



Paddock Paper

Northern New Mexico Horsemen's Association Newsletter

March 2025

Equine Nutrition for the Seasons – Timely Topic for March Program Meeting

Whether you're looking forward to long summer rides, some competitive events or simply getting ready for a change in seasons, you'll want to hear our speaker, Richard Patton, Ph.D., at our next meeting, Wednesday, March 26, 7 pm.

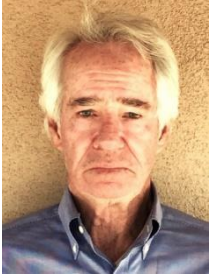


He will be our guide to making sure that our horses, donkeys and mules are getting the right nutrition for whatever we ask of them. It's a timely topic, because the transition from winter to spring is a good opportunity to fine-tune what and how we're feeding with his practical, no-nonsense suggestions.

Dr. Patton helps make technical nutritional issues understandable, so bring your questions. What are the most common mistakes we make when we're thinking about nutrition? Are supplements essential at different times of year, or are they a waste of money? What do you think of pellet vs. baled alfalfa? Or, beet pulp as a supplement? Given the universal appeal of nutrition and its persistent mystery and confusion, a little clarity is always helpful.

We are meeting at Pecos Trail Café, 2239 Old Pecos Trail, SF. Join others for dinner at 6 pm. Please note: The restaurant is changing its group format for all groups (including us), so we will now be served dinner in the restaurant itself. We will still meet in the large meeting room for our programs. This new

arrangement will help restaurant staff more easily serve us in a timely manner. We will be seated together, as much as possible. See you there!



Dr. Patton has spent over 50 years as an animal nutritionist, working in 25 countries and formulating diets for nearly every kind of animal. He has consulted for agriculture enterprises, zoos, foreign governments, Fortune 500 companies, local and regional feed mills and pet food companies. An adjunct professor at Penn State for 15 years, he has 25 scientific publications, two patents and numerous popular press articles.

Dr. Patton's role in the marketplace is to serve as a translator of technical insight for the benefit of animals and their owners. He is the author of "Ruined by Excess, Perfected by Lack," in the second printing and available in Spanish. He is an avid horse person himself. He and his wife live on a horse ranch near SF.

Don't Let Your Membership End Now

If you haven't paid your annual membership dues yet, you must do so now to ensure you continue to receive the NNMHA newsletter and are eligible to participate in our clinics, workshops, social get-togethers, and more.



In any case, we hope you will remain a member. If you live a distance away or your schedule conflicts with our events, we still hope you will support our efforts to promote equine care and education throughout northern NM and beyond. Your membership helps us in so many ways.

It's easy to renew. Simply go to: <https://nnmha.org> and click on Membership. Thank you!

Coffee Chat is Tues., March 11, 9 – 11



Stop by for coffee and pastries at our next Coffee Chat, Big R, 725 Saint Michaels Drive (across the street from Smith's supermarket). Come after chores or on your way for errands. It's a fun way to put aside any lingering winter chill with like-minded horse people!

Plus, our meetings are on "Senior Tuesday," so customers 62 years of age and older with a valid government-issued ID get up to 10% off purchases.

Ridge Riders are a “Go” – Sat., April 5

Our first ride for the 2025 season is Saturday, April 5. As in past years, all our rides will be on the first Saturday of the month. This year, you can plan on April through October rides, weather permitting.

Let's head out to the Dead Dog Trail in the Caja del Rio. It's an easy ride that can be a tune-up for you and your horse. It follows part of the El Camino Trail headed to Diablo Canyon and back, about 2 - 2 1/2 hours. The ride will start at 10:00 am from the parking area at the trailhead. Ed Srsic, trail boss, will be at the trailhead parking area at 9:30 am. Let's go!

In the meantime, here's a seasonal reminder to check your tack and fix or replace any worn parts, and make sure your trailer is in good working order, especially floor boards, lights and brakes.

To sign up, go to: <https://nnmha.org/events-rides>. The liability waiver form is also on the page and the link will also land in your email box when you successfully register. If you haven't renewed your membership, you can also do that on the website. Our insurance requires all riders are current members of NNMHA.

