

**A Help Button Should Go Where You Go!**



**GET OUR SPECIAL OFFER NOW:**

- ✓ FREE EXPEDITED SHIPPING\*
- ✓ 30% OFF AUTO FALL DETECT\*
- ✓ FREE ONE MONTH SERVICE\*
- ✓ plus FREE EQUIPMENT TO USE!

**MobileHelp Features:**

- Single one-button operation
- 24/7 access to U.S. based emergency operators
- Affordable service
- GPS location detection
- Amplified 2-way voice communication
- Available Nationwide

**OUR BEST OFFER EVER!**

**\$19.95/month**

**1-855-829-1810**

\*For a limited time - promotions available for select systems and subscription plans, please call for specific details. Offers are valid for new customers and for the first year of service and cannot be combined with any other offers. \$19.95 is the monthly subscription price for a MobileHelp Classic at home only system. There is a one-time \$49.95 processing fee to subscribe to this plan. Equipment shown is the MobileHelp DUO set home and on the go system available at a higher monthly cost. Most equipment is included at no cost while actively subscribing and must be returned upon cancellation. Free one month of service offer valid with purchase of Annual plan and includes month 13 at no additional charge. Refer to terms and conditions for specific details. Depending on the promotion chosen, you may receive an additional savings of \$5.00 off the \$11 retail price of Fall Detection service. After first year, Fall Detect pricing reverts to discounted price of \$8.25/month when combined with MobileHelp Connect Premium. Fall Detection does not detect 100% of falls. If able, users should push their help button when they need assistance. Fall detection is not intended to replace a caregiver. MobileHelp is a registered trademark, patented technology. Current GPS location may not always be available in every situation or for cellular networks at all times. Expedited shipping offer is for Annual plans made prior to 3 PM EST Mon-Fri. Expedited shipping is standard 2-day PF-SPAD050511658 -- no deliveries on Saturdays/Sundays or to Hawaii or Alaska. Shipping delays may occur due to situations beyond our control.

**KARR DOCTOR**

COMPLETE AUTO CARE



*Coffee News* has trusted **KARR DOCTOR** with our vehicle repairs for 15 years...  
**You Can Too.**

**904.829.1990**

Excellent Service - Outstanding Value for 32 Years.

All Our Technicians are ASE Master Certified

**1133 West King Street • St. Augustine**  
Visit us online at: [www.karrdoctor.com](http://www.karrdoctor.com)

**Because You Want Your Dreams To Live On**

Whole and Term Life Insurance, Long Term Care Insurance, Employer Whole Life Insurance, Disability Insurance, & Annuities



**Amy Beese**  
Call Today:  
**239-841-0298**  
[albeese@ft.newyorklife.com](mailto:albeese@ft.newyorklife.com)



I am an Agent licensed to sell insurance through New York Life Insurance Company and may be licensed with various other independent unaffiliated insurance companies. Any testimonials based on an individual's experience and may not be representative of the experience of other customers. These testimonials are not guarantee of future performance or success. Neither Wahby Financial Group, LLC nor New York Life Insurance Company, nor its agents, provide tax, legal, or accounting advice. Please consult your own tax, legal, or accounting professionals before making any decisions. I am not licensed in all jurisdictions. FL #05063437

**“I only want cremation.”**

**Flagler Memorial Cremation Society**

**904 669-1809**

~ 2600 Old Moultrie Road ~  
St. Augustine, Florida

**We don't cut corners, we clean them!**



**Samantha Hagan**  
Cleaning Specialist & Owner

Hagans Property and Site Services LLC  
Recurring Residential Cleans, Commercial, Construction Clean Up, Airbnb's

**904-347-3093**  
Licensed and Insured



**ELECTRIC METAL**



**CUSTOM HAND FABRICATED METAL ART**  
CNC DESIGN • WELDING  
BUSINESS SIGNS  
CUSTOM FIRE PIT'S

**904-761-6880 - ST. AUGUSTINE, FL**  
[ELECTRICMETAL2015@YAHOO.COM](mailto:ELECTRICMETAL2015@YAHOO.COM)

 **ELECTRICMETAL2015**

**Become a Published Author with Dorrance.**  
We want to read your book!


Our staff is made up of writers, just like you. We are dedicated to making publishing dreams come true. Trusted by authors for nearly 100 years, Dorrance has made countless authors' dreams come true.

