_\_ Frequent bathroom privileges  
\_\_\_\_\_ Stay with student and document changes in status  
\_\_\_\_\_ Other \_\_\_\_\_

#### VI. MANAGEMENT OF LOW BLOOD SUGAR (range of low BS for this student)

Less than <  mg/dl (may vary for individual student)

**EMS will be called for  
Extreme Low BS**

##### USUAL SIGNS / SYMPTOMS FOR THIS CHILD:

\_\_\_\_\_ Change in personality  
\_\_\_\_\_ Weak/ shaky/ tremors  
\_\_\_\_\_ Tired/ drowsy/ fatigue  
\_\_\_\_\_ Dizzy/ staggering walk  
\_\_\_\_\_ Headache  
\_\_\_\_\_ Inattentive/ confused  
\_\_\_\_\_ Nausea/ loss of appetite  
\_\_\_\_\_ Clammy/ sweating  
\_\_\_\_\_ Blurred vision  
\_\_\_\_\_ Irritability/ crying/ aggressive  
\_\_\_\_\_ Loss of consciousness  
\_\_\_\_\_ Slurred speech  
\_\_\_\_\_ Seizures

##### INDICATE TREATMENT CHOICES:

\_\_\_\_\_ Call EMS if unconscious or seizure  
\_\_\_\_\_ 4-6 oz. Fruit juice or sweetened drink  
\_\_\_\_\_ 4-6 Sugar cubes or hand candies  
\_\_\_\_\_ 3 Glucose tablets  
\_\_\_\_\_ Concentrated gel or tube frosting  
\_\_\_\_\_ Honey, syrup, table sugar  
\_\_\_\_\_ Retest BG 15-20 minutes post snack  
\_\_\_\_\_ Repeat treatment until good response  
\_\_\_\_\_ Follow treatment with snack of  
\_\_\_\_\_ Protein/ carbohydrates  
\_\_\_\_\_ \*Glucagon Injection (requires affidavit)  
\_\_\_\_\_ Other \_\_\_\_\_

#### VII. LIST ANY OTHER MEDICATIONS TO BE GIVEN AT SCHOOL:

Medication	Dose	Time	Route	Possible side effects

*I understand that treatments and procedures are being performed by the Student, School Health Staff or Principal Designee within the school or by EMS in the event of loss of consciousness or seizure. I also understand that the school is not responsible for damage, loss of equipment, or expenses utilized in these treatments and procedures. I have reviewed and agree with the indicated instructions.*

\_\_\_\_\_  
Name of School

\_\_\_\_\_  
Physician's Signature / Date

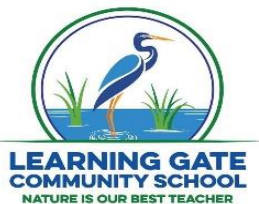
\_\_\_\_\_  
Parent's Signature / Date

\_\_\_\_\_  
School Nurse Contact

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
Phone Number



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**Authorization For Student to Carry and Independently Self-Administer  
Emergency Medication(s)/Procedure(s) for Life Threatening Medical Conditions**

**Date:** \_\_\_\_\_

**Student's Name:** \_\_\_\_\_ **Birth date:** \_\_\_\_\_

**School:** \_\_\_\_\_

**Teacher's Name:** \_\_\_\_\_ **Grade / Homeroom** \_\_\_\_\_

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**To be completed by physician:**

**Diagnosis:** \_\_\_\_\_

The above named student is under my care. I feel that this student has a life threatening illness and that he/she is capable of and has been instructed in the proper administration of the required medication(s) and/or procedure(s). The student has been instructed in the treatment plan, self-administration of their medications / procedures and has demonstrated the skill level necessary to manage their own care.

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<i>Telephone</i>	<i>Printed Physician's Name</i>	<i>Signature</i>	<i>Date</i>
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**To be completed by parent:**

I request and give permission for my child to carry and self-administer the medication(s) and/or procedure(s), as indicated in the physician's order during the school day, at school-sponsored activities or while in transit to or from schools. I have observed my child demonstrate the necessary skill level to implement the care plan prescribed by his/her health care provider. I am responsible for ensuring my child has all medications, procedure equipment and supplies for their life threatening condition. Adult supervision will not be provided. This form is effective only for this school year and includes all school sponsored activities and summer school.

