

A COMPREHENSIVE GUIDE TO

Teeth Replacement



Integrated Dentalcare



0131 225 9093

www.integrateddentalcare.com

reception@integrateddentalcare.com



Table of Contents

<u>A Message From the Team</u>	3
<u>Why Replacing Teeth is Important</u>	4
<u>Options for Teeth Replacement</u>	5
<u>Explore Dental Implants - The Optimal Solution</u>	6
<u>Titanium vs. Zirconia Implants</u>	7
<u>The Benefits of Dental Implants</u>	8
<u>What Teeth Can I Replace?</u>	9
<u>Alternatives to Dental Implants</u>	10
<u>Alternatives vs. Implants</u>	11
<u>The Implant Journey at Integrated Dentalcare</u>	12
<u>Meet Our Implant Dentist - Dr. Neeraj Puri</u>	13
<u>Technological Advancements</u>	14
<u>Your Path to a Happy, Healthy Smile</u>	17
<u>Why Choose Us</u>	18
<u>Client Video Testimonials</u>	19
<u>What Our Clients Have to Say</u>	20
<u>Acknowledgments</u>	21
<u>Additional Resources</u>	22
<u>Contact Us</u>	23



A Message From the Team

Hello!

Welcome to our Comprehensive Guide To Teeth Replacement - a valuable resource designed to help you navigate the journey toward a healthier, more confident smile.

At Integrated Dentalcare, our team is dedicated to guiding you through every step, whether you're already one of our valued clients or are searching for the right clinic to meet your needs.



Our comprehensive guide is designed to provide you with all the information necessary to achieve a healthy and radiant smile. We aim to ensure you are well informed and confident at every stage of your journey. We're here to support you every step of the way. So why wait? Let's take that first step together today!

~ IDC Team



Why Replacing Teeth is Important

Why is teeth replacement so important?

Have you ever stopped to think about how important your mouth and smile are in your daily life? They are the gateway to communication and the first thing people notice about you. A confident smile allows you to eat, speak, and be intimate with dignity. Unfortunately, missing teeth can have a major impact on your self-esteem and overall health. Starting the journey may feel difficult, but it can significantly enhance your quality of life.

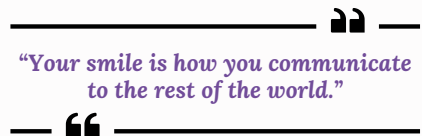


How will my life be better off if I replace my missing teeth?

At Integrated Dentalcare, we firmly believe that everyone deserves to have a smile they can be proud of - one that reflects their inner happiness and vitality. Our committed team is dedicated to restoring the beauty and functionality of your smile, allowing you to embrace life fully.

What are the consequences of avoiding teeth replacement?

There may be several consequences if you avoid replacing missing teeth, such as difficulty speaking and eating, changes in appearance, and an increased risk of gum disease. Losing teeth, especially the back ones, can put your front teeth at risk. That's why taking care of missing teeth right away is essential. Dental implants, bridges, or implant supported dentures can help keep your smile healthy and beautiful.





Options for Teeth Replacement

At Integrated Dentalcare, we offer three teeth replacement options - dental implants, bridges, and dentures. We will help you choose the best one for your needs and preferences, so you can restore your smile and confidence.

Implants

Dental implants are a lasting and seamless solution for restoring missing teeth. Unlike temporary fixes, dental implants offer a long-term remedy that blends flawlessly with your existing teeth. Dental implants fill the gaps in your smile and provide various benefits that can genuinely enhance your daily life.



Bridges

A dental bridge can be a quicker and more cost-effective solution if you have a missing tooth and your neighbouring teeth are already crowned. Having bridgework means having to cut teeth down, which can reduce their life expectancy. However, it depends on the strength of the adjacent teeth, and if they have undergone root canal treatment, there's an increased risk of fracture due to the additional load they bear.

