



TRANSFORMED

TECHNICAL ASSISTANCE PEER-TO-PEER GUIDE

COMMUNITY SOLUTIONS FOR HEALTH EQUITY PARTNERSHIP (CSHE-P)

Community Solutions for Health Equity Partnership (CSHE-P) is a national collaborative of community-based organizations working to address healthcare systems barriers and practices that perpetuate health inequities and harm in their local communities. CSHE was launched in 2019 funded by the Robert Wood Johnson Foundation.

As the National Program Office (NPO), CSHE-P provides the 11 funded partner organizations:

- ➔ **Intentional Programmatic Spaces to Convene and Collaborate**
 - Knowledge Exchanges
 - Community Connection Hours
 - Skills & Strategies Sessions
 - Site Visits
 - In-Person Meetings
 - Working Groups
- ➔ **Technical Assistance Support**
 - Intentionally designed spaces that build strategies informed by evidence, experiential and institutional knowledge, bi-directional learning, and existing cultural practices.
- ➔ **National Advisory Council**
 - This leadership advisory group provides partnership and support from strategists, researchers, organizers, and collaborators as resources that contribute to the governance and programmatic design of CSHE.



WELCOME TO CSHE'S TRANSFORMED TA DIRECTORY!

CSHE's Technical Assistance Directory features partner organizations, individuals and consultants specializing in health equity, social innovation, organizing, research, evaluation, healing justice, and civil rights advocacy. This directory ensures that our community has access to specialized expertise and critical resources that drive systemic transformation of our health care system.

This directory is a reflection of the years of purposeful relationship-building, constructive dialogue, and collaborative growth. With each interaction CSHE has had throughout its development, we have learned and taught something along the way. The resources listed here are a compilation of funded partner organizations, technical assistance organizations, and other collaborators that have allowed the program to evolve to meet the ever-changing needs of the communities we serve.

CSHE's Transformed TA Approach

Since 2020, CSHE-P's Technical Assistance (TA) approach has evolved to center community knowledge, experiences, and grassroots solutions. This year, we will launch a refined TA Model designed to foster deeper collaboration and knowledge exchange, strengthening the experiential knowledge and power of the communities we serve.

Our refined and transformed TA model embraces a collaborative approach where every participant—whether representing a community, institution, or organization—is both a student and a teacher. Through intentionally designed spaces, we will cultivate innovation and transformation by facilitating meaningful exchanges of knowledge, strategies, and lived expertise.

Our knowledge exchange practices will expand beyond virtual engagements to include in person opportunities for collaboration among our partners. These spaces will include Community Connection Hours, Skills and Strategy Sessions, Interactive Training Sessions, Knowledge Exchange Series, Committees and Working Groups, Site Visits & Cultural Exchanges, and One-on-One Technical Assistance.



How to Use this Guide

The goal of this tool is for CSHE partners to tap into the network of skills and strategies that contribute to our community. CSHE understands that our community funded partners' experiences have enriched their perspectives and strategies. This tool creates a path for connection through CSHE that allows our partnership to request one-on-one interactions and technical assistance with individuals and organizations within our network.

For our 11 funded partners, here are the steps to follow to request technical assistance connections through CSHE:

Browse

Browse our TA Directory to determine what skill/strategy you would like to explore.

- Your search can be based off a specific set of skills, or you can directly select an organization or contributing individual that you would like to work with.
- All the resource categories will be organized in alphabetical order:
 - CSHE Funded Partners
 - Technical Assistance Partner Organizations
 - Technical Assistance Contractors



Connect

Connect with CSHE's Program Director to express your interest in a resource from the TA Directory.

- The Program Director will engage with you to learn about what kind of skills/strategies you would like to learn or implement and who you would like to connect with.
- The Program Director will then provide an inquiry form to gather the information and begin processing the request.



Request

Request your Technical Assistance support by submitting the form provided by CSHE's Program Director.

- Once the form is submitted the CSHE Team will work on coordinating space for you and the resource requested to meet and facilitate the initial technical assistance meeting.
- This process will inform CSHE's practices, strategies, and programmatic strategic direction.



Directory Elements

The resource organizations and individuals in this Transformed Technical Assistance Directory will be organized into two main groups:

Funded Partner Organizations

The term used to describe the 11 organizations funded through the CSHE Partnership (CSHE-P).

Technical Assistance Partner Organizations/Contractors

Organizations and contractors that CSHE has learned from through the expansion of our network. These are experts that have been vetted to work directly with CSHE, and we believe they will bring excellent contributions to our shared learning and strategy.

The directory includes the following information:

Organization/Contractor's Name (Location)		
Organization logo or Contractor Headshot	Brief description of the mission and services they provide	Skills/Strategies - tool that allows folks to know at a glance what this individual/ organization provides (i.e. power mapping, language justices, etc.)
	CSHE Partner Contact Information Name - email Organization website (if applicable)	

CSHE - National Program Office TEAM

Karla Walker/ Executive Director (Randolph, MA)



Karla Walker is the Executive Director for Community Solutions for Health Equity Partnership (CSHE-P), a program hosted at the Cultural Wellness Center (CWC) and funded by the Robert Wood Johnson Foundation (RWJF). CSHE-P is a collaborative of 11 community-based organizations across the United States working to address healthcare system barriers and practices that perpetuate health inequities in their local communities. By shifting mindsets, behaviors, and conditions, CSHE seeks to influence systemic changes in healthcare to promote community wellness and health justice.