Directions

Route 599 north or south to the Camino La Terra/Las Campanas/Aldea exit. Turn toward Las Campanas. Coming south, turn right off the exit ramp; northbound, turn left. This is County Road 77 / Camino La Tierra Road. Proceed approximately 4.7 miles to Old Buckman Road and turn right. You will be on a gravel road for approximately three miles until you reach the parking area on the left.

EQUUS Workshop, Sat., May 10

This workshop, “The Way of the Horse – Horses as Wisdom Companions for These Times,” promises to be an insightful journey into the world of equine-assisted therapy, learning and coaching. Our host, Kelly Wendorf, is the founding CEO of EQUUS and developer of an award-winning, equine-assisted coaching process.

The workshop is Saturday, May 10, 10 am to 12 noon at EQUUS. (It was originally scheduled for late last year, but a winter storm forced postponement.) Kelly will discuss her trademarked process, “EQUUS Experience.” She has gained international acclaim and was awarded “New Mexico's Top Life Changing Experiences” by the NM State Tourism Department.



During the workshop, Kelly will share her process with her herd of five horses and two donkeys. She will explore understanding horses as wisdom companions and how this is relevant to equine-assisted learning. She will also discuss the growing popularity of equine-assisted programs throughout the country. Following her remarks, participants may choose to experience first-hand how her equines actively engage in human personal discovery and development.

There is no charge to attend. However, participation is limited, so participants must register before April 30. (See registration and parking details below.) The location is at a handicap accessible venue. NNMHA will provide drinks and snacks at the workshop.

REGISTRATION

Advance registration is required for all attendees. Since no fee is required, NNMHA suggests that you contribute to our SGS Scholarship, Grant and Sponsorship Program (see SGS Program page on our website).

Attendees must register on our website, nnmha.org/events-clinics. For insurance reasons, attendees must be members of NNMHA. You can join online by going to our Membership page on the same website. After the April 30 registration deadline, participants will be contacted by EQUUS to sign its liability waiver. Photography is welcome.

PARKING/SHUTTLE DETAILS

Parking at EQUUS is extremely limited, so attendees will meet in the Tesuque area, then shuttle to the site. Further directions will be available upon registration.

EQUUS offers custom-designed workshops for organizations of all types, with the intent of providing challenges, inspiration and transformation through coaching with horses. For NNMHA, Kelly chose the equine-assisted industry as the topic of her workshop. NNMHA, as a 501(c)(3) charitable organization, has a mission to encourage and educate our members and the broader New Mexico community with regard to equine wellness and equestrian activities.

June Meet-and-Greets at Golondrinas

NNMHA members and their critters are making back-by-popular-demand visits to El Rancho de las Golondrinas this year. We look forward to introducing equines to young and old, novice or experienced horse lovers.



We need a few volunteers to help answer questions and talk generally about horses and their care. It's a great way to join in on the festivities, and as a volunteer admittance is free.

Please contact Karla Lauritsen for details: 505 369-1143. We'll be there three events: Spring Festival – June 7 & 8, Fiesta de los Ninos - July 19, Harvest Festival – October 4 & 5.

2024 Community Report Now on NNMHA Website

Our 2024 Community Report is fresh off the press, so to speak. You can think of these annual reports as a “year in review” that feature events, activities, sponsorships, grants and scholarships, and more. You will find the 2024 and earlier Community Reports on our website, www.nnmha.org.



We hope members are proud of your organization and what we have accomplished together. Please refer others who may be interested in NNMHA to take a look. These reports highlight who we are, what we do and why we do it!

“Take a Deep Breath” – Rodeo Queen

“Take a deep breath and stand up straight” is just one of many tips that Little Beaver Rodeo Queen Natalia Sam (photo, right) shared with us at our program meeting last month. Both she and Miss Rodeo New Mexico Alyssa Sauter (photo, left, next page) gave us a “behind the scenes” understanding of what it takes to compete for and serve as rodeo royalty.



Little Beaver Rodeo Princess Leia Chaves (photo of three, front row, below) also joined us. Both Natalia and Leia are members of the Jicarilla Apache Nation, Dulce, NM.

Natalia said the coaching she received prior to competing with others and during her reign increased her poise and confidence. She added it was particularly helpful in “meeting bull fighters, being in parades and talking with other royalty at competitive events,” including a recent event in Las Vegas, NV. “I made a lot of new friends there,” she said with a big smile.



