

# THE WORLD PLATFORM



CHALLENGE

## Soulful Journeys, The Revealing – The Challenge

### 12 Statements for creating a Master Frequency

Focus on each Statement for 5 minutes, out loud or in silence, eyes closed or open. Over 12 days they create a **Master Frequency**, working like a transformation engine by connecting your physical mind to your Higher Mind.

Day 1: I am present

Day 2: I build to sustain

Day 3: I think to understand

Day 4: I feel to connect

Day 5: I shine to lead

Day 6: I analyze to improve

Day 7: I balance to harmonize

Day 8: I desire to transform

Day 9: I seek to inspire

Day 10: I organize to implement

Day 11: I challenge to renew

Day 12: I believe to transcend



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A reflective practice by **The World Platform** — Master Frequency.