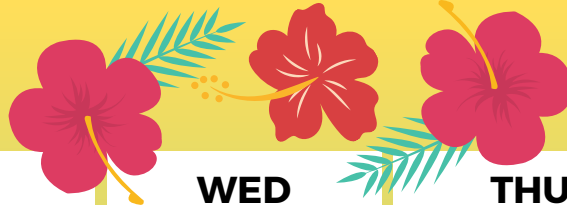


WEEK 1



Comforting Classics
Seasoned with Love

SUN	MON	TUE	WED	THU	FRI	SAT
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Sausage Patty or Bacon Donut Scrambled Egg Fresh Fruit	Sausage Patty or Bacon Fried Egg Fruit Cocktail	Sausage Patty or Bacon Coffee Cake Breakfast Potatoes Fresh Fruit	Sausage Patty or Bacon Sausage Gravy & Biscuit Hashbrown Patty Pears	Bacon Breakfast Sandwich on Croissant Scrambled Egg Fresh Fruit	Sausage Link or Bacon Pancakes w/Syrup Scrambled Egg Pears	Sausage Patty or Bacon Egg Casserole Cinnamon Toast Fresh Fruit
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pot Roast with Gravy Whipped Potatoes Dilled Baby Carrots Dinner Rolls or Open Face Turkey Sandwich Mashed Potatoes Mixed Vegetables Pie ala mode	French Onion Pork Loin Scalloped Potatoes Country Green Beans or Chili Shredded Cheese Diced Onion Cinnamon Roll Peanut Butter Brownie	Glazed Ham Loaf Sweet Potato Casserole Vegetable Blend Roll or Fried Chicken Bowl Frosted Pumpkin Bar	BBQ Chicken Loaded Baked Potato Broccoli Spears or Stuffed Green Pepper Corn Cookie	Beef Pot Pie Cranberry Fruit Salad or Creamy Turkey Tetrazzini Baked Parmesan Tomatoes Garlic Breadstick Caramel Apple Crisp	Maple Glazed Cod Rice Buttered Carrots Bread or Beef Ravioli with Marinara Italian Green Salad with Dressing Frosted Chocolate Cake	Smothered Pork Chop Garlic Parmesan Mashed Potatoes Harvard Beets Roll or Supreme Pizza Garden Salad with Dressing Pudding Parfait
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Reuben Sandwich Potato Salad Three Bean Salad or Chicken & Vegetable Stir Fry over Rice Egg Roll Gelatin Parfait	Turkey Wrap Pasta Salad Fresh Fruit Cup or Glazed Ham Balls Macaroni & Cheese Seasonal Vegetable Cookie	Luceon Steak with Onion Gravy Cheddar Mashed Potatoes Seasoned Peas Bread or Italian Grinder Pasta Salad Seasoned Peas Sherbet Cup	Sloppy Joes Tater Tots Dill Pickle Spear or Cheesy Scalloped Potatoes & Turkey Garden Salad with Dressing Mandarin Oranges	Tuna Melt Lettuce & Tomato Slice Cucumber & Onion Salad Potato Chips or French Toast Scrambled Eggs Sausage Links Rice Krispie Square	Southwest Soup Cheddar Cornbread Toss Salad with Dressing or French Dip Tater Tots Broccoli Ranch Salad Ice Cream	Cranberry Chicken Salad On Croissant Potato Wedges Relish Plate or Polish Sausage Sauerkraut Potato Wedges Pineapple Chunks