Dentures

Dentures are custom-made, removable teeth that replace missing natural teeth. Dentures require less professional maintenance and are a good choice for a more independent approach to tooth replacement.





Explore Dental Implants The Optimal Solution

What Makes Dental Implants the Ideal Solution?

For the past 70 years, dental implants have been the gold standard for tooth replacement, offering exceptional stability and durability. Their unique ability to enhance oral health and overall quality of life makes them the top choice for restoring one or multiple teeth. In the following sections, we'll delve into the remarkable benefits, share inspiring success stories, and guide you through your implant options for an informed decision.



Titanium and Zirconia Implants: Your Choices for a Lasting Smile

When it comes to dental implants, the materials matter. This section introduces two primary implant options: titanium and zirconia. These materials have reshaped implant dentistry, influencing the strength and aesthetics of your new teeth. We'll explore their unique features, helping you decide which material suits your needs best.



Titanium vs. Zirconia Implants

Titanium Implants

Our Swiss-made dental implants boast lifelike gums and teeth, making it nearly impossible to distinguish them from your natural teeth. The exceptional stability and comfort provided by these implants support your lips and jaws, giving you a youthful appearance that can make you look many years younger.

Titanium implants are the optimal choice for replacing a full arch or a complete set of teeth. Manufactured in two pieces, these implants allow dentists to make necessary alterations to the abutment angle, ensuring a more natural smile line. Additionally, titanium implants are renowned for their strength, durability, and lightweight nature.



Zirconia Implants

Are you concerned about the metal in your body? Choose our Zirconia metal-free implants. These biologically inert white implants minimise the risk of metal allergies. We are one of the very few clinics that can offer this treatment. Their white appearance mimics natural teeth, blending with surrounding healthy teeth for a remarkably realistic look.

Zirconia dental implants are particularly suitable for those with gum recession or thin gums. Their white colour enhances aesthetics and blends with your natural smile. They're exceptionally durable and designed to withstand substantial force for long-lasting performance.





The Benefits of Dental Implants

- ✓ **Confidence Whilst Speaking**
- ✓ **Reassured Whilst Intimate**
- ✓ **Comfort Whilst Eating**



Confidence Whilst Speaking

Imagine the confidence you'll feel when you no longer need to conceal your smile or muffle your laughter. Dental implants restore self-assurance, blending seamlessly with your natural smile. You'll enjoy an authentic, inconspicuous look and avoid denture mishaps during crucial moments.



Reassured Whilst Intimate

The peace of mind of secure teeth during intimate moments is attainable with dental implants. Say goodbye to loose teeth and embrace confidence. Maintaining dental implants is as simple as natural teeth, highlighting the importance of diligent oral hygiene.



Comfort Whilst Eating

Dental implants offer enhanced comfort by allowing effective chewing and promoting nutrient absorption, leading to an overall improved quality of life. Say goodbye to loose teeth and welcome improved speech and eating.



Edinburgh Dental Implants - Integrated Dentalcare

Regain Your Confident Smile with Edinburgh Dental Implants!

edinburghdentalimplants.co.uk



What Teeth Can I Replace?

Dental implants are a remarkable solution for a wide range of tooth loss scenarios. Whether you have a single missing tooth, several gaps in your smile, or even require a full set of upper and lower teeth, dental implants offer a versatile remedy. They can also be a game-changer for those who are currently using dentures, enhancing stability and functionality.

✓ **Single Missing Tooth**



✓ **Multiple Missing Teeth**



✓ **Full Rows of Teeth**
(Upper and Lower)



✓ **Existing Denture Wearers**



✓ **Mini Dental Implants**

[LEARN MORE](#) 



Dental implants bear a significant load, often more than your weight, so precise placement is crucial to withstand the forces exerted during biting and chewing. When done accurately, dental implants can provide years of robust support to adjacent teeth and a comfortable, natural-feeling solution for you.



