



JOURNEY TO PERU

A Transformational Experience

and

Mama Yura

Present:

**July 7-14
October 28 - Nov 4**

Pucallpa, Peru 2025



Bienvenidos a Mama Yura

The Invitation

**Experience 8 transformative days off the grid surrounded by nature,
connecting with community, learning about indigenous traditions and
healing practices with master teacher plant medicines.**

...answer the call.



Pucallpa, Peru

Travel by lancha on the Ucayali river and trek through the lush jungle to the Mama Yura, Healing Arts Center.







Our Facilitators

Mauro “Camara Ampi Shirapa” Reategui

As founder of MAMA YURA Healing Art Center and world renown visionary artist, Mauro is a deep believer that art and plant medicine can heal the each person’s soul and our Mother Earth, Pachamama.

As the Maestro of ceremonies at the center, Mauro is also a world known visionary artist and talented guitarist. He possesses an extensive knowledge of the cultural life and traditions of the Peruvian Amazon and vast plant medicines.

Mauro Reategui 2021



Our Facilitators

Miguel “Charin” Minarez

Growing up learning about medicinal plants since 9 years old Charin is a young powerful maestro from the Ashaninka lineage.

Having left his village at a very early age, he spent months in solitude in the jungle learning how to prepare a variety of plant medicines through countless dedicated “dietas” and teachers.

His amazing icaros express the deep connection and reverence for the jungle and opens the hearts of those that listen.





Our Facilitators

Maestra Diana “Sanken Biri”

In Shipibo her name means “powerful curandera/healer”.

Diana has dedicated her life to keeping her ancestral culture and healing practices alive through her song.

She dedicates her powerful Icaros and intricate Kene stitch work to the countless plant dietas she has learned from.

With her powerful voice and tender heart Maestra Diana evokes ancient wisdom through songs passed down from her ancestors as she dedicates a specific Icaro for each participant during ceremony.



Our Facilitators

Fabian “Ronin Soi” Rodríguez

The bestowed Shipibo name Ronin Soi means “Beautiful Serpent”. As the guide and founder of Realization Nation, Fabian has grown a deep connection with the indigenous traditions and people of Peru.

What began as a journey of self inquiry over 10 years ago in the jungle has introduced him to a life of service and assisting others that seek the same.

Fabian brings to ceremony his prayerful Icaros to liberate the heart of each participant and guide them with his flutes and multiple instruments.