In her role as Miss Rodeo New Mexico, Alyssa serves as an ambassador for the lifestyle, history and benefits of rodeo. Rodeo royalty is judged according to appearance, personality...and horsemanship.

She speaks at high school events, with state legislative audiences and others. Frequent topics include safety, rules and regulations and the overall benefits of competing and participating in rodeos. Alyssa particularly enjoys talking with people attending rodeos.

Alyssa grew up in Moriarity in a family of avid rodeo competitors, so she's no stranger to the rodeo world. Her father rode bulls,

so her experiences are serving her well, as she travels throughout the US this year.

“I'll probably make close to 150 appearances this year, including the Miss Rodeo America competition. You are busy all the time, often meeting people who don't know anything about rodeos.”

She said she's always impressed with the camaraderie among her peers, even when they are competing with each other.

“I love doing this. I didn't win this title the first time, and that was OK. I came back stronger and won the second time.” Now, that's hard work and dedication.

When asked about when she's riding at various events, she explained, “You get random horses every time, so you have to be ready every time.”





“You’re dealing with horses being worked by other people. You can meet and get to know the horses a little bit, but you can’t get in the saddle.” In fact, she’s often dealing with a brand-new saddle, at the same time!

Many states have rodeo queens, and all are committed to promoting the western lifestyle, are polite and represent a family-oriented organization.



Joyletta Vincenti (photo, left) also joined us at the meeting. She is a member of NNMHA, a member of the Jicarilla Apache nation and a strong supporter of involving youth in rodeo



events. She has seen first-hand that such events help youth fine-tune physical skills set, as well as their mental and emotional well-being. executive

Joyletta is also the producer of a documentary that the success of rodeo events in her area. (NNMHA has provided financial support to some of these events.) She showed the documentary (screenshots, above) and it was enlightening to see young rodeo participants talking about and demonstrating their newly acquired skills.

So, if you have ever wondered what it takes to compete, prepare for and handle the responsibility of being “rodeo royalty,” now you know!

Thanks to Natalia, Alyssa, Joyletta and Leia for joining us and sharing what being rodeo royalty is **really** like.



Survey Results, Clinic Ideas, Riding Program Headline Board Meeting

The February monthly Board meeting began with highlights of a recent online survey of new members. The purpose was to better understand what these members look for in our organization. Karen Denison reported that the response rate was good; importantly, this feedback will help us fine tune our plans for this year and beyond.

Survey Results, Giving Program Awards, Brand Clothing Sale

When asked to rank order interest in various activities, “education/demos/lectures” (program meetings) received the most number of votes. “Networking/social interaction” was second and “trail riding” was third. These three categories represent the bulk of responses. Other interests included a “show/fun day,” “participation in clinics,” “having an open area for riding” and “driving.”

Half of the people who responded said they had been to 1 - 3 events last year, whereas the rest had attended none or 4-9 events. Karen pointed out that this finding suggests it's important that all our events are not only memorable but also welcoming.

One of the barriers to attending more events is travel time, particularly for members from outside the SF area. Perhaps, more promotion about events held during the day such as our social get-togethers and demos, workshops or clinics would help alert members who live outside of this area to these non-evening events. We also discussed avoiding overlapping our own (or other conflicting) events.

To welcome all members at program meetings, we will have a greeter providing name tags and other information as people arrive. Carol Marthens volunteered to do so at the February meeting. Regarding riding events, Ed Srsic and others suggested promoting rides sponsored by Backcountry Horsemen's area chapters. Ed also offered to host two additional rides in the summer or fall. Thanks, Ed. Board members agreed to further discuss these survey results at the next Board meeting.

David Lyles said monthly program meetings are planned for the next several months already. The April meeting will feature Tony Bonanno, a SF-based horse, event and architecture photographer. Based on the new member survey that ranked “networking” of interest, there was some discussion about how to build into our programs or social get-togethers opportunities that allow people to meet and mingle with each other.

Lynn Allen provided info on several applications to our SGS Giving Program. The Board approved a grant to support the Land of Enchantment All Breed Show, April 3 – 6, at Expo NM, and sponsorship of the Rodeo de Santa Fe Royalty Program.