CSHE Partner Contact Information
kwalker@cshepartnership.org
www.cshepartnership.org



Skills/Strategies

- Leadership Development
- Curriculum Building
- Building Institutional Alliances

Mariana Fernández Aponte/ Communications Director (San Juan, PR)



Mariana Fernández Aponte is a strategic communications professional who transforms complex social issues into compelling narratives honoring community voices and stories. As Director of Communications for Community Solutions for Health Equity Partnership (CSHE-P), she specializes in crafting messages that amplify critical conversations about health equity, cultural practices, and systemic change.

CSHE Partner Contact Information
mfernandez@cshepartnership.org
www.cshepartnership.org



Skills/Strategies

- Communications Strategy
- Digital Strategy
- Ethical Storytelling
- Social Media Strategy and Content Development

CSHE TEAM - Continued

Alexis B. Major/ Senior Director of Programming (Fitchburg, MA)



Alexis Major brings passion, heart, and deep experience to her role as Senior Director of Programming at CSHE. A natural connector and visionary, she leads with intention, centering people, power, and possibility in all she does. Alexis draws from over a decade of experience in grassroots organizing, youth development, systems change, and leadership coaching. At CSHE, she leads programming that's dynamic, culturally rooted, and community-powered. She believes in co-creating spaces where people feel seen, supported, and inspired to lead boldly. When she's not mapping out strategy or dreaming up curriculum, Alexis can be found holding space for big ideas, mentoring rising leaders, or curating joy-filled gatherings. Her approach blends structure with soul, always grounded in equity, learning, and love..

CSHE Partner Contact Information
alexisr@cshepartnership.org
www.cshepartnership.org



Skills/Strategies

- Curriculum Design
- Facilitation
- Technical Assistance & Certified Life Coach
- Program Strategy
- Certified CCAT Facilitator
- Partnership Development
- Youth Development
- Healing Justice & Wellness Practices

Ify Nwakudu (Atlanta, GA)



Ifeoma (Ify) Nwakudu is the Operations Manager at CSHE, where she leads operational strategy and infrastructure development. With a background in nonprofit management and process design, she oversees cross-functional initiatives and translates complex ideas into streamlined, actionable workflows—ensuring alignment between vision and execution.

Passionate about building systems that are both effective and values-driven, Ify is committed to operational excellence that reflects and supports the communities CSHE serves.

CSHE Partner Contact Information
ify@cshepartnership.org
www.cshepartnership.org



Skills/Strategies

- Operational Strategy & Management
- Nonprofit Management
- Process Design & Optimization
- Cross-Functional Leadership

Funded Partner Organizations

ADVOCATES FOR JUSTICE AND EDUCATION (Washington, DC)



Advocates for Justice and Education, Inc.'s (AJE) mission is to empower families, youth, and the community to be effective advocates to ensure that children and youth - particularly those with disabilities and special health care needs - receive access to appropriate education and health services. We employ a multi-strategy approach to fulfill our mission: Direct Services to address a family's immediate issue and concerns; Training to increase parents' knowledge and capacity to self-advocate; and Advocacy, in collaboration with families and other stakeholders, to effect systemic change through policy, legislation, and litigation.

CSHE Partner Contact Information
 rochanda.hiligh-thomas@aje-dc.org
www.aje-dc.org

Skills/Strategies



- Legal services and systems navigation
- Power Mapping
- Disability Inclusive Practices
- Intersectionality
- Community Engagement
- Leadership Development
- Evaluation and Research
- Campaign Building
- Mental Wellness Practices
- Curriculum Building
- Policy Strategy
- Building Institutional Alliances
- Data Analysis

BREASTFEEDING HAWAII' (Honolulu, Hawai'i)



Breastfeeding Hawaii's mission is to protect, promote and support breastfeeding through the education of and collaboration with professionals involved in maternal-child health, and serve as a community breastfeeding advocate in the State of Hawaii.

CSHE Partner Contact Information
 kehaukealoha@gmail.com
www.breastfeedinghawaii.org

Skills/Strategies



- Community Engagement
- Maternal Child Health

CANCER PATIENTS' ALLIANCE (Pacific Grove, CA)



Cancer Patients Alliance's mission is to outreach and support especially for low-income Latinos with cancer in Monterey County, California.

