

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 2023 LTC Calendar			1 9:30 Manicures & hand massages/PR 11:00 Chair Yoga/DR 1:30 Scenic Drive to Ledges	2 9:30 Sit & Stretch 10:00 Dominoes 11:00 Bible Study 1:30 Who Am I? Game 2:30 Name That Tune	3 9:30 Table Talk Tidbits 11:00 Chair Exercises 1:30 Card Games 2:30 Root Beer Floats	4 Activity Packets
5 Visits from Deacon	6 9:30 News & Devotions 11:00 Mystery Monday 1:30 Harvest Mandalas 2:30 Balloon Volley	7 9:30 IN2L/Games 10:00 Book Club 11:00 Fitness Fun/DR 2:15 Bingo/DR	8 9:30 Manicures & hand massages/PR 11:00 Chair Yoga/DR 1:30 Popcorn Social 2:30 Decorate dipped pretzels	9 9:30 Sit & Stretch 10:00 Dominoes 11:00 Bible Study 1:30 Word Power 2:30 Sing-Along	10 9:30 Table Talk Tidbits 11:00 Chair Exercises 1:30 Card Games 2:00 Veterans Service	11 10:30 Pumpkin Craft Veterans Day
12 Visits from Deacon	13 9:30 News & Devotions 11:00 Mystery Monday 1:30 Qwirkle 2:30 Balloon Volley	14 9:30 IN2L/Games 10:00 Book Club 11:00 Fitness Fun/DR 2:15 Bingo/DR	15 9:30 Manicures & hand massages/PR 11:00 Chair Yoga/DR 1:30 Scattergories 2:30 Popcorn Social	16 9:30 Sit & Stretch 10:00 Dominoes 11:00 Bible Study 1:30 Crosswords 4:30 KBV Thanksgiving	17 9:30 Table Talk Tidbits 11:00 Chair Exercises 1:30 Card Games 2:00 Pie & Coffee Social	18 1:00 Pet Therapy
19 3:00 Grace Brethren Church of Dallas Center	20 9:30 News & Devotions 11:00 Mystery Monday 1:30 Scattergories 2:30 Balloon Volley	21 9:30 IN2L/Games 10:00 Book Club 11:00 Fitness Fun/DR 2:15 Bingo/DR	22 9:30 Manicures & hand massages/PR 11:00 Chair Yoga/DR 1:30 Popcorn Social 2:30 Art Therapy- Craft	23 9:30 Sit & Stretch 10:00 Dominoes 11:00 Bible Study 2:00 Make mini pies Thanksgiving Day	24 9:30 Table Talk Tidbits 11:00 Chair Exercises 1:30 Deck the KBV Halls-Decorate for Christmas!	25 2:00 Table Games
26 Visits from Deacon	27 9:30 News & Devotions 11:00 Mystery Monday 1:30 Resident Council 2:30 Music with Billy Troy	28 9:30 IN2L/Games 10:00 Book Club 11:00 Fitness Fun/DR 2:15 Bingo/DR	29 9:30 Manicures & hand massages/PR 11:00 Chair Yoga/DR 1:30 Scattergories 2:30 Popcorn Social	30 9:30 Sit & Stretch 10:00 Dominoes 11:00 Bible Study 1:30 Word Power 2:30 Who Am I? Game	Birthdays: Janine (11) Donna (18) Ed (20) Eloise (22) Carol (22)	