Alternatives to Dental Implants

Dentures

- Custom-made, removable teeth
- Greater control over dental hygiene
- Ideal for people with limited mobility
- Ideal for significant jawbone loss
- Requires less professional maintenance
- Independent approach



Bridges

- Quick, cost-effective solution
- Success relies on strength of adjacent teeth
- Higher risk of fracture
- Minimal maintenance
- Bridges are fixed in place, so they don't move or slip like removable dentures



Our experienced dental team brings expertise, ensuring you receive top-notch care for tooth replacement needs. While traditional dentures and bridges have their place, dental implants frequently outshine them as a superior option. Unlike dentures, which may require less stable adhesives, dental implants are surgically anchored into your jawbone, providing unmatched stability, comfort, and confidence in your smile. Additionally, implants don't rely on altering adjacent healthy teeth, preserving your natural dentition.



Dental Crowns Edinburgh & Bridges : Restore & Enhance Your Smile

Transform your smile in our Edinburgh dental clinic with our high-quality dental crowns & bridges. Restore &...

integrateddentalcare.com

Our commitment to your well-being extends to recommending the most effective, long-lasting, and aesthetically pleasing tooth replacement solution.



Alternatives vs. Implants



Pros of Dentures

- Affordable
- Quick solution
- Suitable for multiple teeth
- Easy maintenance



Pros of Bridges

- Natural appearance
- Stability
- Minimal maintenance
- Restores facial aesthetics



Cons of Dentures

- May feel unnatural
- Slippage and discomfort
- Replacement required
- Limited taste sensation



Cons of Bridges

- Invasive procedure
- Risk of tooth sensitivity
- Irreversible
- Bone loss

Why Dental Implants Are The Optimal Solution

Are you tired of temporary fixes for missing teeth? Dental implants offer a permanent solution that blends flawlessly with your existing teeth. Not only do they fill the gaps in your smile, but they also provide an array of benefits that can enhance your daily life. Dental implants address the drawbacks of bridges and dentures and provide a superior, long-term, and aesthetic solution for tooth replacement, ensuring your confidence, comfort, and oral health.

- ✓ **Preservation of Healthy Teeth:** Unlike dental bridges, which require the removal of healthy adjacent teeth, dental implants are non-invasive and do not compromise the integrity of surrounding teeth.
- ✓ **Restored Biting Force:** Dental implants mimic the strength and function of natural teeth, allowing you to enjoy a wide range of foods without restrictions.
- ✓ **Longevity:** Dentures and bridges have limited lifespans and may require replacement, while dental implants are designed for long-lasting, durable results.
- ✓ **Minimal Maintenance:** While dentures require regular removal for cleaning, dental implants can be cared for like natural teeth, simplifying maintenance.
- ✓ **Unparalleled Stability:** Dental implants are securely anchored in your jaw, eliminating the risk of bridge failure or discomfort associated with ill-fitting dentures.

Dental implants stand out as the premier solution for tooth replacement, offering numerous advantages over dental bridges and dentures. While bridges and dentures come with various drawbacks, dental implants provide a comprehensive set of benefits



The Implant Journey at Integrated Dentalcare

Our Unique Approach



Step 1: Personalised Consultation and Treatment Exploration

You meet with us to discuss the problems you would like to resolve and your concerns about treatment. We explore some options to mull over and understand what's possible. There is no obligation to go further at any stage. You decide the pace and opportunity that works for you.

Step 2: Comprehensive Digital Data Analysis

We gather digital data such as photographs and tooth scans to study the function and shape of your teeth. This allows us to see if teeth have drifted or reduced the space for a proper-sized tooth. This means that we consider the extended function of your mouth as a whole and not just the missing tooth/teeth that you present with.

Step 3: CT Scan and Precision Planning

We take a CT scan to see the underlying bone and the vital anatomy such as nerves, blood vessels, sinuses and adjacent teeth roots so that when we plan the implant, we insert it in a safe place, away from these essential structures.