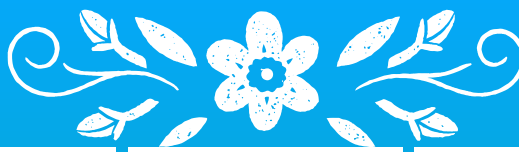
WEEK 2



Comforting Classics
Seasoned with Love

SUN	MON	TUE	WED	THU	FRI	SAT
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Sausage Patty or Bacon Donut Scrambled Egg Fresh Fruit	Sausage Patty or Bacon Fried Egg Fruit Cocktail	Ham Steak or Bacon Coffee Cake Breakfast Potatoes Fresh Fruit	Sausage Patty or Bacon Sausage Gravy & Biscuit Hashbrown Patty Pears	Bacon Breakfast Sandwich on Croissant Scrambled Egg Fresh Fruit	Sausage Link or Bacon Pancakes w/Syrup Scrambled Egg Pears	Sausage Patty or Bacon Egg Casserole Cinnamon Toast Fresh Fruit
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
BBQ Ribs French Onion Mashed Potatoes Oven Roasted Carrots or Mesquite Roast Turkey Dressing Bake & Cranberry Sauce Mixed Vegetables Cream Pie	Lasagna Italian Green Salad with Dressing Garlic Bread or Beef Pepper Steak Potato Medley Sauteed Mushrooms in Wine Sauce Cherry Cheesecake	Country Fried Steak Mashed Potatoes with Country Gravy Lima Beans with Bacon Roll or Toasted Ham & Cheese Slider Chips Fruit Cup Sherbet	Chicken Cordon Bleu Parmesan Orzo Pasta Broccoli Roll or Cowboy Stew Cheddar Garlic Biscuit Ice Cream Sundae	Glazed Meatloaf Mashed Potatoes w/Gravy Southern Green Beans or Turkey Pot Pie Garden Salad Bowl Cookie	Blackened Salmon w/Lemon Wedge & Parsley Wild Rice Pilaf w/Almonds Roasted Beets or Pulled Pork Dill Pickle Spear Mini Baker Potatoes Coleslaw Pineapple Upside Down Cake	Glazed Ham O'Brien Potatoes Roasted Brussel Sprouts or White Chicken Chili Corn Muffin Assorted Dessert
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken & Pasta Alfredo Toss Salad w/Dressing Garlic Bread or Deli Sandwich Soup of the Day Banana Pudding w/Vanilla Wafers	Tomato Soup Crackers Grilled Cheese Sandwich Broccoli Slaw or Tater Tot Casserole Green Beans Cookie	BBQ Pork Ribette Potato Salad Coleslaw Dinner Roll or Soup of the Day Turkey & Cheese Club Sandwich Marinated Vegetables Chocolate Cake Roll	Cheddar Burger Curly Fries Three Bean Salad or Vegetable Omelette Sausage Patty Fresh Fruit Pink Ambrosia	Beef Stroganoff Noodles Basil Peas or Cowboy Candy Loaded Baked Potato Deviled Egg Halves Toss Salad w/Dressing Rosy Applesauce	Tuscan Salad with Grilled Chicken & Crispy Croutons or Meatball Pot Roast Cornbread Peaches & Cream	Roast Turkey French Dip Potato Chips Tomato Slices Vegetable Blend or BBQ Chicken Tenders Pasta Salad Vegetable Blend Gelatin Parfait w/Whipped Topping

WEEK 3



Comforting Classics
Seasoned with Love

SUN	MON	TUE	WED	THU	FRI	SAT
Breakfast						
Sausage Patty or Bacon Donut Scrambled Egg Fresh Fruit	Sausage Patty or Bacon Fried Egg Fruit Cocktail	Ham Steak or Bacon Coffee Cake Breakfast Potatoes Fresh Fruit	Sausage Patty or Bacon Sausage Gravy & Biscuit Hashbrown Patty Pears	Bacon Breakfast Sandwich on Croissant Scrambled Egg Fresh Fruit	Sausage Link or Bacon Pancakes w/Syrup Scrambled Egg Pears	Sausage Patty or Bacon Egg Casserole Cinnamon Toast Fresh Fruit
Lunch						
Salmon Croquette Wild Rice Steamed Cabbage Cornbread or Pork Chop Stuffing Bake Baked Sweet Potato Steamed Cabbage Cranberry Sauce Assorted Pie	Meatloaf with Mashed Potatoes & Gravy Corn or Ham & Cheese Quiche Winter Fruit Cup Muffin Bread Pudding with Caramel Sauce	Fried Chicken Southern Baked Macaroni & Cheese Seasoned Green Beans Roll or Brisket Sandwich Dill Pickle Slices Baked Chips Sherbet	Spaghetti w/Meatsauce Italian Blend Vegetables Garlic Bread or Navy Beans & Ham Diced Onion Brussels Sprouts Cornbread Muffin Southern Peach Cobbler	Butter Chicken Garlic Buttered Rice Naan Bread Dippers Zucchini Slices or Sloppy Joe on Bun w/ Cheese Onion Rings Black Forest Cake	Classic Smash Cheeseburger on Bun Potato Wedges Turkey a la King over Biscuit Carrots & Apple w/Brown Sugar Glaze Root Beer Float	Butterfly Shrimp Baked Potato Coleslaw or Chipped Beef on Toast Peas Cheesecake Tart
Dinner						
Patty Melt Potato Wedges Vegetable Blend Fruit Cup or Hot Dog on a Bun Baked Beans Potato Salad Chocolate Chip Cookie	Chili Crackers Toss Salad with Dressing or Fish & Chips Coleslaw Sliced Strawberries	Ham & Swiss Croissant Lettuce & Tomato Slice Vegetable Soup or Mexican Lasagna Toss Salad with Dressing Banana Cream Tart	John Wayne Casserole Sweet Corn or Italian Sausage & Peppers Oven Roasted Potatoes Ice Cream	French Dip with Au Jus Potato Chips Spinach Salad with Cranberries or Chicken Rice & Broccoli Breadstick Spinach Salad Rosy Applesauce	Pulled Pork Sweet Potato Puffs French Green Beans Roll or Tuna Noodle Casserole French Green Beans Frosted Brownie	Trio Salad Plate: Chicken, Ham, & Pasta Salad Crackers or Swedish Meatballs Egg Noodles Mixed Vegetables Breadstick Apricots

