



Dr. Rob Vanbergen is a founding member of Pain Free For Life and The Sana Institute, Wall Street Journal Best Selling author of *The Hache Protocol for Pain Resolution*, host of Pain Free For Life Podcast, and publisher of Pain Free Living Magazine.



## ABOUT

# Rob Vanbergen, DNM, PhD

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Dr. Rob's expertise is as personal as it is professional. Growing up with severe scoliosis and debilitating anxiety, he found little relief in conventional treatments. Everything changed when his parents, Doctors John and Lorry Hache, developed The Hache Protocol™ for Pain Resolution and had him follow it. It resolved his issues and transformed his life. His mission is to help others achieve the same freedom from pain.

Dr. Rob holds a bachelor's degree in holistic health sciences from Quantum University and advanced certifications in Biofeedback, Neurofeedback, Hypnotherapy, Homeopathy, Aromatherapy, and Counseling. He earned his doctorate and Ph.D. in natural medicine with a groundbreaking dissertation on the anti-inflammatory effects of non-invasive microcurrent Vagus nerve stimulation. His work blends cutting-edge science with holistic healing to create lasting solutions for chronic pain sufferers.

A devoted father, Dr. Rob has applied The Hache Protocol™ in his own family. When his son James needed support with autism, the protocol provided calming relief. Later, when James suffered a serious injury, microcurrent therapy helped achieve a remarkably fast recovery—healing a broken foot in just two weeks.

The transformative potential of microcurrent therapy has led Dr. Rob to devote his life to educating people about its effectiveness and the possibilities of natural pain management.

## INTERVIEW TOPICS

- Disrupting the Pain Medication Market: The Mission of the Pain Free for Life Movement
- The 5 Key Elements to Resolve Chronic Pain and Disease
- Beyond Popping Pills: The Secret Weapon in Holistic Pain Management
- When Doctors Get It Wrong: How Traditional Western Medicine Is Prolonging the Suffering of Chronic Pain Patients
- Incorporating Microcurrent Technology Treatments Into Your Holistic Medical, Dental, or Veterinary Practice to Treat Chronic Pain

## INTERVIEW QUESTIONS

- You have a very interesting background and life journey. How did you get into the work you were doing?
- What was the inspiration behind the Pain Free For Life movement?
- How do you feel that traditional Western medicine is failing chronic pain sufferers?
- What is The Hache Protocol for Chronic Pain Resolution?
- What is Microcurrent Technology, and why is it so effective?
- How is Microcurrent different from Tens Technology?
- If this treatment is so effective, why hasn't my doctor suggested it?
- How does someone determine if The Hache Protocol and Microcurrent Therapy is the right option for them?

## CONNECT WITH ROB



888 - 758 - 0851

