

In this chapter, I shared several exercises to help you develop a growth mindset, curiosity, and the ability to listen more deeply. Take time to review the exercises and commit to trying each one during the next two weeks. Write down your reflections on what you learned about yourself and share those reflections with a trusted colleague, mentor, or your professional coach.

Take the Cultural Humility Assessment on my website, www.DearWhiteLeader.com, to determine where you are on my cultural humility scale and share the results with someone you trust to get feedback.