WEEK 4



Comforting Classics
Seasoned with Love

SUN	MON	TUE	WED	THU	FRI	SAT
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Sausage Patty or Bacon Donut Scrambled Egg Fresh Fruit	Sausage Patty or Bacon Fried Egg Fruit Cocktail	Ham Steak or Bacon Coffee Cake Breakfast Potatoes Fresh Fruit	Sausage Patty or Bacon Sausage Gravy & Biscuit Hashbrown Patty Pears	Bacon Breakfast Sandwich on Croissant Scrambled Egg Fresh Fruit	Sausage Link or Bacon Pancakes w/Syrup Scrambled Egg Pears	Sausage Patty or Bacon Egg Casserole Cinnamon Toast Fresh Fruit
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Cornish Hen Wild Rice Cascade Blend Vegetables Roll or Beef & Vegetable Stew Cornbread Pie a la Mode	Glazed Ham Balls Candied Yams Peas or Maidrite on Bun Dill Pickle Slices Tomato Slices Tater Tots Honey Bun Cake	Rosemary Roasted Turkey Roasted Potatoes & Root Vegetables or Pulled Pork Sandwich Chips Cherry Crisp a la Mode	Sweet & Sour Chicken Vegetable Fried Rice Vegetable Egg Roll or Salisbury Steak w/Cream Gravy Garlic Cheddar Mashed Potatoes Green Beans Fruit & Yogurt Parfait	Steak Diane Au Gratin Potatoes Sunshine Carrots Roll or Breaded Pork Fritter on Bun Tomato, Lettuce, Onion, Pickle Potato Salad Peanut Butter Brownie	Fried Fish Sweet & Spicy Tartar Sauce Baked Macaroni & Cheese Sauteed Red Cabbage Hushpuppies or Liver & Onions Mashed Potatoes Peas Ambrosia Dessert	Tater Tot Casserole Toss Salad with Dressing Breadstick or Pork Tips Egg Noodles Maple Glazed Squash Pudding Berry Cup
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Egg Salad Sandwich Club Spinach Fresh Grapes or Cheesy Chicken Casserole Club Spinach Cookies	White Chicken Lasagna Roll Up Italian Blend Vegetables Breadstick or Tomato Soup Grilled Cheese Sandwich Pudding	Chili Dog Onion Rings Creamy Coleslaw or Brunswick Stew Cheddar Biscuit Creamy Coleslaw Fruit Fluff	Quiche Strawberry Spinach Salad Muffin or Bacon Cheeseburger on bun Steak Fries Fruited Gelatin	Grandma's Goulash Tossed Greens with Vinegar & Oil Breadstick or Breakfast Griddle Sandwich Maple Syrup Hashbrowns Mixed Fruit	Beef Sandwich Creamy Horseradish Sauce Potato Chips Seasonal Vegetable or Chef's Salad Breadstick Pineapple Chunks	Chicken Salad on Croissant Baked Chips Broccoli Ranch Salad or Turkey & Noodles Toss Salad w/Dressing Cornbread Snickerdoodle Cookie

