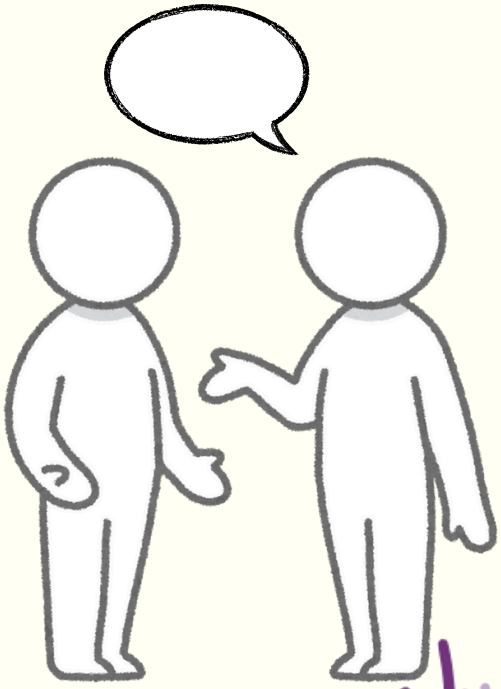
When School Starts and the Talking Stops



We love supporting young people and families to grow in confidence and develop the skills they need to thrive

Jumpstart THERAPY support to thrive

Does this sound familiar?

Good, Dunno, Nah, Maybe...

Do you often get this response from your child?

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Do you feel like you've tried everything to get a conversation going with your child?



Or they only answer you when they want something from you?



Do you yearn for better conversation and a stronger connection with your child?

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Did you know...

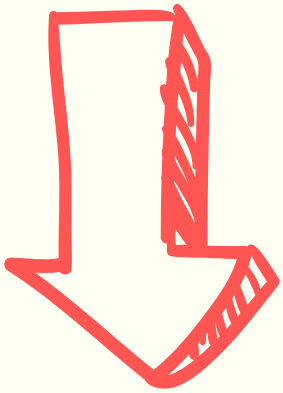
Dunno

Nah

When you ask your child a question, you are making another cooperation moment, after they've done it all day at school or day care.

Good

Maybe



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Instead try it in a statement

(hint, there's no question mark at the end of your statement)

Try these conversation starters

You look tired/excited/cranky...

I'm wondering if you did anything fun today.

Tell me about break time/recess/lunch

I don't suppose there was anything good about your day.

Remember to listen and not judge the answer. When we're building stronger connections with our children we want them to feel listened to and that what they say is important to us.

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Hi, I'm Karen, the Director and Psychologist at JumpStart Therapy.



With over 30 years experience of working with children and families. I am passionate about supporting children's social emotional development as well as building parents' confidence so they and their family thrive.

I want to help you to

- Connect more with your child or young person,
- Understand the meaning behind their communication through words, actions and behaviour.
- Gain confidence and skills to respond in an affirming way to support your child's development.

Stay up tp date via our monthly e-news

If you would like to join our waitlist for my upcoming free webinar, join us!

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