

Barbara Boldt

Executive Communication Coach | Speaker

About Barbara

With over 25 years of experience working with professionals across 35+ countries, Barbara Boldt is a sought-after executive communication coach who helps leaders speak clearly, confidently, and with cultural awareness—especially when the stakes are high.


Whether your listeners are seasoned executives, high-potential leaders, introverts, or cross-cultural teams, Barbara brings compelling insights and actionable takeaways that inspire confidence and elevate leadership presence.

Suggested Topics

- Why it's important to know the difference between informing and persuading.
- Presence over Perfection: How to sound real, not rehearsed.
- How Emotional Freedom Techniques Can Be Used to Decrease Anxiety and Fear of Public Speaking
- Clarity over Complexity: How technical experts can communicate and connect with non-experts.
- The secret that allows introverts to be more comfortable speaking up.

Barbara brings practical tools, real stories, and a warm, no-nonsense delivery style that hosts and listeners alike can relate to. If your show explores leadership communication, professional growth or all three, Barbara would love to be a guest!

 Media-ready for: Audio / Video / Remote Recording

 Willing to promote to her engaged professional audience on LinkedIn and newsletter

Suggested Questions

- What gets in the way of clarity, even for smart, capable leaders?"
- "How do I talk about my accomplishments without sounding arrogant?"
- "How can introverts thrive in leadership conversations?"
- "How can trust be built quickly when leading across cultures?"
- "What happens if body language doesn't align with the verbal message?"



Connect with Barbara

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