The grant will help fund various competitions in a gymkhana, western dressage and other classes. NNMHA's banner will be visible, and we will receive recognition on promotional materials, social media and show announcements. The sponsorship will help offset transportation, trailering program and other expenses.

Lynn also noted that she virtually attended the awards event for the 4-H Quiz Bowl in January. NNMHA sponsored prizes for the tournament, wherein eleven teams from across the state participated in the competition.

Ed also announced a branded clothing sale at an upcoming program meeting, so we can rebuild with new inventory later this year. Plus, we will soon have a t-shirt in both men's and women's sizes soon. Thanks, Ed.

David has had limited opportunities to discuss trail safety signage with county officials and HOA groups, largely due to their busy schedules. Karla offered to contact someone on her HOA Board.

Howard noted the New Mexico Center for Therapeutic Riding (until recently located in SF) may be forced to close, due to a loss of grant funding. He added it is a great program that helps youth with significant issues, and it's sad to see it close.

Karla has taken on the task of fundraising and development. Her report was postponed to the March Board meeting, due to lack of time.

The next Board meeting is Tuesday, March 18, 7 pm, via zoom.

Rides, Clinics, Events

Our pilot program, riding lessons for kids, is well underway, according to Leanne DeVane. Two trainers have agreed to provide their services at an established facility, and the Boys and Girls Club have identified two youth interested in participating. Leanne noted that she and others are working on incorporating a written summary of the program, a pre- and post-survey of the students and the students attending an NNMHA meeting. Thanks, Leanne.

With this pilot program, there is a focus on measurements or key indicators that will help us evaluate its success and any areas for improvement. She reminded us that this is a "matchmaking" service whereas the trainers and parents and their riders organize the logistics of lessons and the like between themselves.

Carol is working on finalizing clinics for this year. At this point, the possibilities include clinics that cover working cattle, dressage for all, obstacles/bicycle training (perhaps in an open space, not an arena), equitation and ground work. Sounds like a great line-up, Carol.

Ridge Riders rides begin next month (see separate article). There may also be an overnight trail ride, probably in the Chama area, this summer.

SF County Transportation & Trails Committee Needs Volunteer Members

You can help improve roads, trails and transit by serving on the Transportation Advisory Committee (TAC). According to a county news release, the SF County Planning Division is seeking volunteer committee members from Districts 2, 3 and 4. The application deadline is March 11, 5 pm.



The 13-member committee advises the Board of County Commissioners on matters related to transportation, including roadways, trails, bikeways, transit and pedestrian facilities. The TAC also makes recommendations on safety studies, road operations, and more. The group meets quarterly.

Interested residents should submit a letter of interest and resume to: SF County Planning Division, Attn: Marvelous Echeng, Community Planner, PO Box 276, SF, NM 87504-0276. Contact info: 505 986-6215, mechang@santafecountynm.gov.

Do You Know...

Horses do get internal cancers. According to an article in *Equus* magazine (winter 2024), melanoma, squamous cell carcinoma and sarcoids are the most common types of equine cancer. While melanoma (cancers on the skin) is more readily observable, techniques for diagnosing internal diseases in horse-sized animals have lagged behind those used in human medicine.



Other cancers, such as lymphoma, are less common in horses, while lung and uterine cancers appear to be rare. Fortunately, ways to detect these and other internal cancers are improving. For example, endoscopes that can now look inside are less invasive, so taking samples for pathology is easier.

Susceptibility to different cancers varies between species for various reasons, including genetics. For example, melanoma is associated with graying hair color. In any case, we still have a lot to learn about cancers in equines, including diagnosis and treatment.

Bulletin Board

Bulletin Board is a "one-stop shop" for all equine-related products, services and events. Members in good standing may submit listings of no more than 80 words. Be sure to include a name, brief description and website, phone /and or email for contact purposes. We can't edit fliers or other materials provided to us and be assured of describing your news accurately. Send your listing to: Sandra, smithcom@goldengate.net, or Karen, redmule@kdt.net. At any time, let us know if you need your current listing removed or changed. We rely on members to keep their info correct and up to date.

Classifieds

STUART H. GARBER, DC, PhD, AVCA

Equine chiropractor. Equines and canines, but also happy to treat any critter with a spine. By appointment. Call: 505 913-7493.