**Complete Book Publishing Services**

**FIVE EASY STEPS TO PUBLICATION:**


1. Consultation
2. Book Production
3. Promotion
4. Distribution
5. Merchandising and Fulfillment

Call now to receive your **FREE** Author's Guide  
**877-553-3945**  
or [www.dorranceinfo.com/nefl](http://www.dorranceinfo.com/nefl)



Turning 65 or new to Medicare?

Call your local licensed sales agent



**SHERI NINE**  
**386-228-7780 (TTY: 711)**  
Monday – Friday  
8 a.m. – 8 p.m.  
[snine@humana.com](mailto:snine@humana.com)

**Humana**

Y0040\_GHHHXDFEN\_25\_BC\_C

**FREE!**

*New Issue Every Week!*

**Coffee News®**

*“News To Be Enjoyed Over Coffee”*

**St. Augustine Historic Edition**

**386-270-4804**

[coffeenewsneflorida.com](http://coffeenewsneflorida.com)

Vol. 22 No. 1 July 14, 2025



Est. 1988

**Everybody's Talking**

**Painted illusion:** Artist Alexa Meade blurs the line between reality and painting, transforming people and spaces into two-dimensional illusions. By painting directly onto live models and surroundings, she creates immersive installations where visitors become part of the artwork. Her work extends beyond galleries, with large-scale activations, brand collaborations, and even virtual reality projects. Using advanced imaging technology, she recreates her painted environments in virtual reality, allowing audiences to step inside her work in new ways. Whether through live performances, physical installations, or digital experiences, her art invites people to question what they see.

**Opera revived:** Morgiane, which may be the oldest surviving opera by a Black American composer, was finally performed, 138 years after its composition. Edmond Dede, a musician from New Orleans, Louisiana, overcame racial barriers to pursue his craft, eventually finding recognition in France. But the American classical world ignored him, so he worked as a conductor while composing in the shadows. His opera remained unheard until its lost manuscript surfaced in a Paris music shop and reached Harvard University's archives. OperaCreole and Opera Lafayette recently gave Morgiane the long-denied debut. Restoring Dede's overlooked legacy shows how Black composers have shaped classical music.

**Shell sensors:** In Warsaw, Poland, an unexpected team of mussels, fitted with sensors, helps monitor water quality. These mollusks are highly sensitive to pollutants, and their shell movements provide early warnings of contamination. Fixed to pedestals with safe adhesives, they send real-time data to monitoring teams. If multiple mussels close their shells in response to poor conditions, testing is triggered, and the water supply may be shut off. This natural detection system complements modern equipment, ensuring safer drinking water. After three months, the mussels are released back into the wild. By blending technology with nature, Warsaw keeps water clean with minimal disruption to the ecosystem.

**Perception shift:** Physical challenges don't just seem harder due to fatigue. They're also influenced by social support. Studies show that hills appear less steep when individuals are with a supportive friend or even thinking about one. This effect isn't due to mood but rather to the psychological boost that strong relationships provide. Just as carrying a heavy load makes a hill seem steeper, having social support makes it feel less daunting. Research suggests this influence comes from how social connections ease stress and enhance confidence in overcoming obstacles. The presence of support, real or imagined, doesn't just change emotions, but it also alters how people visually perceive the world.

**Quoteable Quotes**

“Progress is not achieved by luck or accident, but by working on yourself daily.” —*Epictetus*

“Remember there's no such thing as a small act of kindness. Every act creates a ripple with no logical end.” —*Scott Adams*

**What's Happening**

**Every Thursday from 12:15 to 3:15: Open Game Play will be held at the River House** at 179 Marine Street in Downton St. Augustine. Bring your own or use one of ours such as cards, scrabble, chess, etc. Free to attend. For more info, call 904-209-3655.

NON profit organizations may submit events for FREE at [www.coffeenewsneflorida.com](http://www.coffeenewsneflorida.com)

**REGISTER TO WIN! \$100 Cash**

Scan the QR Code to Enter the Contest:



Register For A Chance To Win \$100  
Mail the following information to:  
*Coffee News* • 17 Farrington Lane • Palm Coast, FL 32137  
OR go to: [www.coffeenewsNEflorida.com](http://www.coffeenewsNEflorida.com) to Enter.