**By signing this form, I am indemnifying and holding LGCS harmless against any injury or claims that arise as a result of the student's self-management of life threatening condition. Permission is also granted for school personnel to contact the physician if there are questions or concerns about the medication(s) and/or procedure(s). We/I are aware the privilege of self-administration of medication(s)/procedure(s) can be withdrawn if abused by the student. The district reserves the right to seek emergency medical treatment for the student when deemed necessary and appropriate.**

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<i>Telephone</i>	<i>Printed Parent/Guardian Name</i>	<i>Signature</i>	<i>Date</i>
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**To be completed by student at school:**

☐ I will keep my medication, supplies & equipment with me at school ☐ I will use only as prescribed by my doctor ☐  
I will not allow any other person to use my medication(s) or procedure equipment ☐ I will notify a school staff member  
if I am having more difficulty than usual with my health condition.

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<i>Printed Student Name</i>	<i>Signature</i>	<i>Date</i>
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<i>Printed Registered Nurse Name</i>	<i>Signature</i>	<i>Date</i>
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**Learning Gate Community School**  
**Diabetes Medical Management Plan Supplement For Student Wearing Insulin Pump**

School Year \_\_\_\_\_ - \_\_\_\_\_

Student Name: _____	Date of Birth: _____	Pump Brand/Model: _____
Pump Resource Person: _____	Phone/Beeper: _____	(See basic diabetes plan for parent phone #)
Child-Lock On? _____ Yes _____ No	How long has student worn an insulin pump? _____	
Blood Glucose Target Range: _____	Pump: Insulin _____ Humalog _____ Novolog _____ Regular _____	
Insulin: Carbohydrate Ratios: _____		
(Student to receive carbohydrate bolus _____ immediately before / minutes before eating)		
Lunch/Snack Boluses Pre-programmed? _____ Yes _____ No Times _____		
Insulin Correction Formula for Blood Glucose Over Target: _____		
Extra pump supplies furnished by parent/guardian: <input type="checkbox"/> infusion sets <input type="checkbox"/> reservoirs <input type="checkbox"/> batteries <input type="checkbox"/> dressings/tape <input type="checkbox"/> insulin <input type="checkbox"/> syringes/insulin pen		

	STUDENT PUMP SKILLS	NEEDS HELP?		IF YES, TO BE ASSISTED BY AND COMMENTS:
1.	Independently count carbohydrates	Yes	No	
2.	Give correct bolus for carbohydrates consumed	Yes	No	
3.	Calculate and administer correction bolus	Yes	No	
4.	Recognize signs/symptoms of site infection.	Yes	No	
5.	Calculate and set a temporary basal rate.	Yes	No	
6.	Disconnect pump if needed.	Yes	No	
7.	Reconnect pump at infusion set	Yes	No	
8.	Prepare reservoir and tubing.	Yes	No	
9.	Insert new infusion set.	Yes	No	
10.	Give injection with syringe or pen, if needed.	Yes	No	
11.	Troubleshoot alarms and malfunctions.	Yes	No	
12.	Re-program basal profiles if needed.	Yes	No	

**MANAGEMENT OF HIGH BLOOD GLUCOSE** *Follow instructions in basic diabetes medical management plan, but in addition:*

If blood glucose over target range \_\_\_\_\_ hours after last bolus or carbohydrate intake, student should receive a correction bolus of insulin using formula: Blood glucose - \_\_\_\_\_ ÷ \_\_\_\_\_ = \_\_\_\_\_ units insulin

If blood glucose over 250, check urine ketones.

- If no ketones give bolus by pump and recheck in 2 hours.
- If ketones present or, \_\_\_\_\_ Give correction bolus as an injection immediately and contact parent / health care provider.

If two consecutive blood glucose readings over 250 (2 hours or more after first bolus given).

- Check urine ketones.
- Give correction bolus as an injection.
- Change infusion set.
- Call parent.

**MANAGEMENT OF LOW BLOOD GLUCOSE** *Follow instructions in Basic Diabetes Care Plan, but in addition:*

If low blood glucose recurs without explanation, notify parent/diabetes provider for potential instructions to suspend pump.

If seizure or unresponsiveness occurs:

- Call 911 (or designate another individual to do so).
- Treat with Glucagon (See basic Diabetes Medical Management Plan).
- Stop insulin pump by:
  - \_\_\_\_\_ Placing in "suspend or stop mode (See attached copy of manufacturer's instructions).
  - \_\_\_\_\_ Disconnection at pigtail or clip (Send pump with EMS to hospital).
  - \_\_\_\_\_ Cutting tubing.
- Notify Parent.
- If pump was removed, send with EMS to hospital.

