

Tax Season Starts Now. Are Your Books Ready?

Get ahead and avoid costly mistakes.



I'll tidy up your finances so you can maximize the deductions you deserve.

Sherri Underwood, Owner
386-631-5931
sherri@thebottomlineservices.com
thebottomlineservices.com

Be prepared before the next power outage.

It's not just a generator.
It's a power move.TM

Receive a free 5-year warranty with qualifying purchase*
- valued at \$535.

Call 904-914-5601 to schedule your free quote!

GENERAC



AFFORDABLE HEALTH INSURANCE



Your Local Agency for
Florida Blue
Florida Health Care Plans
An Independent Licensee of the Blue Cross and Blue Shield Association
amandabarefield@outlook.com
www.murrayins.net

Licensed Agent
Amanda Barefield

Call Today!
386-888-9599

Wood and metal relief wall sculptures
by

Ron Vellucci



currently on exhibit at ...
BUTTERFIELD GARAGE ART GALLERY
137 King St. • St. Augustine • 904 825-4577

A Help Button Should Go Where You Go!



GET OUR SPECIAL OFFER NOW:

✓ FREE EXPEDITED SHIPPING* ✓ 50% OFF AUTO FALL DETECT*
✓ FREE ONE MONTH SERVICE* ✓ plus FREE EQUIPMENT TO USE!

1-855-829-1810

Our BEST OFFER EVER!
From \$19.95*
/month

MobileHelp Features:
• Simple one-button operation
• 24/7 access to U.S.-based emergency operators
• Affordable service
• Amplified 2-way voice
• GPS location detection
• Available Nationwide

Donate Your Car

Imagine the Difference You Can Make

Vehicle donations are fully tax-deductible and the proceeds help provide services to help the blind and visually impaired.

FREE TOWING & TAX DEDUCTIBLE



When you donate your car, you'll receive:
✓ a \$200 restaurant voucher & ✓ a 2-night, 3-day hotel stay at one of 50 locations

Call 1-866-950-0842

Help Prevent Blindness
Get A Vision Screening Annually



OR SCAN
HERE FOR
MORE INFO



THIS
AD
SPACE
FOR
RENT
CALL: 386-270-4804

"The Wolf of Your Street"



Lindsey Wolf
(407) 432-3849
lindseyawolf@outlook.com

FREE!

New Issue Every Week! **Coffee News**®

"News To Be Enjoyed Over Coffee"



coffee news florida.com

Est. 1988

Vol. 5 No. 15 January 5, 2026

Everybody's Talking

Health shift: In a major public health move, Poland has launched a nationwide program offering free checkups to younger adults. Carried out at clinics across the country, the plan includes lab work and health history screening, aiming to catch warning signs of illness early. It focuses on those ages 20 to 40, encouraging preventative habits before symptoms appear. The initiative also addresses gaps in earlier systems that left many without proper follow-up. Experts say early testing can reduce long-term cases of heart disease, thyroid issues, and diabetes. With growing demand on the country's healthcare services, this approach should ease pressure over time. The rollout comes as Poland faces staffing shortages and rising medical needs.

Buried network: In the heart of Leuven, Belgium, archaeologists unearthed sections of ancient Roman plumbing crafted from hollowed tree trunks. The wooden system had been tucked beneath layers of swampy earth, its preservation aided by the damp conditions. Experts believe this setup was once part of a broader water system used to serve a Roman outpost positioned along a key military route. The location's distance from Rome hints that infrastructure reached even to the quieter corners of the empire. The trunks appear to have carried water across a stretch now hidden under the modern city. Researchers plan to carefully preserve the wood, offering a rare glimpse into how practical needs shaped ancient settlements.

Fungal fix: A new kind of diaper is using fungi to reprocess waste. Instead of lingering for centuries in landfills, these diapers contain a pouch of cultivated spores that activate when tossed out. Moisture triggers the fungi, which then digest the material from within, converting it to nutrient-rich soil and mycelium. The concept comes from a team blending entrepreneurship with fungal science, hoping to shift how single-use items are handled. Unlike traditional disposal methods, this approach avoids heavy processing or emissions. The key lies in enzymes that break down plastic at its core, dismantling stubborn compounds naturally. Subscription access now gives environmentally minded families a simple way to reduce their footprint.

