



plexus  
**IronWoman™**  
Find your strength with advanced iron absorption that's gentle on your stomach.\*



# KEY BENEFITS

- Helps maintain iron stores and improve iron status in women\*
- Helps alleviate iron deficiency and associated tiredness from fatigue\*
- Helps ensure adequate iron intake to support healthy cellular function and hormone synthesis\*
- Supports formation of red blood cells and hemoglobin\*

# FEATURES

- Includes vitamin C, cysteine, and most importantly, *Lactiplantibacillus plantarum* – a type of precision probiotic to improve iron absorption and support wellness and an active lifestyle\*
- Uses a form of iron called, ferrous fumarate at a level that is effective and gentle on the stomach\*
- Gluten free, vegan, and non-GMO

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

**SUGGESTED USE:** Adults take one capsule daily. For teens 13 years and older, take 1 capsule daily under the direction of a health care practitioner.

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 30

	Amount Per Serving	% DV
Vitamin C (as ascorbic acid)	15 mg	17%
Iron (as ferrous fumarate)	10 mg	56%
Cysteine	100 mg	†
<i>Lactiplantibacillus plantarum</i>	1 billion CFU	†

†Daily Value (DV) not established

**Other Ingredients:** Microcrystalline cellulose, hypromellose (vegetarian capsule), vegetable juice (color), silicon dioxide, and medium chain triglyceride powder.

**NOTE: Do not exceed suggested daily serving.** Consult your health care practitioner before giving any dietary supplement to children under 18 years of age. Consult your health care practitioner prior to use if have or suspect a medical condition or are taking medication. Do not use if inner safety seal under the cap is broken or missing. **Keep out of reach of children. Use only as directed.** Store in a cool, dry place.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Gluten free, vegan, non-GMO, no artificial colors\*\*

\*\*Added color from natural sources

**Distributed By:** Plexus Worldwide® Scottsdale, AZ 85258  
480-998-3490 plexusworldwide.com

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# BETTER TOGETHER

- **Active:** provides clean energy support to help energize your body and brain\*
- **XFactor+:** Delivers key nutrients that protect developing red blood cells from oxidative damage with antioxidants\*
- **VitalBiome®:** Helps balance your gut microbiome with diverse probiotic strains and ingredients that support improved health and mood\*



VEGAN



GLUTEN FREE



NON-GMO

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