Step 4: Virtual Jaw Replication

We connect the two scans to create a virtual replica of your jaw. We connect your future tooth with your future implant. This allows us to determine the optimal position of your implant to give you the most vital possible tooth. It will enable us to determine if we can help you avoid procedures such as bone grafts and even skin grafts by moving away slightly from this position. This means that you achieve results faster with fewer procedures and in the most cost-effective way.

Step 5: Precision Implant Placement with X-GUIDE Technology

The exact 3D position of that implant is then transferred digitally to the X-GUIDE technology. This will guide the implant surgeon to that exact position using sat nav coordinates, just like a spacecraft docking on the space station—no guessing, eyeballing, or measurements on an X-ray during the procedure. The same result was pre-planned. This means less stress and faster but longer-lasting results for you.



Meet Our Implant Dentist – Dr. Neeraj Puri

Meet Our Implant Dentist

Dr. Neeraj Puri's journey began in 1996 with a qualification from the University of Glasgow. He moved to Edinburgh, the hub for leading-edge private dentistry. He champions a patient-centric approach in dentistry, understanding many clients' fears. He fosters trust and open discussions to treat individuals, not just teeth, excelling in this philosophy.

With over 20 years of experience, Dr. Puri has excelled in replacing missing teeth with metal-free zirconia and high-grade titanium implants. Clients regain confidence and improve chewing. Dentistry's evolving landscape drives his commitment to comfort and impactful results.

Practising in an environment valuing progress, Dr. Puri invests in advanced equipment and a skilled team for enduring smiles. Beyond dentistry, his passions include cycling and landscape photography, embodying a well-rounded approach. Dr. Puri's extensive experience, empathy, and dedication ensure that your journey to dental health and a confident smile is in capable hands.



Dr. Neeraj is a Clinical Mentor for the MSc Implantology program at UCLan via VSS Academy



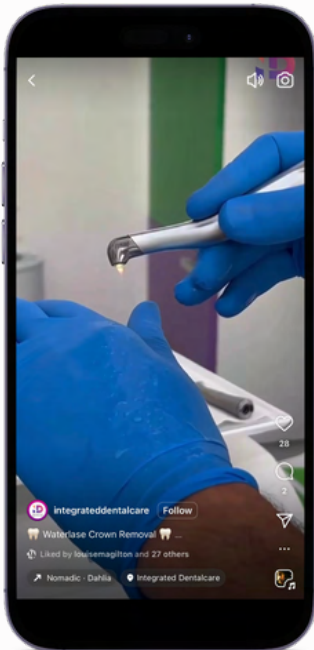


Technological Advancements

Our entire team practices in an environment that values progress, precision, and efficiency. That is why Dr. Puri invests in advanced equipment using the most up-to-date technology to enhance client journeys. These technologies work hand-in-hand with our skilled team to provide leading-edge solutions at the forefront of dentistry.

[Waterlase Laser](#) Watch Now

Say goodbye to surgical blades! Precision-made openings for implants mean faster healing and maximum comfort.



[Digital scanning and planning](#)

Visualising problems aids in identifying problems faster and understanding the big picture, providing significant benefits to clients.



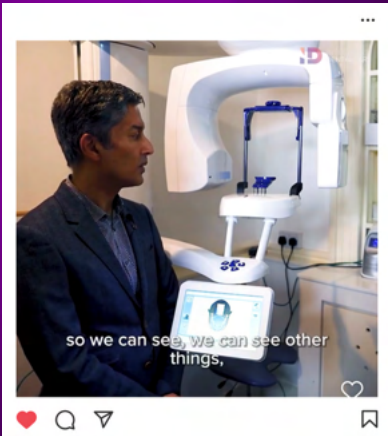


Technological Advancements

Our entire team practices in an environment that values progress, precision, and efficiency. That is why Dr. Puri invests in advanced equipment using the most up-to-date technology to enhance client journeys. These technologies work hand-in-hand with our skilled team to provide leading-edge solutions at the forefront of dentistry.

