



MEET DR. ROBERT VANBERGEN

Doctor of Natural Medicine | Founding Member of Pain Free For Life & The Sana Institute | Wall Street Journal Best Selling Author

Dr. Rob Vanbergen is on a mission to redefine how the world approaches pain management. As a global leader in microcurrent therapy and holistic health, he's continuing his family's legacy at Pain Free For Life—helping people break free from chronic pain without drugs, invasive procedures, or long recoveries.



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Dr. Rob's journey into natural medicine is more than professional—it's deeply personal. Growing up, he battled severe scoliosis and debilitating anxiety, with conventional treatments offering little relief. That changed when he began The Hache Protocol™ for Pain Resolution, which gave him lasting physical relief and renewed mental clarity. This transformation sparked his passion for empowering others to reclaim their health naturally.

Dr. Rob is a certified expert in microcurrent therapy and holds certifications in Biofeedback, Neurofeedback, Hypnotherapy, Homeopathy, Aromatherapy, and Counseling. His academic achievements



include a bachelor's degree in holistic health sciences from Quantum University, a doctorate, and a Ph.D. in natural medicine. His groundbreaking dissertation on the benefits of non-invasive microcurrent Vagus nerve stimulation for inflammation resolution has solidified his position as a natural pain relief leader.

Dr. Rob's work remains grounded in personal experience. When his son James needed extra care and support for autism, Dr. Rob turned to The Hache Protocol™ as a foundation of his care, providing calming and effective solutions. Later, when James suffered a serious injury, the same gentle, non-invasive methods supported a remarkably fast recovery—healing a broken foot in just two weeks—a testament to the power of this approach.

Through Pain Free For Life and The Sana Institute, Dr. Rob is championing a bold vision: to transform the lives of 1.5 billion people worldwide by freeing them from the grip of chronic pain. Whether through his Wall Street Journal best-seller, *The Hache Protocol for Pain Resolution*, the Pain Free For Life Podcast, or Pain Free Living Magazine, he's sharing actionable insights that redefine what's possible in holistic pain management.

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