

Our Independent Living Apartments feature expansive, light-filled floor plans with full kitchens and modern conveniences. Your Independent Living rent will include:

- A daily Continental Breakfast
   Scheduled transportation\*
- A restaurant-style noon meal
   All utilities included, except prepared on site and served in our dining room daily
- Evening/Guest Meal available Cable television for purchase
- Emergency response pendant system

- phone
- Internet
- Washer/dryer and dishwasher in your apartment
- Individually-controlled

heating and cooling

- Access to all community events and amenities
- Concierge-style services
- Weekly 1/2 hour light housekeeping

If you don't care to cook, an evening meal is available a la carte. Attached and detached garages are also available for Independent Living residents who would like to keep their car out of the elements. There is plenty of free outdoor parking as well.







Cedar — 1 Bedroom, 1 Bath. 714 sq. ft.





Cottonwood — 1 Bedroom, 1.5 Bath. 764 sq. ft.





Birch — 1 Bedroom, 1.5 Bath w/Den. 871 sq. ft.





Birch II — 1 Bedroom, 1.5 Bath w/Deck. 871 sq. ft.





Cypress — 1 Bedroom, 1.5 Bath w/Deck. 941 sq. ft.





Alder — 2 Bedroom, 2 Bath. 1,016 sq. ft.





Alder II — 2 Bedroom, 2 Bath w/Deck. 1,016 sq. ft.



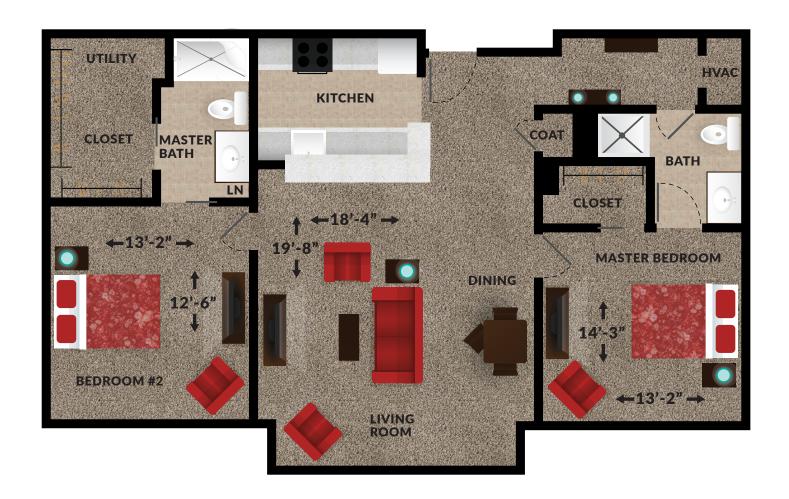


Dogwood — 2 Bedroom, 2 Bath. w/Deck. 1,170 sq. ft.





Hickory — 2 Bedroom, 2 Bath. 1,248 sq. ft.





### **Short-Term Rehab**



#### Why rehab with us?

- Everything revolves around the resident and their personal well-being
- Private rooms
- Calm relaxing environment in which to rehab
- Medicare approved & certified
- Physical Therapy,
   Occupational Therapy and
   Speech Therapy available 5
   days a week
- Therapy goals tailored to the specific needs of each individual
- Advanced Registered Nurse Practitioner available weekly

- Spa with whirlpool tub and fireplace
- Complimentary transportation to medical appointments within Ames
- CNA's and RN/LPN coverage 24/7





# **Long-Term Care**



We have a comprehensive approach to nursing and rehabilitation care, preserving every resident's dignity and respecting their wishes while offering medical care. In addition to our community amenities, we offer:

- Resident centered/directed care
- 24 hour skilled nursing care
- Private and enhanced semiprivate rooms
- Cable television, telephone, and internet
- Electronic medical charting

- SPA room
- Chaplain services
- Laundry and housekeeping
- Dietary consultation services
- Personalized care plan
- HDTV mounted in each room
- Enclosed courtyard

- Complimentary transportation to Medical appointments within Ames
- Social services and activities
- Rehabilitation services

Northridge Village offers rehabilitation and skilled care to those who require nursing help. We approach Skilled Nursing Care and Long Term Care with the same level of service, compassion and respect for the individual that we deliver in Independent Living and Assisted Living.





