Episode 2

VICTOR RANCOUR: FROM WRENCHES TO RICHES, A GUIDE TO BREAKING YOUR OWN GLASS CEILING!



"We're all so much more complex than a one word label."

AMIEE BALL

Episode Highlights, Y'all!

- 1. **Zero to HVAC Hero...** how did he do it with the bruises and bumps?
- 2. Ever worked a dead-end job and thought that's it? Victor Rancour did, but spoiler alert: he's now the freaking HVAC king!
- 3. Competition Isn't Just a Game, It's a Lifestyle
- 4. **Double-Edged Sword of Success**: Victor didn't just play the game, he changed the damn rules. And you can too.
- 5. Success isn't all shiny objects and rainbows; Victor tells us why your ego can be your worst enemy or your best friend. Guess what, it's your choice.

Your Action Steps:

| | Jot down your lowest point, that "pit of despair" moment. The one where you felt your dreams got flushed down a shitty toilet? Write it down, and stare it in the face. This is your villain origin story, babe. |
|---|--|
| 2 | Put Your Ego on a Leash: No, seriously. Egos are like Chihuahuas—tiny but capable of monumental damage. Write down an instance when your ego threw you under the bus. Now, jot three ways you can kick its butt into submission next time. |
| 3 | Note down the top 3 competitors in your field. Now find one thing each of them sucks at. How can you do it better? Plot your world domination right here, right now. |
| 4 | Hunt down your last 'shiny object.' Got it? Now scrawl in capital letters next to it, "NOT TODAY, SATAN!" Focus is your samurai sword. |
| 5 | Make a list of people who always agree with you. Then, mark out at least one cause they're fluffing your ego and clouding your vision. Trade one 'yes-man' for a brutally honest critic this week. |
| | |

TAG ME ONLINE AND TELL ME WHAT YOU'VE LEARNED

- facebook.com/AmieeBall
- (O) @amiee_ball
- @AmieeBall
- @amiee_ball
- in linkedin.com/in/amieeball/

LISTEN TO THE SKELETONS FROM THE CLOSET PODCAST ON APPLE, SPOTIFY, AND WHEREVER YOU LISTEN TO PODCASTS