WEEK 5



Comforting Classics
Seasoned with Love

SUN	MON	TUE	WED	THU	FRI	SAT
Breakfast						
Sausage Patty or Bacon Donut Scrambled Egg Fresh Fruit	Sausage Patty or Bacon Fried Egg Fruit Cocktail	Ham Steak or Bacon Coffee Cake Breakfast Potatoes Fresh Fruit	Sausage Patty or Bacon Sausage Gravy & Biscuit Hashbrown Patty Pears	Bacon Breakfast Sandwich on Croissant Scrambled Egg Fresh Fruit	Sausage Link or Bacon Pancakes w/Syrup Scrambled Egg Pears	Sausage Patty or Bacon Egg Casserole Cinnamon Toast Fresh Fruit
Lunch						
Corned Beef & Cabbage Boiled Potatoes Cornbread or Pineapple Glazed Baked Ham Baked Sweet Potato Steamed Cabbage Assorted Pie	Hamburger Steak with Gravy Baked Potato Roasted Brussel Sprouts Roll or Goulash Carrots Garlic Bread Brownie Sundae	Pork Loin French Onion Mashed Potatoes Spinach with Vinegar Roll or Chili Crackers Apple Dumpling	Yankee Pot Roast Oven Roasted Root Vegetables Roll or Cajun Salmon Pasta Tossed Salad with Dressing Peach Cobbler	Fried Chicken Parmesan Roasted Carrots Scalloped Corn Dinner Roll or Hot Turkey Slider Baked Chips Carrot Raisin Salad Cherry Delight	Salmon Croquette Rice Creamed Peas or Brisket Macaroni & Cheese Bowl Caesar Salad Cookies & Cream Mousse Cup	Herb Baked Turkey Au Gratin Potatoes Seasoned Lima Beans Roll or Shepherd's Pie Stewed Tomatoes Strawberry Swirl Cheesecake Cup
Dinner						
Grilled Turkey & Cheese Sandwich Vegetable Blend Tater Tots or Flatbread Pizza Tossed Salad with Dressing Turtle Pudding	Cowboy Stew Cornbread or Crispy Chicken Salad Breadstick Rainbow Cake	Mini Corn Dogs Macaroni & Cheese Broccoli or Salisbury Steak Macaroni & Cheese Broccoli Blushing Pears	Pork Cutlets with Stuffing Green Beans Roll or Cheddar Beef Melt Potato Wedges Coleslaw Rice Krispie Square	Breaded Fish Filet O'Brien Potatoes Baked Parmesan Tomatoes or Hot Ham & Cheese Sandwich Chips Broccoli Ranch Salad Baked Apple Slices	BLT Sandwich Potato Salad Cottage Cheese & Peaches or Taco Salad Sherbet	Chicken Rice & Broccoli Casserole Tomato & Cucumber Salad Roll or Grilled Pastrami Sandwich on Rye Potato Chips Vegetable Dip Carrot & Celery Stick Gelatin Parfait

WEEK 6



Comforting Classics
Seasoned with Love

SUN	MON	TUE	WED	THU	FRI	SAT
Breakfast						
Sausage Patty or Bacon Donut Scrambled Egg Fresh Fruit	Sausage Patty or Bacon Fried Egg Fruit Cocktail	Sausage Patty or Bacon Coffee Cake Breakfast Potatoes Fresh Fruit	Sausage Patty or Bacon Sausage Gravy & Biscuit Hashbrown Patty Pears	Bacon Breakfast Sandwich on Croissant Scrambled Egg Fresh Fruit	Sausage Link or Bacon Pancakes w/Syrup Scrambled Egg Pears	Sausage Patty or Bacon Egg Casserole Cinnamon Toast Fresh Fruit
Lunch						
Smoked Beef Brisket Conique Spudster Potatoes Vegetable Medley Roll or Chicken Fried Chicken Country Gravy French Onion Potatoes Creamed Corn Pie	Glazed Meatloaf Mashed Potatoes with Gravy Stewed Tomatoes or Tuna Salad Sandwich Chips Brownie ala Mode	Grilled Ham Steak Cheesy Scalloped Potatoes Mixed Vegetables Breadstick or Beef Stroganoff over Noodles Vegetable Blend Pumpkin Praline Bread Pudding	Country Style Ribs Potato Salad Baked Beans Corn Bread or Baked Cheesy Spaghetti Italian Green Beans Breadstick Cinnamon Baked Apples	Herb Baked Chicken Wild Rice Creamed Spinach or Corned Beef Hash Creamed Spinach Rocky Road Brownie	Crab Cakes Crab Cake Sauce Mini Baker Potatoes Hushpuppies Crunchy Bacon Coleslaw or Maidrite on Bun Potato Wedges Marinated Vegetables Carrot Cake	Fried Pork Chop Hashbrown Casserole Harvard Beets or Luncheon Steak Hashbrown Casserole Broccoli Normandy Angel Food Cake w/ Fruit Glaze
Dinner						
Italian Deli Sandwich Pasta Salad Peas or Vegetable Lasagna Garden Salad Rainbow Sherbet	Breaded Shrimp French Fries Coleslaw Dinner Roll or Stuffed Cabbage Roll Corn Apple Crisp	Turkey Tetrazzini Glazed Baby Carrots Roll or French Toast Sausage Links Scrambled Eggs Lemon Fruit Cup	Grilled Ham & Cheese Potato Chips Sour Cream & Chive Dip Marinated Vegetables or Soft Tacos Mexicali Corn Snicker Dessert	Turkey Divan with Cheese Sauce Candied Yams Roll or Chili Dog on Bun Potato Wedges Green Beans Cookies	Cheesy Tuna Noodle Casserole Garden Salad or Herbed Pork Loin Roasted Potato Medley Riviera Vegetables Mandarin Oranges	Baked Chicken Legs Maple Roasted Brussel Sprouts w/Bacon Carrots Roll or Shepherd's Pie Garden Salad Pumpkin Bar