Privacy Policy

Effective Date: July 29, 2025

Anchored Pediatric Mental Health

Grizelda M. Anguiano, M.D., PLLC

1. Information We Collect

We only collect personal information that you voluntarily provide, such as your name, email, or phone number, when you fill out a contact form, sign up for updates, or request more information about our services.

We do not collect personal health information (PHI) through this website. If you become a patient of Anchored Pediatric Mental Health, you will be asked to complete separate intake forms that are protected under HIPAA.

2. How We Use Your Information

We use the information you provide to:

- Respond to inquiries
- Send requested information or updates
- Improve our website experience

We will never sell or share your information with third parties for marketing purposes.

3. Cookies and Analytics

Our website may use basic cookies or analytics tools to help us understand how visitors use our site. These tools do not collect identifiable personal information.

You may disable cookies through your browser settings.

4. Data Security

We take data privacy seriously. Any information you submit through our website is transmitted securely and stored using standard data protection practices.

However, no internet-based communication is entirely secure. Please do not submit sensitive health information or urgent concerns through the website or contact forms.

5. External Links

Our website may contain links to third-party websites. We are not responsible for the privacy practices or content of these sites.

6. Your Choices

You may opt out of receiving any communications from us at any time by replying "STOP" to a message, or by contacting us at the email below.

7. Updates to This Policy

We may update this policy from time to time. The latest version will always be posted on our website with the effective date listed above.

8. Contact Us

If you have any questions about this privacy policy or how your information is handled, please contact:

Anchored Pediatric Mental Health 18838 Stone Oak Parkway, Suite 202 San Antonio, TX 78258

Email: dranguiano@anchoredtx.com

h Phone: 210-988-0210