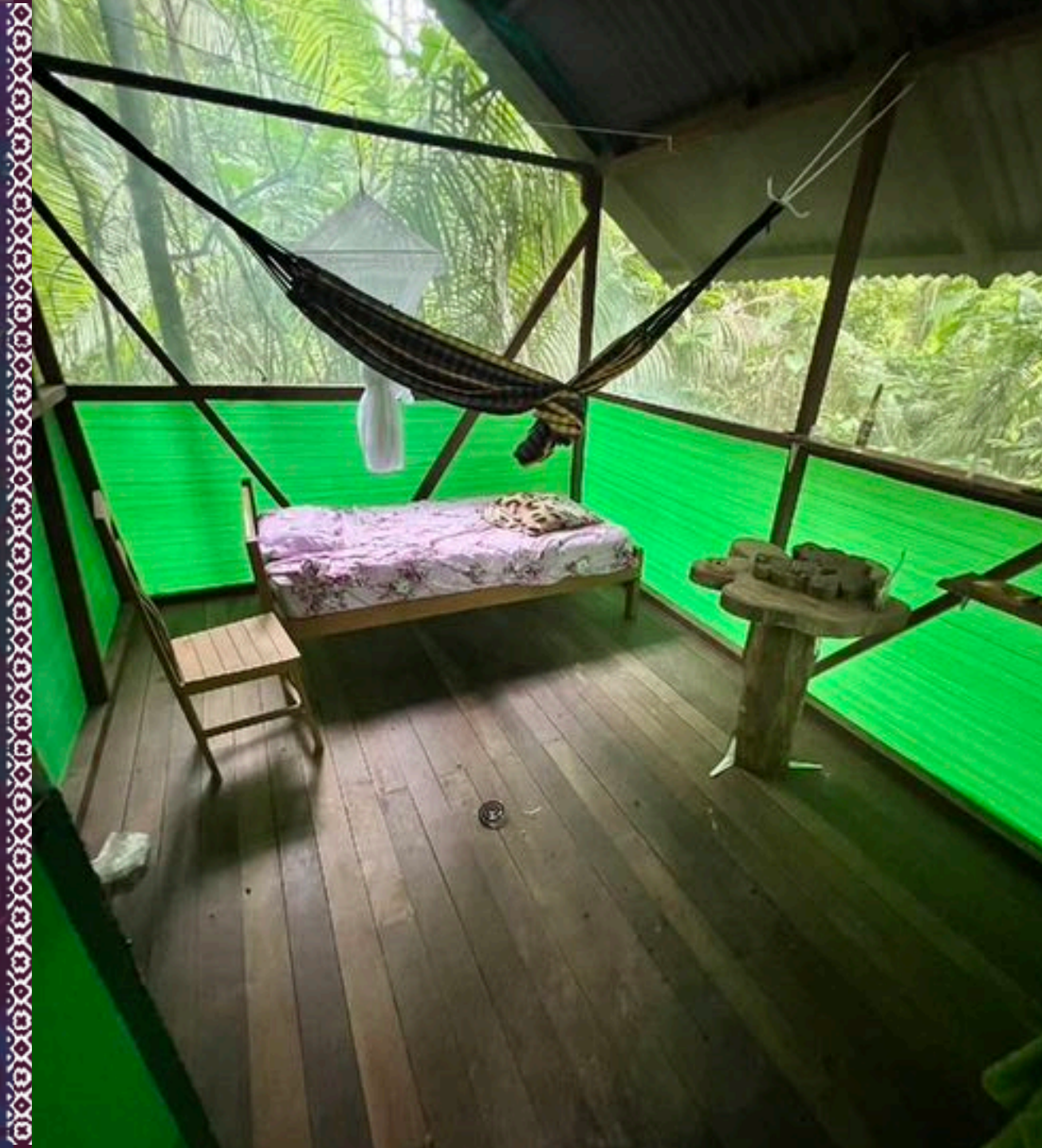




Accommodations & Facilities

Private Casita

Rest and relax in one of 12 individual casitas surrounded by nature. Each private room features a double bed with clean linens, a fleece blanket and pillow, a mosquito net overhead, a towel, candles (no electricity), a table and chair, 5 gallons of purified drinking water, and a hammock.





Accommodations & Facilities

The Maloca

In the center of Mama Yura is a large, round structure known as the maloca. This is traditionally regarded as a sacred space where we host three ayahuasca ceremonies throughout our stay. On our rest days after the ceremonies, we also gather in the maloca for integration talks and sharing, movement and meditation, as well as a quiet space for guests.



Accommodations & Facilities

Kitchen and Common Space

The kitchen features a family-style dinner table within the community common space, where you'll find most guests socializing, making new friends, and relaxing.

You can read a book from the small library, or play games and puzzles, all donated by past guests.

Enjoy a peaceful moment or take a nap in one of the several hammocks while gazing out at the jungle canopy.



Amenities

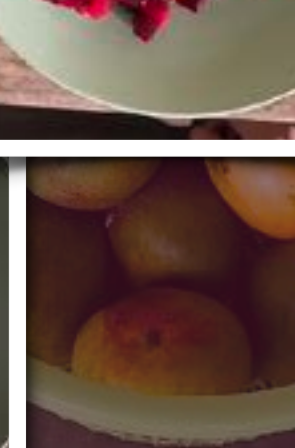
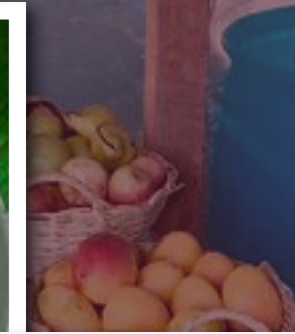
Delicious Homemade Meals

Our guests enjoy delicious homemade meals prepared by our chef, in accordance with our "dieta" guidelines for the week.

