





WEEKLY CHECKLISTS

 **Before Phone**

	M	T	W	T	F	S	S
Brush teeth							
Deodorant							
Clothes down chute							
Read 30 minutes							
Homework							
Get outside							
One load of dishes							
Wipe sink, counters, table							

 **Before Phone**

	M	T	W	T	F	S	S
Brush teeth							
Deodorant							
Clothes down chute							
Read 30 minutes							
Homework							
Get outside							
One load of laundry							
Sweep living room, kitchen, hallway							

 **Before Bed**

	M	T	W	T	F	S	S
Brush teeth							
Wash face							
Rocketmath							
Next day clothes							
Pack Back Pack							
Fluency Folder							
Kitchen wipe down							
Fridge, oven, stove, dishwasher trap, towels, paper towels							

 **Before Bed**

	M	T	W	T	F	S	S
Brush teeth							
Shower							
Rocketmath							
Next day clothes							
Pack Back Pack							
Fluency Folder							
Bathroom wipe down							
toilet, bathtub, dust, shower walls, bedroom floor, couch blankets							