CSHE Partner Contact Information
lluviadelrio@gmail.com
www.cancerpatientsalliance.org



Skills/Strategies



- Capacity Building
- Community Engagement
- Policy Strategy
- Building Institutional Alliances

KETCHIKAN WELLNESS COALITION (Ketchikan, AK)



The Ketchikan Wellness Coalition aims to increase the quality of life for Ketchikan's residents. Our vision is that Ketchikan is a vibrant and healthy community that people choose to live in. Through our Task Forces, the coalition works to strengthen partnerships and efficiency by bridging service gaps and increasing existing services. We leverage the skills, knowledge, and assets of community members, organizations, businesses, and government to increase capacity and improve outcomes around key issues affecting Ketchikan and its residents.

CSHE Partner Contact Information
alma@ketchikanwellness.org
www.ketchikanwellness.org



Skills/Strategies



- Cultural Study
- Language Justice
- Community Engagement
- Youth Engagement

MAKE THE ROAD CONNECTICUT (Hartford, CT)



Make the Road Connecticut is an intergenerational member-led community organization working to build power in immigrant, Latine, and working-class communities in Connecticut. We do this through community organizing, legal and survival services, transformative education, and policy innovation.

CSHE Partner Contact Information
stefan.keller@maketheroadstates.org
www.maketheroadct.org



Skills/Strategies



- Intersectionality
- Community Engagement
- Leadership Development
- Campaign Building
- Policy Strategy
- Building Institutional Alliances

PADRES E HIJOS EN ACCIÓN (Madison, WI)



PADRES E HIJOS EN ACCIÓN is a grassroots organization of individuals with disabilities, their families, friends, and community members building fulfilling and community-centered lives for Latino children. PADRES E HIJOS EN ACCIÓN envisions a world in which all people with disabilities can enhance their quality of life and strengthen the civic life of the community as a whole. By focusing on the assets of Latino Children with disabilities and their family members.



Skills/Strategies

- Capacity Building
- Community Engagement
- Policy Strategy
- Building Institutional Alliances

CSHE Partner Contact Information
portillohm99@gmail.com
www.padresehijosenaccion.org



PARTNERSHIP FOR CHILD HEALTH (Jacksonville, FL)



Over the past three decades, the Partnership for Child Health (the Partnership), has evolved as a uniquely successful trans-disciplinary Center of Excellence to advocate for and develop and implement training, direct services, programs and systems of care which have significantly improved the child health outcomes and priorities of our community.



Skills/Strategies

- Intersectionality
- Leadership Development
- Building Institutional Alliances
- Community Engagement
- Youth Engagement

CSHE Partner Contact Information
vickiw@pchjax.org
www.partnershipforchildhealth.org



PROMISE NEIGHBORHOODS OF THE LEHIGH VALLEY (Allentown, PA)



Promise Neighborhoods of the Lehigh Valley (PNLV) is a Black-led, anti-racist, woman-centered, liberation-based grassroots organization focused on healing and wellness through leadership development, violence prevention and reentry, racial justice, health equity, and community capacity building.



Skills/Strategies

- Power Mapping
- Capacity Building
- Organizational Structure
- Intersectionality
- Community Engagement
- Leadership Development
- Evaluation and Research
- Campaign Building
- Building Institutional Alliances
- Youth Engagement

CSHE Partner Contact Information
jeanig@promiseneighborhoodslv.org
www.promiseneighborhoodslv.org



REFUGEE COMMUNITY PARTNERSHIP (Carrboro, NC)



RCP uses language justice interventions to protect the health and safety of refugee and migrant communities in the American South. RCP provides free personal interpretation and accompaniment for anyone who needs it, for any reason, any time. Residents and their interpreters document language exclusion and Title VI violations and report them to RCP's VAULT - the first community clearinghouse of language exclusion data - which is analyzed by our team of community researchers.

CSHE Partner Contact Information
madison@rcpteam.org
www.refugeecommunitypartnership.org



Skills/Strategies

- Language Justice
- Capacity Building
- Organizational Structure
- Leadership Development
- Leadership-based supervision
- Organizational Culture Change

SOUTHERN BIRTH JUSTICE NETWORK (Miami, FL)



Creators of the Birth Justice Framework, SBJN aligns deeply with movements for reproductive justice across the globe. Offering both a clinical and spiritual lens, Southern Birth Justice Network is comprised of Black, Brown and Indigenous midwives, doulas, activists and healers, who cultivate intuitive and cultural knowledge to support families and communities. We believe that midwifery care is holistic, healing, and humanistic. It has a rich herstory and legacy in communities of color.

CSHE Partner Contact Information
admin@southernbirthjustice.org
www.southernbirthjustice.org



Skills/Strategies

- Community Engagement
- Maternal Child Health
- Intersectionality
- Disability Inclusive Practices

WEST MARION INC. (West Marion, NC)



The mission of the West Marion Community Forum, Inc., aka West Marion Inc, is to enhance the quality of life of our residents and overcome racial barriers by building bridges in McDowell County. We do this by showing compassion, advocating for policy and systems change, promoting economic development, sharing resources, empowering youth, and creating equitable outcomes for all.

CSHE Partner Contact Information
kathy@westmarion.org
www.westmarion.org



Skills/Strategies

- Community Engagement
- Capacity Building
- Intersectionality
- Leadership Development
- Data Analysis
- Language Justice
- Organizational Structure