

Toast Ciabatta, Rye, Fruit loaf, Gluten free

9

Danish butter, choice of preserves

Eggs your way (Free range eggs)

16

Poached, scrambled, or fried, choice of bread. (g. f, rye. Ciabatta)

Crazy waffle

24

2 toasted Belgian waffles topped with Biscoff, maple syrup, mix seasonal fruit and ice cream.

Pancake tower

Homemade pancake topped with butter Biscoff , maple syrup, with vanilla ice cream and mix seasonal fruit.

**Smoked Salmon Delight** 

Smoked salmon, sauté spinach, smashed avocado, poached eggs, hollandaise on ciabatta toast & mixed herbs.

**Blend's Benedict** 

26

Choice of Prosciutto, Ham or Bacon, poached eggs, herbed hollandaise, asparagus and dukkha.

**Morning in Cyprus** v

Grilled halloumi, smashed Avo, honey& dukkha glazed pumpkin, roast tomato, beetroot, hummus, ciabatta toast, mix seeds, pesto and lemon.

• add poached egg +2.5

**Chicken & Waffles** 

26

Southern fried chicken, Belgian waffle, poached eggs, hollandaise and BBQ sauce

Blend Egg Bhurji

28

Spiced scrambled egg with onion, tomato, spinach served with avocado toast

Smashed Avocado v

25

Confit roast tomato, smashed avocado, Persian fetta, Pesto, mixed seeds, ciabatta, poached eggs,

add crispy bacon +2.5

Porridge Pot

19

Oats cooked w full cream milk, served w fresh fruit

Bacon Egg & the lot Burger

20

Crispy bacon, Swiss cheese, fried or scrambled egg, hash browns, cos lettuce, tomato, relish, BBQ sauce in a brioche bun.

Omelete

24

Bacon and mozzarella cheese & ciabatta toast.

• add chorizo +2.5

Wild Mushroom Bruschetta v

25

Trio mushroom, Swiss button, wilted spinach, Persian fetta, mix seeds, basil pesto, ciabatta and balsamic glaze & truffle oil add poached egg +2.5

**Blend's Brekky Board** 

Eggs your way, crispy bacon, English sausage, roast tomato, five bean compote, sauteed mushrooms, hash browns, ciabatta.

\*Hash browns contain gluten\*

Vegan brekky board v

Pumpkin & chickpea rosti, charred broccoli, roast tomato, avocado, sauteed mushrooms, spinach, bean mix, hummus & beetroot relish.

Blend Masala Beans (veg)

Slow cooked Mix beans cooked with onion, tomato, garlic gravy served with baked egg & toast

**Blend's Famous Steak Sandwich** 

30

Seared scotch fillet, crispy bacon, cheese, caramelized onions, lettuce, tomato, house made smoky barbioli sauce &side of beer battered fries.

Bowl of chips

14

**ADD** Ons

Bacon, roasted tomato, mushrooms, spinach

2.50

chorizo, avocado, hash browns, sausages, Hollandaise, Cheese

**Brunch Menu** 

**New York Burger** 

25

Beef Pattie, served in a brioche bun with crispy bacon, lettuce, tomato, cheese, onion, pickle, homemade sauce with beer battered chips.

Peri Peri Grilled Chicken burger

25

grilled chicken breast, served in a brioche bun with crispy bacon, cheese, lettuce, tomato, onion, homemade sauce with beer battered chips.

**Chicken Caesar Salad** 

Grilled free range chicken strips, baby cos, boiled egg, bacon, garlic croutons, anchovy, caesar dressing, shaved parmesan.

Nourishing Bowl vg

Mix lettuce, quinoa, Edamame beans and broccoli, avocado, cherry tomato, red cabbage, spinach hummus and beetroot relish, mix seed and Italian style dressing.

• add- grilled chicken, grill fish, squid + \$4

Amigo Bowl v

25

Mexican style salad bowl served with haloumi, cucumber, avocado, mix beans, beetroot, rice, nachos, corn salsa & spicy dip add-grilled chicken, grill fish, squid + \$4

25

Crispy fried cauliflower served on crunchy Asian slaw & sambal greens, topped w maple soy dressing & sesame seeds add-grilled chicken, grill fish, squid + \$4

Crispy salt and Pepper Squid

25

Flash fried local squid with Nam Jim sauce, crispy rice noodles, mix lettuce & lemon.

**Chicken Tacos** 

Fried chicken strips, avocado, tomato cucumber & corn salsa, jalapenos, coleslaw, homemade sauce and sour cream

Banger and Mash

29

Old school Cumberland sausages, royal blue mash and red wine jus.

Nasi Goreng (veg option available)

Fried rice with prawns, chicken, broccoli, onions, and carrots in homemade soy sauce topped with fried egg

Chicken parmigiana

Chicken schnitzel, tomato sugo, mozzarella cheese with mix salad and beer battered chips.

Local fish and chips

Wild caught barramundi grilled or battered, served with, mix salad and side of beer battered chips.

