# 360° Feedback – Self Assessment Date:

Please answer each of the following questions to the best of your ability.

All comments will remain confidential and will only be viewed by your coach.

## Your Leadership

Please type directly into the space provided below.

|  |
| --- |
| **How often do you deliberately seek out feedback on your behaviour and leadership qualities?**  |
|  |
| **How often do you reflect on your behaviour?**  |
|  |
| **In the course of a typical workday, how much attention do you pay to your feelings?**  |
|  |
| **Are you able to easily modify your communication style to suit the situation?**  |
|  |
| **How successful are you at harnessing conflict in a productive and creative way?**  |
|  |
| **How quickly do you recognise what others are thinking and feeling? Please give an example.** |
|  |
| **Do you find it easy to describe yourself? How do you describe yourself?** |
|  |
| **Which of the following leadership styles do you most identify with and why?*** Visionary – architect of change, questions tradition
* Traditional – decisive, follows through on commitment
* Negotiating – gets job done, challenges, is adaptable
* Charismatic – strong interpersonal skills, persuasive, influencing
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|  |

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| lightbulb1 | The key to success is in understanding yourself. |

## Your Thinking Skills

Please enter your score in each of the boxes on the right column below.

|  |
| --- |
| **How do you rate yourself on a scale of 1-10 for each of the following qualities?**  1 = I never do this 5 = sometimes I do and sometimes I don’t do this  10 = A always do this |
| I display genuine curiosity  | *Your score:*  |  |
| I am non-judgemental  | *Your score:* |  |
| I never make assumptions | *Your score:* |  |
| I analyze data quickly and efficiently  | *Your score:*  |  |
| I am aware of the impact of my decisions on short and long-term goals | *Your score:*  |  |
| I think laterally and ‘out of the square’  | *Your score:*  |  |
| I am always genuine and ‘myself’ when with others | *Your score:*  |  |
| I have the knowledge and skills to lead the myself and others through change | *Your score:*  |  |
| I am solution-focused rather than problem-focused | *Your score:*  |  |
| I regularly update my professional knowledge  | *Your score:*  |  |
| I am good at solving problems | *Your score:*  |  |
| I am comfortable with the unknown  | *Your score:*  |  |
| I am receptive to new ideas  | *Your score:*  |  |
| I rapidly process information  | *Your score:* |  |
| I communicate my ideas clearly and succinctly  | *Your score:* |  |