# THE EQUESTRIAN 25 AUTUMN CHALLENGE Activity Log - 2025



## Instructions

### Challenge Period: 20 September - 20 November 2025

#### **Instructions:**

- Complete 25 activities at your own pace (roughly 3 per week).
- Log each activity with the date and a brief description.
- Print the activity log and fill by hand OR fill digitally and save. NO PRINTER? You can also handwrite your own activity log you do not need to use our template.

#### **Activity Examples:**

- Riding lessons
- Hacking/trail riding
- Ground work
- Carriage or Ground Driving
- Competition/shows
- Lungeing sessions
- · Liberty work
- Riding lessons
- Clinic attendance
- Volunteer work
- Theory study\*
- \*Theory study and extensive care/maintenance activities may only be counted by lesson riders, rescue volunteers, or those with injured horses (max 8 activities)

#### **Completed Log Submission Instructions:**

When you've completed all 25 activities:

- Take clear photos of just your activity log or scan as PDF
- Submit online at: www.equestrian25challenge.co.uk/submit OR email activity log to: info@mail.equestrian25challenge.co.uk
- We'll confirm log receipt within 24 hours via email and post your red rosette within 5 working days!

Deadline: All activity log submissions must be received by

1 December 2025

NEED HELP? Email: info@mail.equestrian25challenge.co.uk Response time: Within 24 hours

We're here to support you throughout your challenge!

## AUTUMN CHALLENGE Activity Log - 2025 🟆

Particpant's Name: \_\_\_\_\_

_	25
	<b>EQUESTRIAN 25</b>

Email: \_\_\_\_\_

		CHALLENGE
Activity #	Date	Activity Description
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