The ayahwasca diet is designed to prepare the body and mind for the plant medicine experience.

The meals typically avoid foods that are heavy, spicy, salty, or difficult to digest, and mostly consist of rice, vegetables, potatoes, lentils, salads, and eggs.

Pitchers of tea are always available, along with plenty of fresh jungle fruits to enjoy!



Activities

Ayahuasca Making Ceremony

Learn about and partake in the traditional way of mixing the Banisteriopsis Caapi vine with Chacruna leaves to create the Ayahuasca brew.

Maestro Mauro will explain and share the history, process, and meaning of how this ancient medicine is made and passed down through generations.

Each guest will have the opportunity to mash the vine, set their intentions into it, and bless it with tobacco.

During the third ceremony, we will partake in the medicine that the group has contributed to.



Activities

Kambo Ceremony (optional)

[Learn More about Kambo](#)



Kambo is a traditional healing ritual practiced by various indigenous tribes of the Amazon rainforest.

It involves applying the secretion from the skin of the *Phyllomedusa bicolor* frog, also known as the "giant monkey frog."

The secretion is applied to small burns on the skin, allowing the potent compounds to enter the body through the lymphatic system.

Kambo has been used for both spiritual and physical healing, helping to purge negative energies, enhance physical strength, and treat various ailments.

This offering is available to participants who wish to deepen their preparation before sitting with ayahuasca.

The ceremony will be facilitated by Fabian, who has trained directly with the Matsés tribe and has been administering Kambo for eight years.

Journey To Peru

Preparation & Contraindications

Ayahuasca is a powerful and sacred plant medicine used by indigenous cultures for centuries in spiritual ceremonies. It is important to approach an ayahuasca retreat with respect, clarity, and readiness.

To help you prepare, we've outlined some important guidelines and necessary precautions.

[View Document](#)

Preparation for an Ayahuasca Retreat

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1. Physical and Mental Health Assessment

Before you partake in an ayahuasca ceremony, it is crucial to assess your physical and mental health. Ayahuasca can have profound emotional and psychological effects, so it's important to ensure you're in a stable state to experience it safely.

- **Physical Health:**
 - If you have chronic health conditions (heart problems, high blood pressure, diabetes, etc.), consult with a healthcare professional before participating.
 - If you have a history of seizures or any neurological disorders, ayahuasca may not be safe for you.
 - If you're pregnant, breastfeeding, or planning to become pregnant, ayahuasca is not recommended.
- **Mental Health:**
 - Ayahuasca is not recommended for individuals with severe mental health conditions such as schizophrenia, bipolar disorder, or any psychotic disorders. It can amplify emotional and psychological states, and in some cases, it can trigger challenging psychological experiences.
 - If you've had a history of trauma or major unresolved emotional issues, it's essential to approach the experience with caution. Some retreats offer pre-retreat counseling or preparation to help participants feel supported.

2. Emotional and Psychological Preparation

- **Intention Setting:** Reflect on your intentions for the retreat. Ayahuasca is often a tool for deep introspection and healing. Consider writing down your intentions before attending the ceremony to clarify your goals. Are you seeking healing, clarity, spiritual growth, or connection with your higher self? Clear intentions can guide the experience and help you process insights that arise during the journey.
- **Letting Go of Expectations:** While it's good to have an intention, it's also important to remain open to whatever unfolds during the ceremony. Let go of any fixed expectations of the experience. Ayahuasca will guide you in its own way, and sometimes the most profound insights come from surrendering to the experience.
- **Trusting the Process:** Trust in the wisdom of the plant and the facilitators. During the ceremony, there might be moments of discomfort or intense emotions. Trust that these moments are part of the process, and remember you are supported by experienced facilitators throughout your journey.