Name: \_\_\_\_\_ Ph: \_\_\_\_\_  
Address: \_\_\_\_\_  
Email: \_\_\_\_\_ Age: 18-35 36-49 50+  
Where did you find *Coffee News*? \_\_\_\_\_  
Found in which ad: \_\_\_\_\_

One Winner will be chosen per month. Winners announced in future issue of *Coffee News*®.  
One entry per person per week. Actual size of the man may vary. Must be 18 or older to enter.

Actual Size →

**Trivia**

1. How many bones are in the human knee?
2. This poetic form of Japanese origin has 17 syllables.
3. The Mississippi River is considered the muddiest in the world—T/F?
4. Which tropical breakfast fruit has over 1,000 varieties worldwide?
5. What sport was first known as aquaplaning?

(Flip bottom of page for answers)

© Published with Permission by NE Florida Coffee News  
(Over)

**appstar**

**POINT OF SALE SOLUTIONS**  
Credit, Debit, POS Equipment Business Solutions and Apps

**Kelly Moore**  
Cell: 401.206.1619  
Email: [kellymoore0723@gmail.com](mailto:kellymoore0723@gmail.com)



Call today and receive a  
**FREE SHOWER PACKAGE PLUS \$1600 OFF**

**SAFE STEP WALK-IN TUB**  
**1-877-689-2127**

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase! Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

**Caught Reading *Coffee News*®!**  
*Put Yourself in the Picture!*  
Text Your Photo, Name, & Place you Read It!  
**386.346.5428**



**Luis R. DePaul picked up *Coffee News* at the Ormond Beach Diner**

Text us a photo of you reading *Coffee News*®! We will post your photo on Facebook and one photo will be chosen and added to the paper each month.

**Be prepared before the next power outage.**

**It's not just a generator. It's a power move.™**

Receive a free 5-year warranty with qualifying purchase\* - valued at \$535.

Call 904-914-5601 to schedule your free quote!

\*Terms and Conditions apply.

**GENERAC**

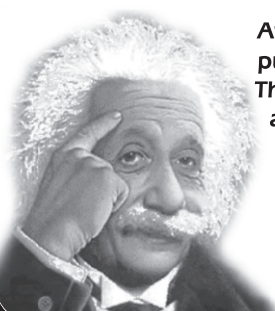


**TEST YOUR MEMORY**

After reading *Coffee News*®, put it aside for a moment. Then challenge yourself or a friend to remember as many ads as you can.

**Your Score:**

Less than 6 – Keep trying  
7-10 – Getting better  
11-15 – Excellent  
16 or more – Genius!



**NEW!**

the **101.3 fm**

**Light**

**TODAY'S CHRISTIAN MUSIC!**

**STREAMING FLAGLERRADIO.COM**

**THIS AD SPACE FOR RENT**

**CALL: 904.417.8419**

OR SCAN HERE FOR MORE INFO



**Support *Coffee News*®!**



The paper you have grown to love can't do it without readers like you...

Visit our advertisers

Browse our website

Like us on Facebook

**Coffee News®**  
“News to Enjoy Over Coffee”



### Congratulations!

to the May Coffee News man contest winner  
**Randall Z. Williamson!**  
He picks up his Coffee News in Jimmy Hulu's in Ormond Beach.



## SENIOR HEALTH & WELLNESS EXPO

**August 22nd**  
**8am - 2pm**  
**FREE ADMISSION!**

**PALM COAST COMMUNITY CENTER**  
305 Palm Coast Pkwy NE,  
Palm Coast, FL 32137

AdventHealth



**Featuring:**

- Free vision screening
- Hearing screening
- Blood sugar check

www.flaglerbroadcasting.com

**WNZF NewsRadio**  
94.9 FM 1550 kHz

**KOOL 100.9 FM**  
FLAGLER'S NEW RADIO STATION

## DENTAL Insurance

Great coverage for retirees.

Get your **FREE** Information Kit from Physicians Mutual Insurance Company.

Call **1-855-684-5226**  
**Dental50Plus.com/Nefl**

Product/features not available in all states. Contact us for complete details about this insurance solicitation. To find a network provider, go to [physiciansmutual.com/find-dentist](http://physiciansmutual.com/find-dentist). This specific offer not available in CO, NV, NY - call 1-800-969-4781 or respond for a similar offer in your state. Certificate C254/B465, C250A/B438 (ID: C254ID; PA: C254PA); Insurance Policy P154/B469 (GA: P154GA; OK: P154OK; TN: P154TN). 6347-0125

## Flō Yoga & Spa

Your one-stop-shop for wellness and relaxation!