**ADDITIONAL TIMES TO CONTACT PARENT**

_____ Soreness or redness at infusion site.	_____ Insulin injection given.
_____ Detachment of dressing / infusion set out of place.	_____ Other: _____
_____ Leakage of insulin.	_____

Effective Date(s) of Pump Plan: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

School Nurse's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Diabetes Care Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_



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[www.learninggate.org](http://www.learninggate.org)

### **GUIDELINES FOR ADMINISTRATION OF MEDICATION**

It is recognized that medications may be essential for some students. When possible, all medications should be administered at home. If medication must be given at school, the following procedures are required:

1. A signed statement by the parent/guardian requesting the administration of medication must accompany all medication. The Parent Authorization for Administration of Medication form must be returned to school within two (2) days following the school's receipt of the medication. New authorization forms will be required when any changes with the orders occur. All medication/procedure forms must be updated annually.
2. **Medication must be sent to school via a parent or guardian.** It is not safe for children to deliver medicine to the school. This policy prevents safety concerns of lost or stolen medicines, students sharing medicines with friends, and students taking medicine unsupervised.
3. Medication must be in the prescription container with the name of drug, date prescribed, dosage prescribed, time of day to be taken, any special directions, with student's and physician's names clearly marked. Medication must remain in the container in which it was originally dispensed. Most pharmacies will provide an extra empty labeled bottle for school for parents if requested when the prescription is filled. No more than a month's supply should be brought in at a time. A new bottle with new expiration date is required every month.
4. All medications/procedure supplies received in the clinic must be counted with the parent or other staff and witnessed with two signatures on the Medication Count Sheet. The amount and date received are to be recorded. Parents are also to sign when picking up medication/supplies.
5. Parents should arrange for a separate supply of medication for school. Medication will not be transported between home and school on a daily or weekly basis. Exceptions by Florida statutes 1002.20(h)(i)(j)(k) are asthma inhalers and EpiPens, diabetes supplies and equipment, and pancreatic enzyme supplements which require special parent forms and physician forms/doctor's orders.
6. When any medications are added or discontinued, a new authorization form is required.
7. When medication dosages or times are changed, a new signed authorization form with the correct information must be completed and a new label from the pharmacist or physician's order/prescription indicating the change must be sent to the school. A fax is acceptable.
8. Medication will be stored in a locked cabinet at the school at all times. Exceptions by statutes are asthma inhalers, EpiPens, diabetic supplies and equipment, and pancreatic enzyme supplements. Students who self-carry require a special parent and physician form and doctor's orders.

### **GUIDELINES FOR ADMINISTRATION OF MEDICATION (cont.)**

9. Since there is a number of students who receive medication during school hours, a school employee designated by the principal will administer medication. The designated employee will be trained by the Registered Professional School Nurse as permitted by Florida law. This includes field trips and when the student is away from school property on official school business. The medication container with pharmacy label/supplies and copies of paperwork will be sent with the trained staff member or an agency nurse hired by the principal. All medications must be dispersed out of the original container with the exception of field trips. Under no circumstances may medication be transferred from one container to another by anyone other than registered pharmacist with the exception of field trips which must be done by the registered nurse.
10. Oral non-prescription (over-the-counter) or sample drugs will be dispensed only when accompanied by written orders from a physician. Medication is always to remain in the container in which it was purchased and must be unopened when received by the school. Written parental authorization is needed for all non-prescription drugs. Cough drops will be treated as an over-the-counter medication. Students may not carry over-the-counter medicines at school. Possession of drugs of any kind can lead to serious disciplinary action.
11. All medications given at school must be U.S. Food and Drug Administration (FDA) approved. Substances not to be given at school are all unregulated products, such as herbs and food supplements, which are being used as treatments, dietary supplements, or folk remedies.
12. *No prescription narcotic analgesics* are to be dispensed at school. The side effects make it unsafe for students to attend school while medicated with narcotics.
13. Liquid medication will be given in a calibrated measuring device supplied by the parent.
14. All medications/supplies must be removed from the school premises within one week of the expiration date, upon appropriate notification of medication being discontinued, or at the end of the school year. Medications/supplies that are unused and unclaimed will be destroyed following proper disposal procedures.
15. Planning and protocols for any medication or treatment which requires a one-time dosage for a specific intent are the responsibility of the registered nurse **ONLY**.
16. Parents of students attending after-school programs, will need to make arrangements with the after-school programs when medicines or treatments are needed.
17. Non-medicated sunscreen and insect repellent may be administered without a prescription but a parent authorization form must be completed.

Florida Statute 1006.062 is the reference for the above guidelines.

Questions regarding these procedures should be directed to the Nurse assigned to the school your child attends 813-948-4190