Journey to Peru

Testimonials

“My journey to Peru at Mama Yura was life transforming. The entire team at Mama Yura was warm, hospitable, kind and supportive. There was something magical about working with natural medicines in the Amazonian jungle and Mama Yura provided everything needed to to embark on an inner healing journey. Everyone at Mama Yura was well attuned and prepared to provide emotional, psychological and spiritual guidance through the medicine journey. I’m eternally grateful for my experience at Mama Yura and for the guidance from Fabian, Mauro, all the maestros and maestras, and the team. I highly recommend visiting Mama Yura as I trust that it will also be a transformative life experience for your healing journey.”

-Ilaina C.

“The journey began months before I agreed to do it and is continuing years after I’ve done it. This is a safe stop along my life’s overall journey that I will continue to visit.”

-V. Valme

“I sit in deep love and gratitude for the huge part JTP and Mama Yura have played along my ever winding paths. The expansiveness and growth I’ve received and continue to receive from the Earth, jungle, river, plants, trees and many teachers and travelers I have met along the way are indescribable using the English language. Thank you Fabian, thank you Mauro, thank you Mama Yura, thank you jungle family. I will be back soon.”

-Casandra V.

“Grandmother medicine had been calling me for many years. I had researched and found a few facilitators serving medicine in the states, but for whatever reason was hesitant to participate. I had recently met Fabian and a few mutual friends highly recommended his retreat to Peru. That extra reassurance from other people who had experienced his retreat was all I needed. So in February 2023, I pulled the trigger and signed up. Fabian did an excellent job preparing his group with a dieta, providing plenty of material to read and even music to listen to. Leading up to the trip I was suffering from a deep sadness, grief, perhaps depression that I couldn't really articulate. Going to Mama Yura and sitting with Grandmother's medicine helped unlock my subconscious. A lot of heartache resurfaced, I experienced the deepest grief, and re-encountered experiences from the past I had blocked out. The medicine allowed me to fully process the emotions and heartache I had silently been suffering from. Most importantly I learned how to love and be a bit gentler and kinder to myself. The overall experience at Mama Yura with world renown visionary artist Mauro “Camara Ampí Shirapa” Reategui plus his supporting Shamans was super powerful. A true blessing to hear their icaros (songs) in the jungle of Peru! Forever grateful for my experience.”

-Alexsandra D.

Journey to Peru

Pricing & Offerings

July 7-14, 2025

Group Retreat

Full Regular Price: \$2,800

Final balance is due by June 23

October 28 - Nov 4, 2025

Individual Dieta

Early Registration Pay In Full: \$2,650

Discount Ends June 16

Full Regular Price: \$2,800

Returning Past Participants: \$2,550

Refer a participant and earn a \$150 refund each*

\$500 deposit (non-refundable, included in total cost)

Pricing does not include airfare

Please read the cancellation and refund policy [\[HERE\]](#)

INCLUDES:

- Individually customized preparation guidance
- Group introduction Zoom call and WhatsApp thread
- Preparation and Ayahuasca pharmacology PDF
- Ayahuasca Manifesto PDF
- Detox/cleansing "dieta" instructions for heightened mental and physical awareness prior to departure
- Transportation to/from the airport
- Boat transportation
- Private Lodging and "dieta" meals
- 3 Ayahuasca ceremonies
- Integration group talks before and after ceremonies
- Morning movement and meditation
- Jungle hike and Ayahuasca-making demonstration (weather permitting)
- Floral bath
- Spanish Translator



Journey to Peru

Enrollment

Thank you for your interest in the 2025 Journey to Peru trips. For more information and instructions on how to enroll, please read and complete the steps provided in the registration link.

If you have any questions, feel free to contact us.

We hope to have you join us in the jungle!

Fabian Rodriguez and JTP Team
www.REALIZATIONNATION.com



CLICK HERE
TO REGISTER
FOR OUR 2025
TRIPS



Answer the Call



June 2019

**What you seek is
seeking you.
-Rumi**



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