



# Dr. Rob Vanbergen

Doctor of Natural Medicine | Founding Member of  
Pain Free For Life & The Sana Institute | Author of  
The Hache Protocol for Pain Resolution

Dr. Rob Vanbergen is a Wall Street Journal best-selling author, Doctor of Natural Medicine, and pioneering expert in microcurrent therapy and holistic pain resolution. He's on a mission to transform the way the world manages chronic pain, freeing individuals from drugs, surgeries, and lengthy recoveries. With his leadership at Pain Free For Life, Dr. Rob has built one of the most comprehensive microcurrent therapy companies globally, empowering people to take control of their health naturally and live pain-free.

## A PIONEER IN NATURAL MEDICINE

Featured in Forbes, CBS, Fox, USA Today, and NBC, Dr. Rob Vanbergen earned his bachelor's in holistic health sciences from Quantum University in Hawaii, followed by a doctorate and Ph.D. in natural medicine. His pioneering dissertation focused on the benefits of non-invasive microcurrent Vagus nerve stimulation for inflammation resolution, placing him at the forefront of innovative, drug-free pain solutions.

## LEADING A GLOBAL MISSION

As the head of Pain Free For Life and The Sana Institute, Dr. Rob advances his parents' legacy to create a world where 1.5 billion people no longer suffer from chronic pain. His Wall Street Journal best-selling book, *The Hache Protocol for Pain Resolution*, equips readers with proven methods for natural pain relief, transforming lives and reshaping the industry. In addition to his expertise in microcurrent therapy, he holds certifications in holistic practices, including Biofeedback, Neurofeedback, Hypnotherapy, and Homeopathy, bringing a truly integrative approach to wellness.

## A TRUSTED VOICE IN HOLISTIC PAIN MANAGEMENT

Dr. Rob hosts the *Pain Free For Life Podcast* and publishes *Pain Free Living Magazine*, providing expert insights, actionable strategies, and community support for those committed to a pain-free life.

## LIVING THE MISSION EVERY DAY

Dr. Rob's commitment to The Hache Protocol™ is personal. As a child, he suffered from severe scoliosis and debilitating anxiety, finding lasting relief only through the Protocol. Now, he uses it to support his son, James. For Dr. Rob, the Protocol isn't just a professional pursuit; it's a powerful tool that empowers his family to thrive and a lifelong mission to inspire hope and healing worldwide.

PLEASE RISE AND GIVE A HAND FOR OUR NEXT SPEAKER

**DR. ROB VANBERGEN!**