Rice murals: In the countryside of northern Japan, a small village has reimagined farming fields as enormous natural canvases. By planting different, varied-colour rice strains, residents craft massive seasonal images that only fully come into view from elevated platforms. From above, portraits, cultural tributes, and pop culture figures emerge in full clarity. The designs shift with each phase of the growing cycle, creating a moving display that changes by the week. The work reflects not only artistic skill but also ties to local identity. Footpaths, shuttles, and small towers welcome onlookers throughout the region. This unusual blend of agriculture and visual art turns the rice season into a public celebration.

Quoteable Quotes

"In a gentle way, you can shake the world." —Mahatma Gandhi
"When the roots are deep, there is no reason to fear the wind."

—Proverb

What's Happening

Friday, January 9th at 10am: Creative Weaving Workshop will be held at the Ormond Beach Regional Library, 30 S. Beach St., Ormond Beach. Free basket-weaving class for adults materials provided; registration may be required. Contact: 386-257-6036 Library.

NON profit organizations may submit events for FREE at www.coffee news florida.com

REGISTER TO WIN! \$100 Cash

Scan the QR Code to Enter the Contest:
→ 

Email: _____ Age: 18-35 36-49 50+
Where did you find Coffee News®?
Found in which ad:
One Winner will be chosen per month. Winners announced in future issue of Coffee News®.
One entry per person per week. Actual size of the man may vary. Must be 18 or older to enter.

Actual Size → 



Tomoka Eye
SERVING VOLUSIA AND FLAGLER SINCE 1972

Your Vision is Our Focus

Mark E. Kennedy, M.D. • Roy A. Myer, M.D. • Timothy D. Root, M.D. • Joseph Zobian, M.D.
Ruston Hess, D.O. • Thomas M. Kine, O.D. • Karin L. Schoeler, O.D. • Lindsey Hutchinson, O.D.

Eye Physicians & Surgeons

• Complete Optical in All Locations •
PALM COAST ORMOND BEACH PORT ORANGE
21 Hospital Dr., Suite 160 345 Clyde Morris Blvd. 790 Dunlawton Ave.
Town Center Medical Suite 330 Suite A
386 586-3711 386 672-4244 386 767-0053

Visit us at www.TomokaEye.com



Caught Reading
Coffee News®!
Put Yourself in the Picture!
Text Your Photo, Name, & Place you Read It!
386.346.5428

Text us a photo of you reading Coffee News®!
We will post your photo on Facebook and one photo will be chosen and added to the paper each month.

JANUARY SHOWS

The Texas Tenors

Jan. 8, 2026 - 7pm



Gary Puckett & The Union Gap

Jan. 15, 2026 - 7pm

Human Nature

Jan. 18, 2026 - 7pm

The Barricade Boys

Jan. 23, 2026 - 7pm

REZA - Illusionist

Jan. 30, 2026 - 7pm

386.437.7547
FlaglerEntertainment.org
5500 East Hwy 100, Palm Coast

Need a Website?

Professional | Affordable | Fast



- Custom Design
- Mobile-responsive pages
- Fast turnaround time
- Starting at \$1,000
- Ready to grow?

Scan For A Free Quote

frontline web consulting frontlineconsulting.ca



PORT ORANGE
CANNABIS CLINIC



**\$95 - NEW PATIENT
\$75 - TRANSFER PATIENT**

REDEEM OFFER BY 12/31/25

PLEASE CALL 386-337-3954 TO SCHEDULE AN APPOINTMENT

WWW.PORTORANGE CANNABISCLINIC.COM

Become a Published Author with Dorrance.
We want to read your book!

Complete Book Publishing Services

FIVE EASY STEPS TO PUBLICATION:

1. Consultation
2. Book Production
3. Promotion
4. Distribution
5. Merchandising and Fulfillment

Call now to receive your FREE Author's Guide
877-553-3945
www.dorranceinfo.com/nefl



ingen



**INOGEN®
PORTABLE OXYGEN CONCENTRATORS**

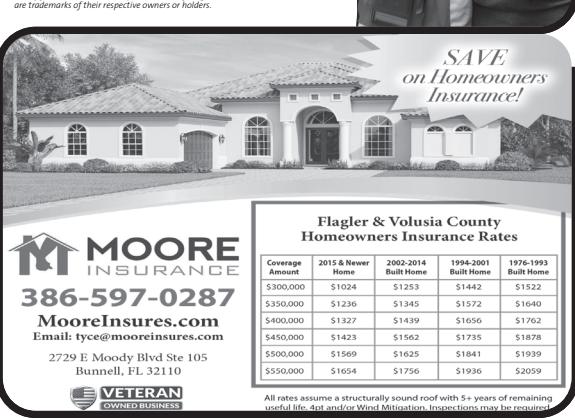
Call us toll-free at

1-844-275-5294

30-day risk-free trial return within 30 days of purchase
for a full refund of purchase price.

