

To Whom It May Concern,

I am writing to you today to share the excellent experiences I have had these past 2 years sharing my classroom with Christy Jones. My first experience came at one of our district's back to school sessions. I learned more about myself and ways I could better manage stress and view the world through a clearer and more joyful lens. I was able to carry that with me to the new school year.

When I saw Christy was available to work at my school, I signed up right away! I learned from each of her lessons right along with my students. Her lessons are very well organized, student centered and always enhance our Social Emotional Learning goals and curriculum. Her slides are excellent and I have created a library for each week that I can draw from as I learn how to be an SEL leader for my students. It is a rare opportunity for a teacher to have the opportunity to see an expert in action and be able to participate, then implement this valuable curriculum. I have seen her curriculum benefit my students through better emotional regulation, enhanced problem-solving skills, positive friendship skills and a broader view of the world and acceptance of others. I could go on further, but I think my message is clear. **WE NEED THIS CURRICULUM IN OUR CLASSROOMS!** As we have more and more troubled students to support, this is another valuable tool to add to our toolbox.

In summary, Christy Jones is a leader in her understanding and implementation of her SEL curriculum. I feel it aligns with our district goals and values of creating and supporting the entire child. Please continue to fund her program.

Respectfully and Happily Submitted,
Sheri Castro
First Grade Teacher
Sumner Danbury Teacher



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Christy Jones provides invaluable support and guidance to my 5th-grade students by fostering holistic well-being and equipping them with essential life skills. In today's fast-paced world, where young minds face increasing academic pressure and social challenges, having a dedicated "coach" focusing on health and mindfulness can make a profound difference. By imparting knowledge about nutrition, exercise, stress management, and emotional regulation,

Ms. Jones empowers students to take charge of their physical and mental health. Through engaging activities and mindfulness practices, they cultivate self-awareness, resilience, and compassion, laying the groundwork for a lifetime of wellness. Additionally, Ms. Jones creates a safe and nurturing environment where students can openly explore their thoughts and feelings, strengthening their sense of belonging and self-confidence. Ultimately, the presence of Ms. Jones enriches the educational experience of 5th graders, fostering not only academic success but also personal growth and fulfillment.

Thank you for all that you do Christy!

Take care,
Jenny

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