



Melody Moore

Melody is the founder and director of Liberare Consulting. She is the Author of The Inclusive Team: How to build and develop inclusive high performing teams and host of The Secret Resume Podcast.

A Business Psychologist and trauma therapy practitioner, Melody has over 20 years of consulting and coaching experience. She brings a wealth of knowledge from her time as a Senior Client Partner and DE&I practice lead at a global HR consultancy.



Melody was an impactful speaker at our recent Diversity Leaders event, she led a thought provoking session packed with anecdotes from her extensive experience, delivered in an approachable manner with confidence and presence

Speaking Topics

Slay Your Self-Saboteurs

This talk explores how self-sabotaging behaviours, often rooted in childhood experiences, hinder personal and professional growth.

By identifying the inner dialogue, behavioural patterns, and "saboteurs" that hold us back, participants are guided to reconnect with their authentic selves.

Through reflective exercises and body-mind integration techniques, the session empowers individuals to confront and transform limiting beliefs, fostering greater freedom, authenticity, and success.

Beyond Tokenism:

Creating Sustainable Change in DEI

This talk gives attendees actionable strategies to drive sustainable DEI change by aligning the organisations Ambition, Behaviour, Context, and Design.

Attendees will learn how to embed DEI into culture and processes, overcome resistance, and leverage leadership commitment for lasting impact.

From Builder to Visionary: Unlocking Your Entrepreneurial Leadership Style

This talk explores how founders lead through distinct entrepreneurial roles: Expert, Promoter, Leader, and Entrepreneur, and how over-identifying with one role can limit business growth and personal development.

By uncovering the mindsets and behaviours that drive each role, participants gain clarity on their leadership style, blind spots, and growth edges.

Grounded in real data from founders this session empowers entrepreneurs to shift roles intentionally, build the right team around them, and lead with greater self-awareness, adaptability, and impact.

Speaking Engagements

- Construction Inclusion Coalition Conference 2024 (Keynote and workshop facilitation)
- Inspiring Workplaces Power Hour 2024 (Speaker)
- Balance The Board Conference 2022 (panel host)
- D&I Leaders Global Forum 2019 (panellist)
- Whitehall & Industry Group (WIG) D&I Conference 2019 (speaker)
- Scottish Talent Forum Conference 2019 (speaker)

As Seen In