PM230401IN © 2024 INOGEN, INC.
1899 10th Street Suite 100, Santa Clara, CA 95051

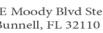
INOGEN® is a trademark of INOGEN, INC. The usage of any INOGEN, INC. trademark is strictly forbidden without the prior consent of INOGEN, INC. All other trademarks are trademarks of their respective owners or holders.



SAVE
on Homeowners Insurance!

**MOORE
INSURANCE**
386-597-0287

MooreInsures.com
2729 E Moody Blvd Ste 105
Bunnell, FL 32110



Flagler & Volusia County
Homeowners Insurance Rates

| Coverage Amount | 2015 & Newer Home | 2002-2014 Built Home | 1994-2001 Built Home | 1976-1993 Built Home |
|-----------------|-------------------|----------------------|----------------------|----------------------|
| \$300,000 | \$1024 | \$1236 | \$1442 | \$1522 |
| \$350,000 | \$1126 | \$1345 | \$1572 | \$1640 |
| \$400,000 | \$1327 | \$1439 | \$1656 | \$1702 |
| \$450,000 | \$1423 | \$1562 | \$1735 | \$1787 |
| \$500,000 | \$1569 | \$1625 | \$1841 | \$1939 |
| \$550,000 | \$1654 | \$1759 | \$1936 | \$2059 |

All rates assume a structurally sound roof with 5+ years of remaining useful life. 4th and/or Wind Mitigation Inspections may be required.

(Flip bottom of page for answers)

DENTAL Insurance

Great coverage for retirees.

Get your **FREE** Information Kit
from Physicians Mutual Insurance Company.

Call **1-855-684-5226**
Dental50Plus.com/Nefl

Product/features not available in all states. Contact us for complete details about this insurance solicitation. To find a network provider, go to physiciansmutual.com/find-dentist. This specific offer not available in CO, NV, NY - call 1-800-969-4781 or respond for a similar offer in your state. Certificate C254/B465, C250A/B438 (ID: C254ID; PA: C254PA); Insurance Policy PI54/B469 (GA: PI54GA; OK: PI54OK; TN: PI54TN). 6347-0125

Does your restaurant carry Coffee News®?



Coffee News®

It's **FREE**

and guaranteed to amuse while waiting for your food!
Ask the restaurant owner or fill out a restaurant Customer Comment Card, today!

Coffee News®, News to be enjoyed over coffee!

MURPHY BED CENTER
OF DAYTONA, INC.

Family Owned
30 years strong
Since 1995
Serving Flagler and Volusia

NEED MORE SPACE?

- Murphy Beds
- Home offices
- Media Units
- Custom Closets
- And More!

Call us at **386-672-1863**
for your **FREE** consultation!
murphybedsormond.com

Hammock Beach Vacation Rental Homes Have It All!

Plus, use all of the amenities at Hammock Beach.



Hammock Beach® GOLF RESORT & SPA

200 OCEAN CREST DR, PALM COAST, FL 32137
866-841-0287 | HAMMOCKBEACH.COM

APEX
Electrical Services, LLC

RESIDENTIAL - COMMERCIAL - INDUSTRIAL

831 Railroad St, #12, Port Orange, FL 32129

386.589.8234

apxelectrical2@gmail.com

- Serving Volusia County since 2010
- Insured, bonded & licensed (EC13009195)
- Free estimates & electrical inspections

Visit our Webpage!



8182550.1

thrivent®

Finances + Generosity



William Berezansky
Financial Advisor
386-559-6151



Scan the QR code to learn more.

Congratulations!

to the October Coffee News man contest winner
Randall Solano
who reads his Coffee News at the Copperline Coffee in Daytona Beach.



**LOCK in 2025 Prices,
Before 2026 Gets here.
LOCK OUT
your COMPETITION!**

386-270-4804

Your Weekly Horoscope

ARIES

(March 20 - April 19)



Your usual, assertive dynamic may be stymied midweek. Consider borrowing a page from Libra's playbook: approach the situation with grace and tact. Lucky numbers: 9, 10, 32, 33, 39, 41.

TAURUS

(April 20 - May 20)



Your talent for plowing through obstacles may stall at week's end. Following a more intuitive path might help, but could require you to step out of your comfort zone. Lucky numbers: 20, 21, 28, 29, 32, 45.

