

SPOT THE BIAS

perspective

READ EACH DISTORTION DESCRIPTION AND
WRITE AN EXAMPLE FROM YOUR LEADERSHIP EXPERIENCE.

CONFIRMATION BIAS: SEEKING INFORMATION THAT SUPPORTS WHAT I ALREADY BELIEVE.

OPTIMISM BIAS: UNDERESTIMATING RISKS AND ASSUMING THINGS WILL WORK OUT.

BLAME SHIFTING: AVOIDING RESPONSIBILITY BY BLAMING EXTERNAL FACTORS.

SUNK COST FALLACY: STICKING TO A FAILING PATH DUE TO PAST INVESTMENT.

WHICH BIAS DO I FALL INTO MOST OFTEN?
WHAT ACTION CAN I TAKE TO CHALLENGE THAT DISTORTION?
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