Gamberi Aglio Olio

Pappardelle with local prawns, chicken, chorizo, cherry tomato, onions, chili, basil, olive oil

**Classic Carbonara** 

pappardelle with Smoke bacon, cream sauce, parmesan, mushrooms, egg & parsley

Chicken Pesto w sundried tomato

rigatoni tossed with chicken, pesto, garlic, onion, parsley cream finished w parmesan cheese

YOUNG ONES 15

Kids pancakes, ice cream & maple syrup. Kids waffle ice cream & maple syrup

**Pasta with Bolognese** 

Fish fillet fried/grilled w chips

Chicken nuggets w chips

ALLERGY NOTICE: Dear Customers, we are not a nut free or gluten free kitchen, therefore we cannot guarantee no possible traces of these. We do however take allergies seriously & try our very best to suit all dietary requirements. Please make us aware of any allergies as not everything is listed on the menu. Follow us on Facebook & Instagram: /blendcafepizzabar



COFFEES	Mug or large +\$1
Espresso	3.8
Double espresso   Short macchiato	4.2
Cappuccino   Flat white   Latte	5.0
Long macchiato	5.6
Mocha   Affogato   Chai latte	5.6 3.5
Babycino   Rosie chino   Stella chino Extra shot coffee	3.5 .80
Vitasoy   Almond milk   Lactose free   (	
Liqueur coffee	15
Syrups – Caramel   Vanilla   Hazelnut	.80
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TEAS	
• loose leaf tea •	6.0
English breakfast   Earl grey	
Green + honeydew   Peppermint   Chai	
Lemongrass & ginger   Chamomile	
Turmeric Latte   Matcha Latte   Beetro	ot chocolate Latte 6.50
HOT CHOCOLATE	
Chocolate	4.7
COLD DRINKS 330ml	
Coke, Coke Zero, Sprite, Fanta	5.7
Ginger Beer	5.7
Sparkling mineral water	7.5
Lemon Lime & Bitters	7.3
Fire Engine	7
<b>G</b>	
ICED DRINKS	
Iced coffee I Iced chocolate	7.5
Iced chai   Iced mocha	8.0
• w cream & ice-cream	
Iced latte	6.5
FREELIN COLLETTER HUCEC to 2 DM	10
FRESHLY SQUEEZED JUICES to 2 PM Orange	10
Cloudy Apple	
Watermelon	
<b>Detox</b> - orange, celery, ginger, beetroot	
<b>Tropical-</b> orange, apple, pineapple, wate	rmelon
Mean Green – spinach, green apple, cele	ery, mint, ginger & lime
Dracula - apple, carrot, beetroot, ginger	
Can't name it - watermelon, ginger, leme	on, mint.
Rob's clog - carrot, lemon, orange, ginge	r
A AU VOLLA VE	40
MILKSHAKE	10
strawberry I chocolate I caramel	
banana   vanilla   spearmint	
SMOOTHIES to 2 pm	10
	10
Mango - milk, mango, honey & ice cream	
Banana - milk, banana, ice cream & honey	0
P & D – banana, Dates, Peanut butter, honey	
Watermelon Bliss – watermelon, mango,	
Berry-licious - mixed berries, ice cream & m	ilk,

# **Drinks**

TAP BEER	<u>Pint</u>
Blend special (please ask staff)	12
Mountain Goat 4.2%	13
Pirate life south coast pale ale 4.4%	14

#### **BOTTLED BEER**

Corona 4.5%

Asahi Super Dry (Japan) 5%

10

White Rabbit Dark Ale 4.9%

10

Matso's Ginger Beer 3.5% (gf)

13

Apple cider

10

SPARKLINGglsbtlThe Family Prosecco (Trentham cliffs, Nsw)1040Fruit-driven with hints of green pear tropical fruits aromas & fine bubbles.

#### **WHITE**

River retreat Sauvignon Blanc (Mildura Nsw) 10 38

Lifted aromas of lychee and passion fruit. The palate is finely balanced with crisp acidity and attractive fruit flavors.

10

Via Caves Chardonnay (Margaret River Wa) 12 48

Typical regional stone fruit, grapefruit & citrus flavours

The Family Pinot Grigio (*Mildura, Nsw*) 10 40

Lemon zest, green apple and pear notes makes an ideal wine to enjoy.

## **ROSÉ**

Pierre Et Papa Rose (Langeudoc, France) 11 42

Rose bursting with red fruits, lychee apples. A perfect balance of roundness and length.

### **RED**

River Retreat Shiraz (Mildura Nsw) 10 38

Hints of dark plum and chocolate on the nose. Seamlessly balanced with lifted bright fruit, subtle oak and soft tannins

Via Caves Cabernet Sauvignon (Margaret River Wa) 12 48

medium bodied with classic regional cassis, mulberry & dark fruit flavours wrapped up in well integrated French oak and finely woven tannin.

Trentham Pinot Noir ((Trentham cliffs, Nsw) 10 40

Plum & cherry spice aromas, red berry fruits carry to the palate with some very subtle spicy French oak