



Greatest HiITs

Featuring Brian Palatucci

EARN IT! LIVE IT! LOVE IT!

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Pre-Workout Meditation <small>Unplug Meditation</small>	Open Sharms	Drop Dead Legs	Every Breath You Take	Push Me Pull Me	Learnin' To Ply-O	Rockin' The Core
	Overcome Overwhelm <small>Unplug Meditation</small>	Push Me Pull Me	Drop Dead Legs	Rockin' The Core	Open Sharms	Learnin' To Ply-O	Every Breath You Take
	G.A.S. Meditation <small>Unplug Meditation</small>	Open Sharms	Drop Dead Legs	Every Breath You Take	Push Me Pull Me	Learnin' To Ply-O	Rockin' The Core
	Athlete's Meditation <small>Unplug Meditation</small>	Push Me Pull Me	Drop Dead Legs	Rockin' The Core	Open Sharms	Learnin' To Ply-O	Every Breath You Take

Start Date:

Body Fat%

Weight:

