# 360° Feedback – Self Assessment Date:

Please answer each of the following questions to the best of your ability.

All comments will remain confidential and will only be viewed by your coach.

## Your Leadership

Please type directly into the space provided below.

|  |
| --- |
| **How often do you deliberately seek out feedback on your behaviour and leadership qualities?** |
|  |
| **How often do you reflect on your behaviour?** |
|  |
| **In the course of a typical workday, how much attention do you pay to your feelings?** |
|  |
| **Are you able to easily modify your communication style to suit the situation?** |
|  |
| **How successful are you at harnessing conflict in a productive and creative way?** |
|  |
| **How quickly do you recognise what others are thinking and feeling? Please give an example.** |
|  |
| **Do you find it easy to describe yourself? How do you describe yourself?** |
|  |
| **Which of the following leadership styles do you most identify with and why?**   * Visionary – architect of change, questions tradition * Traditional – decisive, follows through on commitment * Negotiating – gets job done, challenges, is adaptable * Charismatic – strong interpersonal skills, persuasive, influencing |
|  |

|  |  |
| --- | --- |
| lightbulb1 | The key to success is in understanding yourself. |

## Your Thinking Skills

Please enter your score in each of the boxes on the right column below.

|  |  |  |
| --- | --- | --- |
| **How do you rate yourself on a scale of 1-10 for each of the following qualities?**  1 = I never do this  5 = sometimes I do and sometimes I don’t do this  10 = A always do this | | |
| I display genuine curiosity | *Your score:* |  |
| I am non-judgemental | *Your score:* |  |
| I never make assumptions | *Your score:* |  |
| I analyze data quickly and efficiently | *Your score:* |  |
| I am aware of the impact of my decisions on short and long-term goals | *Your score:* |  |
| I think laterally and ‘out of the square’ | *Your score:* |  |
| I am always genuine and ‘myself’ when with others | *Your score:* |  |
| I have the knowledge and skills to lead the myself and others through change | *Your score:* |  |
| I am solution-focused rather than problem-focused | *Your score:* |  |
| I regularly update my professional knowledge | *Your score:* |  |
| I am good at solving problems | *Your score:* |  |
| I am comfortable with the unknown | *Your score:* |  |
| I am receptive to new ideas | *Your score:* |  |
| I rapidly process information | *Your score:* |  |
| I communicate my ideas clearly and succinctly | *Your score:* |  |