

# SAMMYWICHES

(Oven Toasted)  
6 oz. meat

**12.49**

## FATHER CARMINE

all white meat chicken, crisp apples, raisins, grapes, and mayo topped with romaine lettuce on a croissant or lettuce wrap (served cold)

## CAPRESE

fresh mozzarella, homemade pesto, spinach, tomato, topped with fresh basil on focaccia bread

# WRAPS

(Cold Or Panini Pressed)  
(12" WRAP - GF Available 2.00)

**11.99**

## TURKEY WRAP

turkey breast, crispy bacon, avocado, onion, tomato, lettuce, parmesan aioli

## CAESAR WRAP

grilled chicken, romaine lettuce, diced tomatoes, parmesan cheese, and caesar dressing

## (v) HUMMUS VEGGIE WRAP

hummus, quinoa, tomatoes, cucumber, feta cheese and romaine lettuce

## BUFFALO CHICKEN WRAP

spicy grilled chicken, avocado, romaine lettuce, bleu cheese

## CALI CLUB CHICKEN WRAP

grilled chicken, bacon, mango, romaine, tomato, lime juice, avocado in a spinach wrap

# POWER BOWLS

**10.99**

## THE HULK

kale, spinach, quinoa, edamame, sliced apple, almonds, feta, balsamic vinaigrette

## IRON MAN

quinoa edamame, spinach, kale, grape tomatoes, hummus, cucumber, kalamata olives, feta, lemon garlic dressing

# SALADS

Our dressings are homemade!

**11.99**  
w/CHKN 4.50  
1/2 2.75

## POPEYE

baby spinach, bacon, sliced eggs, red onions, grape tomatoes, kalamata olives, croutons, creamy honey mustard

## OLIVE OIL

baby spinach, bacon, candied pecans, parmesan cheese, diced mango, raisins, poppy seed dressing

## CAESAR SALAD

fresh Romaine lettuce, parmesan cheese and croutons with caesar dressing

## WHEN in ROME

Romaine, tart apples, strawberries, red onion, candied pecans, crumbled bleu cheese, creamy balsamic vinaigrette

## GREEK

Romaine, English cucumbers, grape tomatoes, red onion, beets, Kalamata olives, feta, lemon vinaigrette

## BRUSSEL SPROUT SALAD

shaved brussel sprouts, bacon, dried cranberries, crushed pistachio, parmesan cheese with maple sesame vinaigrette



VEGGIE CUP \$4.99

## SIDE SALAD

Caesar When in Rome Greek



the **DAILY BLEND** cafe

6785 23 Mile Rd.  
Shelby Twp., MI 48316  
located in Revolution Gym

*Tired of Cooking?*  
We do Catering  
We offer Meal Preps

**586-930-4810**

Order Online  
DailyBlendCafe.com

## WINTER HOURS

Monday - Friday  
6am - 6am

Saturday  
6am - 3pm

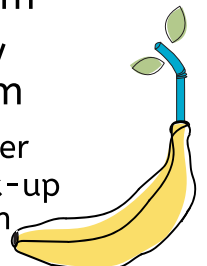
Closed on Sunday

## SUMMER HOURS

Monday - Friday  
6am - 8pm

Saturday  
6am - 6pm

Online Order  
Curbside Pick-up  
Door Dash



# COFFEE

small 2.79 medium 2.99 large 3.19

## BREAKFAST BLEND

### PEANUT BUTTER CRUNCH

# OATMEAL

steel cut oats  
3.99

steel cut oats with berries  
and honey drizzle  
4.99

steel cut oats with peanut butter  
drizzle, dark chocolate chips,  
banana or strawberry slices  
4.99

# HIPSTER TOAST

(CHOICE OF EZEKIEL BREAD  
OR NINE GRAIN BREAD)

5.49

## THE EGG-STRODANARY

toast topped with sliced hard  
boil egg, avocado, olive oil,  
lemon juice, pepper

## BANANA BEE BUTTER

toast topped with almond  
butter, banana, honey,  
cinnamon

## THE MEDITERRANEAN

toast topped with avocado,  
cucumber, feta cheese,  
balsamic glaze

## PISTACHIO TOAST

toast topped with avocado,  
crushed pistachios, drizzled  
with honey, salt & pepepr

# BREAKFAST WRAPS

(6" WRAP) GF \$1.75

## ALL AMERICAN

frittata omelette, ham, bacon,  
cheddar cheese, green pepper,  
red pepper, sriracha aioli  
6.49

## HUMMUS & EGG

hummus, avacado,  
hard boiled egg,  
quinoa, feta  
6.49

## CHICKEN AVOCADO

chicken, avocado, feta,  
spinach, tomato, garlic,  
sea salt  
6.49

## THE MEATLESS

hardboiled egg, avocado,  
cheddar, tomato, olive oil,  
sea salt, black pepper  
6.49

## CHICKEN BLT

crispy bacon, grilled chicken,  
cheddar cheese, tomatoe, lettuce, mayo  
6.99

# YOGURT PARFAIT

4.99

vanilla yogurt, granola,  
blueberry, strawberry



# SMOOTHIES

7.99

**PLAIN JANE**  
strawberry, banana  
protein

**JANE'S SISTER**  
strawberry, banana, spinach  
protein

**TWISTED SISTER**  
spinach, strawberries,  
banana, chocolate, protein

**MANGO BREEZE**  
mango, pineapple, banana,  
coconut milk, protein

**MANGO & CASH**  
mango, pineapple, banana,  
kale, spinach, protein

**ELVIS**  
peanut butter, banana,  
chocolate chips, protein

**PRISCILLA**  
almond butter, dates,  
honey, banana, protein

**PINK DRAGON**  
strawberries, cucumber, mint,  
watermelon puree, lemon  
juice, banana, protein

**HARV GOTTI**  
peanut butter, vanilla whey  
protein, oats, banana, cinnamon,  
almond milk

**BANANA SPLIT**  
banana, pineapple, strawberry,  
chocolate, peanut butter, protein

**PB & J**  
strawberry, cranberry,  
peanut butter, banana  
protein

**COCOA BEAN**  
black beans, chocolate,  
espresso, vanilla yogurt,  
banana, protein

**TRIPLE BERRY OAT**  
strawberry, blueberry,  
cranberry, banana, flax seed,  
whole grain oats, protein

**CREAMSICLE**  
orange puree, fresh orange,  
yogurt, banana, protein

**CALYPSO BREEZE**  
pineapple, coconut and  
banana, strawberries,  
mango, protein

**THE BEET GOES ON**  
beets, blueberry, pineapple,  
banana, yogurt, protein

**BLUEBERRY SMASH**  
blueberry, banana, pineapple,  
coconut milk, lime, protein

**BANANAS FOSTER**  
banana, espresso, caramel,  
cream, almond milk, protein

# GREEN SMOOTHIES

7.99

**I DREAM of GREENIE**  
celery, cucumber, spinach,  
lemon, banana, protein

**WANNA BE GREEN**  
kale, spinach, pineapple,  
banana, kiwi, protein

**GREEN MACHINE**  
green apples, spinach,  
kale, banana, lime,  
raw honey, protein

**GREEN GLORY**  
avocado, spinach, cucumber,  
green appple, banana, protein

**SUPER VERDE** 8.99  
immune boost vitamins, vegan protein  
wheat grass, ginger, green apple,  
spinach, kale, banana