### Healthcare

#### **Private**

1 Bedroom, 1 Bath. 308 sq. ft.



**Enhanced Semi-Private** 1 Bedroom, 1 Bath. 526 sq. ft.





## **Assisted Living**



Assisted Living offers a higher level of service and support for Residents who need help with some Activities of Daily Living. In addition to the community amenities included with Independent Living, a monthly all-inclusive service fee for Assisted Living will include:

- Medication administration
- Assistance with bathing and dressing if needed
- Three restaurant-style meals per day plus snacks
- Care overseen by licensed nurse
- Accompaniment to meals and activities if needed
- All utilities except telephone
- Cable television and Internet
- Weekly housekeeping and linen service

- Emergency call system monitored 24/7
- Community events and concierge-style service
- Transportation to medical appointments and community outings

The monthly fee for Assisted Living is an all-inclusive price, to take the guess work out of your monthly bill. Please ask for a list of our pre-admission criteria.







### **Assisted Living**

1 Bedroom, 1 Bath. 553 sq. ft.

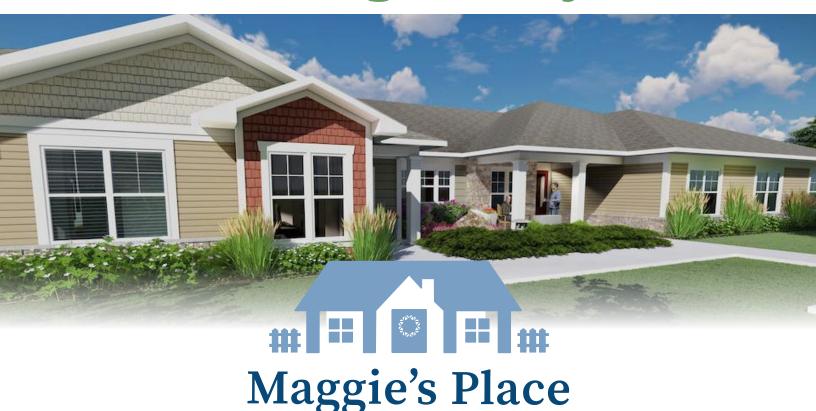


2 Bedroom, 2 Bath. 808 sq. ft.





# **Assisted Living Memory Care**



AT NORTHRIDGE VILLAGE

Maggie's Place is designed to feel like a cozy home featuring sixteen bedrooms, each with a private bathroom. There are spaces to gather, socialize and relax with family and friends. Maggie's Place is designed to simulate the comfort, sounds, smells and feeling of home that engage our residents' long-term memories. Residents will be encouraged to bring their own special pictures and treasures to help with their joy and contentment. Our trained and tenured Life Services Coordinators will oversee the many differing needs of our residents, ensuring medication management, promoting creative engagement and providing nourishing meals with patience, kindness and, above all, compassion.

- · Safe environment with secured doors and fenced courtyard
- Staff members with specific Alzheimer's and memory care training
- · Three nutritious meals a day plus snacks
- · Group and individualized activities

- · Assistance with bathing, grooming and dressing
- Medication administration under nurse supervision
- · Laundry and housekeeping services
- Barber/Beauty Salon services available
- · Consultation with physicians and other care providers

### alzheimer's 95 association

We are a proud sponsor of the Iowa Alzheimer's Association and Walk to End Alzheimer's



# ASSISTED LIVING Memory are

#### **MEMORY CARE FLOOR PLAN**





1 BEDROOM, 1 BATH 245 sq. ft.