Your first yoga class with us is free, and we offer all sorts of memberships for both yoga and massage therapy!

(904) 888-6574  
4320 A1A S., Ste 7, St. Augustine, FL, 32080  
[www.floyogaspa.com](http://www.floyogaspa.com)

★ **Financing Available** ★



# REITER ROOFING

**bettermetalroof.com**  
**904-344-6097** Lic. #CCC1330104

Ask about our **Seamless Gutters**  
Call today for a **FREE** estimate!

## Got An Announcement?

Let Coffee News® Share Your Special Occasion!

**Birthday • Wedding • Anniversary**  
**Graduation • Special Thanks**  
**Accomplishments**

Call For Details & Prices!  
**904-417-8419**

## Need a Website?

We Make it Easy!



SCAN ME

A professional **WEBSITE** designed to make your business shine.

- Fully Customizable Design
- Mobile-Responsive Pages
- Fast Turnaround Time
- Book Your Free Consultation Today!

**Frontline** web consulting [frontlineconsulting.ca](http://frontlineconsulting.ca)

# Your Weekly Horoscope

### ARIES

(March 20 – April 19)



An old issue may be triggered for you this week. Take a deep breath before you speak or act, as you might be tempted to be impulsive in reaction to this reemergence. Lucky numbers: 9, 19, 20, 33, 34, 43.

### TAURUS

(April 20 – May 20)



You may feel emotionally well-grounded in the middle of the week. If you have been facing an issue that is difficult to tackle, this could be a good time to try to do so. Lucky numbers: 10, 12, 33, 42, 43, 45.

### GEMINI

(May 21 – June 20)



A lot of information may come at you this week, which might be related to your relationships. Take time to analyze it for a few days before you take any action. Lucky numbers: 11, 14, 17, 31, 43, 44.

### CANCER

(June 21 – July 22)



Making an emotional connection to others is important for Cancers. But in the coming weeks, you may verbally stumble. Remember that not everything needs to be said. Lucky numbers: 6, 9, 12, 17, 21, 34.

### LEO

(July 23 – Aug. 22)



A caution light may turn on for the next several weeks. Have a plan to back up your electronic devices, drive carefully, and take a deep breath before you speak. Lucky numbers: 8, 14, 17, 25, 38, 48.

### VIRGO

(Aug. 23 – Sept. 22)



Virgo's attention to detail is among your natural talents. This skill may be much needed for the next several weeks to avoid mistakes on the part of yourself and others. Lucky numbers: 1, 6, 12, 24, 32, 42.

### LIBRA

(Sept. 23 – Oct. 22)



Are you assessing the balance of effort between you and your partner? Try to resist a temptation to respond aggressively or impulsively. Instead, foster honest discussion. Lucky numbers: 7, 8, 32, 38, 40, 44.

### SCORPIO

(Oct. 23 – Nov. 21)



Your level of intuitive insight may be overwhelming at times. At midweek, the energy can allow you to be more grounded. Consider how to maintain that dynamic. Lucky numbers: 4, 6, 16, 29, 35, 47.

### SAGITTARIUS

(Nov. 22 – Dec. 21)



You may feel you have too many opposing options from which you need to choose right now. Evaluate their pros and cons, but wait a few days to make a decision. Lucky numbers: 15, 18, 20, 26, 36, 47.

### CAPRICORN

(Dec. 22 – Jan. 19)



Over the next few weeks, you may have difficulty communicating your ideas to others. Consider how making an adjustment in your style of presentation could help. Lucky numbers: 3, 6, 15, 17, 35, 41.

### AQUARIUS

(Jan. 20 – Feb. 18)



Today's world rewards those who practice oneness. But for the next few weeks, this dynamic may fail, giving your low-key demeanor a chance of success. Lucky numbers: 5, 13, 14, 17, 23, 31.

### PISCES

(Feb. 19 – March 20)



Too many are focused on what they can get without thinking about others. Radiating the power of compassion and empathy may encourage others to make an adjustment. Lucky numbers: 2, 3, 6, 41, 44, 46.

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 33.

## Did You Know...

**Coastal charm:** Sweden's Gothenburg archipelago is a mix of history, nature, and seaside adventure. With car-free islands, Viking-age villages, and fishing traditions, its old-world charm meets modern relaxation by the sea.