GEMINI

(May 21 - June 20)



Geminis often use a mental framework to approach the world. For the next two months, how might you apply this skill to do something that would serve others? Lucky numbers: 3, 9, 17, 18, 29, 44.

CANCER

(June 21 - July 22)



Is your current life in alignment with what you love and value? Being out of sync is especially hard for Cancers. Look for an opportunity to change the situation. Lucky numbers: 11, 12, 13, 23, 33, 44.

LEO

(July 23 - Aug. 22)



An astrological aspect for the next two months is focused on being of service to others. How might you use your natural leadership abilities to aid in this effort? Lucky numbers: 15, 16, 18, 21, 23, 31.

VIRGO

(Aug. 23 - Sept. 22)



Serving others is a theme for Virgo. For the next two months, you may have an opportunity to examine how well you are aligned to this and what changes to make. Lucky numbers: 4, 13, 29, 31, 40, 47.

Lucky numbers this week: This week's odds favour Capricorn winners with the luckiest number being 7.

Did You Know...

Bite strength: The masseter, the muscle in your jaw, can clamp down with surprising force when you chew. Though small, it's often considered one of the body's strongest muscles, proving that power doesn't always come from size.

Cloud creators: In the Amazon rainforest, trees help kickstart the rainy season by releasing moisture through their leaves. This process, called transpiration, fills the air with water vapour, helping clouds form before ocean winds even arrive.

Space survivor: Tardigrades are tiny creatures often called "water bears." They can handle deep freezes and radiation that would destroy most life. Their survival tricks fascinate scientists looking for ways to help life endure in space.

Day time: Due to slowing rotation, Earth's day grows by about 1.8 milliseconds every hundred years. Many millions of years ago, a day lasted several hours less. This shows how much our planet's pace has quietly shifted over time.

Shower spark: Ed Robertson, lead singer of Barenaked Ladies, composed the theme song for the TV show *The Big Bang Theory* while showering. That playful tune became a huge hit, bringing the band lasting success.

On the Lighter Side

What do llamas like to eat? Llama beans.

Sign at a pottery shop: "Feats of Clay!"

I asked my friend, Nick, if he had 5 cents I could borrow. But he was Nicholas.

Mother: "Son, wake up it's 20 to 8."

Son: "In whose favour?"

Knock! Knock! Who's there? Taylor. Taylor who? Taylor your sister to pick up her toys.

Answers

3. Florida 4. Avocados 5. A kid
6. National Velvet 2. Winston Churchill

For available franchise opportunities – visit www.CoffeeNews.com

© Published with Permission by NE Florida Coffee News

Adopt, Don't Shop!



Hours:

12 noon to 6pm
7-days a week.

I-95 and the LPGA Blvd. exit.
www.halifaxhumane.org

Love Your Scale Again!



MOSAIC
Weight Loss Center & Wellness

Now offering semaglutide/tirzepatide injections and oral meds for faster weight loss. Join Mosaic Weight Loss Center & Wellness now and start your weight loss journey today.

386-276-1175
mosaicweightlosscenter.com

Lower Rates. Better Service
for your Credit Card Processing and Point of Sale Systems

Your local trusted husband and wife team with 11+ years combined experience with credit processing and point of sale systems.

Sunshine
PAYMENT SYSTEMS

Kelly Moore (401) 206-1619
Brian Moore (401) 286-7663
sunshinepaymentsystems@gmail.com



Daytona Regional Chamber of Commerce

Transform Your Bathroom and Change Your Life.

FREE TOILET + \$1,500 OFF*

1-877-689-2127



*Free toilet with purchase and installation of a walk-in tub or walk-in shower only. Offer available while supplies last. No cash value. Must present offer at time of purchase. Cannot be combined with any other offer. Market restrictions may apply. Offer available in select markets only. CSLB 1082165 NSCB 0082999 0083445 13VH11096000

Support Coffee News!



The paper you have grown to love can't do it without readers like you...

Visit our advertisers
Browse our website
Like us on Facebook

Coffee News®
"News to Enjoy Over Coffee"

YOUR LOCAL RADIO STATIONS



ALL IN THE PALM OF YOUR HAND

STREAM FLAGLERBROADCASTING.COM

Follow Us On
facebook



Discover a new way to interact with us. Become a fan of our Facebook and receive updates on news and events.

Find us at www.facebook.com/coffeenewsnflorida