Ultra-low radiation CT scanner

This allows us to visualise the available bone for implant placement in 3-D for better accuracy.

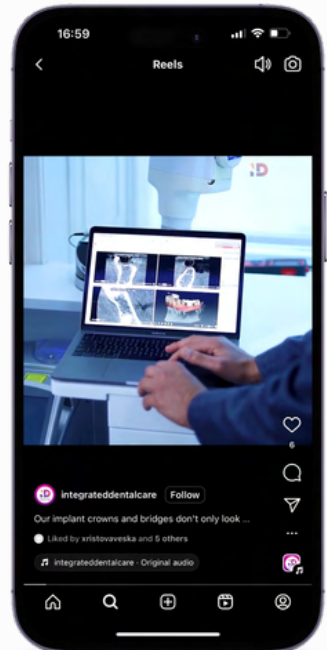


Platelet rich fibrin

Your natural membrane, rich in immune cells, painkillers, and inflammation, is utilised to promote a healthier recovery.

High level magnification

This allows us to work precisely and accurately, resulting in optimal healing and long-lasting outcomes for you.





Technological Advancements

Our entire team practices in an environment that values progress, precision, and efficiency. That is why Dr. Puri invests in advanced equipment using the most up-to-date technology to enhance client journeys. These technologies work hand-in-hand with our skilled team to provide leading-edge solutions at the forefront of dentistry.

[READ MORE](#)

[X-guide navigation surgery](#)

Our cutting-edge technology uses planning information to place your implant with pinpoint accuracy. This eliminates human error and the need for continuous X-rays, resulting in longer-lasting dental implant solutions. These advancements will soon become the gold standard in implant treatments.

[Watch Now](#)





Your Path to a Happy, Healthy Smile

Take the first step towards a restored smile with a complimentary dental implant consultation worth £115

Get a free dental implant consultation worth £115 and take the first step towards a brighter smile. Our experts will guide you through the process and help you customise a plan that suits you best, addressing all your concerns. Claim your free consultation today and regain the confidence and comfort of a restored smile.



What to expect at the free consultation

- ✓ Openly discuss your dental problems and fears of having any potential treatment.
- ✓ Look at available solutions to address these issues.
- ✓ Learn about other people with similar problems and how we helped them.
- ✓ Decide if Dr. Neeraj Puri is the right person for you to deliver your new smile.



Book Your Free Consultation Now
(Worth £115)!



Why Choose Us

Deciding on the best dental implant provider can be daunting, especially when deciding who to trust. However, getting the procedure right the first time is crucial to maximise the implants' benefits and avoid any future complications. We understand this, and that's why we offer several benefits to help you make an informed and confident decision.



Quality Implants:

We exclusively source implants from a well-established company with a proven track record and provide a lifetime guarantee.



Skilled Surgeon:

Dr Neeraj Puri has a wealth of experience performing successful procedures daily, resulting in long-term positive outcomes.



24/7 Support:

Dr Neeraj Puri will guide you throughout your implant journey, from consultation to aftercare, and is readily available to address any concerns.



Advanced Technology:

We use advanced technology and techniques for safer and faster healing during surgery, ensuring predictability and allowing you to enjoy life sooner.



Personalised Treatment:

We individually tailor your treatment options to your circumstances, giving you the best outcome for your smile!



Long-Term Value:

By investing in your long-term health and happiness, you'll get your money's worth and make a wise investment.



Flexible Financing:

We offer finance options to suit your budget so you can get the treatment you need without financial constraints.



Exceptional Team:

Our team works hard to create a supportive and comfortable atmosphere, ensuring the best possible experience and top-notch results.





Client Video Testimonials

These stories highlight the positive impact on oral health, aesthetics, and overall well-being. Explore the experiences of those who've regained confidence and joy through our dental implant procedures.