**Tofu tale:** Tofu has been a part of Chinese cuisine for over 2,000 years, first made during the Western Han Dynasty. Since then, this versatile, soy-based food has spread across the world, becoming a staple in many different dishes.

**Reptile reps:** Lizards aren't just exercising when they do "push ups." They're sending a message. Some species use the movement to display strength, ward off rivals, or impress potential mates. For lizards, a good workout can mean survival.

**Old timer's day:** The oldest player to ever appear in a U.S. Major League Baseball (MLB) game was Satchel Paige. The right-hander pitched three scoreless innings at age 59 for the Kansas City Athletics against the Boston Red Sox on September 25, 1965.

**Lucky fourteen:** The 13 American colonies famously broke away from the British in 1776. It was 14 years later that the newborn nation gained its first addition, with the state of Vermont joining the union on March 4, 1791.

## On the Lighter Side

Knock! Knock! Who's there? Pasta. Pasta who? Pasta ball! I'm open!

Who collects taxes in Hades? The Inferno revenue services.

The rubber man tried to join the circus, but he got bounced.

Good judgment comes from experience, and most of that comes from bad judgment.

Patty: "That cow just got married!"

Matty: "I guess that makes her a honeymooner."

## Answers

4. Banana 5. Water skiing  
**Trivia answers:** 1. Four 2. Hailu 3. False, Yellow River

For available franchise opportunities – visit [www.CoffeeNews.com](http://www.CoffeeNews.com)  
© Published with Permission by NE Florida Coffee News

### Hammock Beach Vacation Rental Homes

Have It All!  
Plus, use all of the amenities at Hammock Beach.



**Hammock Beach** | GOLF RESORT & SPA

**200 OCEAN CREST DR, PALM COAST, FL 32137**  
**866-841-0287 | HAMMOCKBEACH.COM**

## Donate Your Car

Imagine the Difference You Can Make

Vehicle donations are fully tax-deductible and the proceeds help provide services to help the blind and visually impaired.  
**FREE TOWING & TAX DEDUCTIBLE**



When you donate your car, you'll receive:

- ✓ a \$200 restaurant voucher
- &
- ✓ a 2-night, 3-day hotel stay at one of 50 locations

**Call 1-866-950-0842**

Help Prevent Blindness Get A Vision Screening Annually





## Love Your Scale Again!

# MO SAIC

### Weight Loss Center & Wellness

Now offering semaglutide/tirzepatide injections and oral meds for faster weight loss. Join Mosaic Weight Loss Center & Wellness now and start your weight loss journey today.

**386-276-1175**  
[mosaicweightlosscenter.com](http://mosaicweightlosscenter.com)

## Follow Us On



# facebook

Discover a new way to interact with us. Become a fan of our Facebook and receive updates on news and events.

Find us at  
[www.facebook.com/coffeenewsneflorida](http://www.facebook.com/coffeenewsneflorida)

## Coastal Tarot

by Kathleen



\* Love \* Life \* Career \* Parties  
Childrens Readings available

(904) 770-9956

Gift Certificates Available

**OVER 35 YEARS IN BUSINESS**

- buying
- selling
- property management
- tenant placement

**736 SR 16**  
**St. Augustine, FL 32084**  
[ssrealty@bellsouth.net](http://ssrealty@bellsouth.net)  
[www.ssshorealty.com](http://www.ssshorealty.com)

**904-819-6500**  
Call Today!

**EVERY HOME HAS A STORY, YOURS BEGINS HERE**



**Sherrie Venuti**



## INOGEN® PORTABLE OXYGEN CONCENTRATORS

Call us toll-free at  
**1-844-275-5294**

\*30-day risk-free trial. Return within 30 days of purchase for a full refund of purchase price.

PM230469 EN, EX, USA | Rx Only | © 2024 Inogen, Inc. 859 Wood Drive, Suite 200, Coletta, CA 93111 Inogen® is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.



### Your Lawyer at the Beach...

## Undine C. George

Esq.



- Bankruptcy
- Civil Litigation
- Wills, Trusts & Probate
- Real Estate and Rentals

**904 236-6243**

**107 A 11th Street • St. Augustine Beach**  
[www.AnastasiaLaw.net](http://www.AnastasiaLaw.net)