## 2025 CLASS SCHEDULE

Sign Up To Reserve Your Spot on Punchpass > Leadership Academy. Punchpass.com/classes



WOMEN'S FITNESS

www.LeadershipAcademyInc.com/fitness

Monday 4:30pm Fitness Kickboxing

Tuesday 5:30pm Fitness Kickboxing

Wednesday 5:30pm Trim and Tone

Thursday 4:30pm HIIT Bootcamp

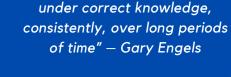
5:30pm HIIT BootCamp

6:30pm Trim and Tone

6:30pm Slow Burn & Balance

5:30pm Butts and Gutts





"Mastery is operating



For more details, visit our website. For inquiries, call (715) 358-3971 or email at garyengels@gmail.com or nikkiengels@gmail.com



Monday 6:00-6:45 Kids | 6:30-7:30pm Adults | 7:30 Live Training

6:00-6:45 Kids | 6:30-7:30pm Adults | 7:30 Live Training Tuesday

Wednesday 6:00-6:45 Kids | 6:30-7:30pm Adults | 7:30 Live Training

**Thursday** 6:00-6:45 Kids | 6:30-7:30pm Adults | 7:30 Live Training



## FAMILY TAEKWONDO

5:30-5:55pm Sparring/Forms

5:30-5:55pm Sparring/Forms

5:30-5:55pm Sparring/Forms

5:00-5:30 Family Class | 5:30-5:55pm Sparring/Forms





## **LEADERSHIP EDUCATION**

www.Legacy-Missions.com

Leadership Loops: Free Daily Habit Challenge - www.Leadership-Loops.com

Legacy-Missions "Mission Method" For Creating Remarkable Young Leaders Online Family Leadership Curriculum - Train At Your Own Pace - Earn Challenge Coins!