THE TRINITY RANCH BOARDING

Santa Fe's premier horse facility. Boarding, training, lessons, indoor arena, 150x300 jump course, 20x60 dressage court. Absolutely beautiful facility, exceptional staff, positive atmosphere. Contact: www.santafehorse.com.

NORTHSIDE BOARDING

Ride out on miles of trails, five minutes from NM599/La Tierra Rd. Reasonable rates, relaxed atmosphere. Prices from \$300-\$375 for pens 12x60 and larger. Arena, round pen, three tack rooms, wash rack, trailer parking. Horses fed grass mix or alfalfa twice daily. Boarders provide extras, we feed. Owner lives on premises. Contact: Carolyn, Centaurus Ranch, 505 474-0821.

NEED USED TWO-HORSE TRAILER

Looking for a used two-horse bumper pull stock trailer or light weight trailer. Call: Susan Kaz, 505 685-4745.

EQUINE PORTRAITS

Helen K. Garber is available to create a unique photographic portrait of your horse or you riding your horse. In sizes up to 10 feet wide. Can be printed on paper or fabric. Her work has been acquired by museum collections such as the Getty Museum, Los Angeles County Museum of Art, the Brooklyn Museum archives of the Venice Biennale and the Academy of Motion Pictures Arts & Sciences. Contact: Helen, 310 344-7883, www.helenkgarber.com (Helen K Garber Studio), mail@helenkgarber.com.

EQUINE BODY WORK

Susan Smith | Equine and human Ortho-Bionomy® powerful and effective therapeutic bodywork. Registered Instructor and Advanced Practitioner. Equine acupuncture massage, certified. Both in-person and online courses are offered. By appointment. Contact: Susan, 505 501-2478, info@susansmithsantafe.com.

BODYWORK AND MASSAGE

Sandy Benson offers Integrated Equine Bodywork and Massage, working with the whole horse to build trust, restore balance and release tension. Certified in Masterson Method since 2018, CST since 2005. Consider it an investment in wellness. Contact: sandybenson@earthlink.net, 505 920-2497.

MULE FOR SALE

She is six years old and halter broke. About 14.2 hands and in SF. For pictures, video and more info, contact: Jacqueline Fernandez-Quezada, 505 231-4105, jaramillojacqueline@gmail.com.



TIMOTHY HAY FOR SALE

Pam Rangel wants others to know that there is a hay supplier, Joe Martinez, who has Timothy for \$15/bale. If enough people in the SF area are interested, he could make arrangements to meet somewhere. Contact Joe directly, 505 270-7292.

ADJUSTABLE CRIBBING COLLAR FOR SALE

"Dare" brand-name cribbing control horse collar. One strap, adjustable on either side. Non-rust steel roller buckles, removable fleece collar. In excellent condition, bought last year and used for three months. It prevents cribbing, but not plain chewing! Purchased for \$104. Asking \$50. Email: smithcom@goldengate.net.



HORSE AND BARN CARE SERVICES

Do you need an occasional hand with horse care and/or barn chores? Whether you are out of town, entertaining guests or recovering from an illness or injury, I am a responsible and reliable horse woman available to help you. I can also help with house sitting, pet sitting (including overnights), dog walking and even hiking with your dog(s). Call, text or email for more info: meghans@tidewater.net, 207 356-7872. References available upon request.

BOARDING AT RANCHO MARIPOSA

15 minutes from Old Pecos Trail in the Eldorado area. Indoor arena, outdoor dressage and jumping arenas, access to trails. Training and instruction available. We welcome equestrians of all disciplines! Call or text Anna: 505 490-0990, info@mariposasantafe.com.

SANTA FE PONY CLUB

The Santa Fe Pony Club is looking for new members, volunteers and sponsors as the new year begins. The Club welcomes ages 5+ (adults too!). For more info: lindsaylechner@gmail.com, www.ponyclub.org.

HORSE-SITTER

Professional care of your equines and other pets while you are away. Extensive experience caring for horses, dogs, cats and other precious creatures. Experience as Animal husbandry instructor, beginner riding instructor, wilderness guide, wrangler and Ranch Manager. Contact: Laurie, 970 390-5597, thepoetlaurie@hotmail.com.

Training/Trainers

TERRY BERG TRAINING

Trainer offers lessons, training and show coaching, among others. Specialties include ranch riding, reining and ranch trail. Contact: sfcolores@sprynet.com, 505 473-4147.