Yvonne

Implant Supported Bridge



Marion

Implant Supported Bridge



David

Implant Supported Bridge





What Our Clients Have to Say



Sarai Robin Charles ★★★★★

"Integrated Dentalcare exceeded my expectations during my recent dental implant procedure. The team's warm reception, Neeraj Puri's expertise, and state-of-the-art equipment made the process smooth and virtually painless. Post-op care was excellent, with clear instructions for implant maintenance. What sets them apart is their dedication to patient education, ensuring I understood every step and how to maintain oral health. Integrated Dentalcare is the place to go for dental implants - they've given me back my smile, and I couldn't be happier. Highly recommended!"

Irina Fedorovykh ★★★★★

"It was the best experience and I have received all high quality treatment. Dr Neeraj Puri is an exceptional talented professional and all his team is very caring and supportive over all stages. I wish I would find this Integrated Dental Care earlier :) I'm glad to take this opportunity to say another thank you to Dr Neeraj Puri and all his team Aimee, Pats and reception team. I feel that I'm getting back my life and my dental health."

Elizabeth Randall ★★★★★

"Neeraj and his team did a marvellous job of my implant surgery. The whole process was efficient and I was kept informed at every stage. A day later I'm delighted (and amazed!) to have no pain, swelling or bruising. Thanks to all the team."

Jenny Condron ★★★★★

"The whole team is fantastic, so much so, my daughter travelled 400 miles to be seen by them too! My implant treatment in particular has been so straightforward - I was back to work within an hour of the implant being put in. I know I'm in good hands."

Acknowledgements

Thank you!

We want to extend a heartfelt thank you to all of our valued clients. Your trust in our team reciprocates in the high-quality work that we deliver. Thanks to your unwavering support, our team is able to offer the best dental care in Edinburgh.

Our Promise to You

At Integrated Dentalcare, we are dedicated to ensuring you have all the information necessary to make informed decisions regarding your dental health. Our comprehensive guide is designed to help you answer any questions and help you through your dental journey.

We are dedicated to enhancing our standards to uphold the utmost quality of care for our valued clients. We achieve this by providing our team with comprehensive training, adopting the latest technology, and keeping your needs at the forefront of our efforts. Our commitment is to offer you a personalised experience of the highest quality.



If you need more clarification or have concerns, please do not hesitate to contact our team members. We are always happy to help ensure your experience is tailored to your needs.

~ IDC Team



Additional Resources

Here, you can find any additional resources that may assist you on your Dental Implant journey.

Website links to services

- [Dental Implants in Edinburgh](#)
- [Crowns & Bridgework](#)

Blogs

- [The Ultimate Guide to Mini Dental Implants: Affordable, Secure, and Comfortable](#)
- [Are Dental Implants Painful?](#)
- [Navigation Guided Surgery](#)

YouTube Channel



Integrated Dentalcare

Exceptional private dental care in Edinburgh. We work with you to get the most out of the first thing you see in the mirror: your smile. Tailored dentistry delivered gently.

 YouTube

- [Laser-Guided Implant Surgery Walkthrough Playlist](#)
- [Implant Dentistry Testimonials Playlist](#)
- [The Difference Between Titanium and Zirconia Implants](#)
- [What is Laser-guided Implant Surgery?](#)
- [The Latest Digital Technology](#)
- [The Importance of Dentistry](#)
- [Implants](#)
- [What Does Laser-Guided Implant Surgery Mean for You?](#)

Social Media



@integrateddentalcare



Contact Us



1 Manor Pl, Edinburgh EH3 7DH, United Kingdom



Monday	8AM-5 PM
Tuesday	8AM-6 PM
Wednesday	8AM-6 PM
Thursday	8AM-6 PM
Friday	8AM-4:30 PM
Saturday	Closed
Sunday	Closed



reception@integrateddentalcare.com



integrateddentalcare.com



+44 131 225 9093



[Book Your Appointments Here](#)



[Leave us a Google Review](#)