LEGACY HORSE TRAINING

Training and a variety of scheduled events are offered year-round. They include round pen skills, obstacle and working equitation clinic and private horsemanship intensives, a horse camp, and more. Some events are provided in collaboration with Erin Calhoun, Pas de Cheval Horse Rescue. Contact: www.legacyhorsetrainingnm.com, Ginger, 505 690-1230, or Leela, 541 944-5216.

LINDSAY LECHNER EQUESTRIAN SERVICES

Currently accepting new lesson students ages 5 + on your horse or one of the lesson horses and horses in training, focused on Dressage basics, introduction to jumping, trail riding essentials in and out of the arena and fox hunting. We travel to local shows and other recognized competitions in NM and surrounding states. Rancho Mariposa and other locations in the Eldorado/Lamy area. For more info, contact Lindsay: 513 850-5839, lindsaylechner@gmail.com.

Clinics/Workshops/Events

CAMINO DE LOS BURROS ON SF PLAZA

This procession, Saturday, May 10, honors the contribution that burros have made to our history. Meet-up time is 8 am, at the St. Francis of Assisi Cathedral Basilica parking lot on Cathedral Place. The two-hour walk starts at 9 am and proceeds several blocks before returning to the lot. For more info: Jackie Fleming, skydogjackie@rocketmail.com, 505 490-0841; Eric Roybal, eric@bearcreekadventures.com, 505 757-6229. There is a \$25 fee for truck-trailer parking, so you must register before the event. Volunteers are needed!

JICARILLA APACHE NATION OPEN YOUTH RODEO

The Department of Youth is sponsoring the Jicarilla Apache Nation 5th Annual Department of Youth Open Junior Rodeo, Saturday, June 14 – Sunday, June 15, Little Beaver Rodeo Grounds, Dulce. Ages 6 & under to 15 - 19 years old. Barrel racing, pole bending, flag racing, and more. Cash prizes. For more info: Joyletta Vincenti or Jimmy James, 575 759-4313.

Note: The New Mexico Horse Council does a great job of posting fliers for shows, clinics and demos throughout the state at www.nmhorsecouncil.org. Go to News and then click on NMHC Newsletter. See a list of previous issues to view there. For events in the Southwest, see www.southwestequestrianevents.com.

Board and Committees

Officers of the Board

President	Howard Gershon	howard@reach-newheights.com	505 690-8433
VP	Lynn Allen	mlallendvm@gmail.com	505 595-4457
Treasurer	Ralph Larranaga	ralph@alphalangroup.com	505 470-2277
Secretary	Karla Lauritsen	karlauritsen@hotmail.com	505 286-3732
At-large	Leanne DeVane	leannedevane@gmail.com	505 469-1165
	David Lyles	lylesphoto@gmail.com	214 587-4789
	Ed Srsic	esrsic@gmail.com	415 305-3238

Partnerships	Howard Gershon	howard@reach-newheights.com	505 690-8433
Giving Program	Lynn Allen	mlallendvm@gmail.com	505 595-4457
Ridge Riders	Ed Srsic	esrsic@gmail.com	415 305-3238

Community Outreach	Leanne DeVane	leannedevane@gmail.com	505 469-1165
Programs	Karla Lauritsen	karlauritsen@hotmail.com	505 286-3732
	David Lyles	lylesphoto@gmail.com	214 587-4789

Advisors to the Board

Clinics	Carol Marthens	luminaryllamas@msn.com	214 662-9616
Communications/ membership	Karen Denison	redmule@kdt.net	505 469-2698

Newsletter	Sandra Smith	smithcom@goldengate.net	505 983-0144
At-large	Joyce Davis	bjmrkitty@gmail.com	505 490-5390

Website <http://www.NNMHA.org>
NNMHA Email contact@nnmha.org

NNMHA encourages and educates our members and the broader northern New Mexico community with regard to equine wellness and equestrian activities.

You are welcome to contact any Board member with questions or comments about NNMHA plans or activities. Board meetings are usually held each month, and members are invited to participate in Board meetings. Meetings may be online or in person. Please see phone numbers and emails for Board members.



*Love doesn't make the world go round.
Love is what makes the ride worthwhile.*

Franklin P. Jones

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