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MODULE 8 Bread and Circuses

VIDEOS

Bread + Circuses [3:12]

https://www.youtube.com/watch?v=l5RUW6X-Pb4

mind control

Roseanne Barr on mass media mind control [:40 - 1:40]

https://rumble.com/v2umfl4-whats-gonna-happen-pretty-soon-roseanne-explains-predictive-programming-see.html

distraction

Biden medal of honor faux pas [:40] https://www.youtube.com/watch?v=Rdk3gc7nV-0&ab_channel=NewYorkPost

Biden medal of honor faux pas SPIN [1:08 - 2:00 minutes] https://www.youtube.com/watch?v=HikNKjd30Eg&ab_channel=ForbesBreakingNews

No Agenda/Tucker on "birthing people" [1:04:40 - 1:06:20] https://podverse.fm/clip/WWcBtgdzdjd [also, weaponization of words]

glittering generalities

ad compilation [1:02]

https://www.youtube.com/watch?v=POKD9N3RL8g

beautiful people/trusted leader

Olivia Rodriguez at White House [1:34]

https://www.youtube.com/watch?v=60ltdYXPiGA

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Dylan Mulvaney goes to the White House [2:35]

https://www.dailymail.co.uk/video/news/video-2804009/Transgender-influencer-Dylan-Mulvaney-visits-White-House.html

inspiration

Where are you focusing your sacred attention? PSA animation [1:36] https://youtu.be/b_kyKdS93Co

PONDER/DISCUSS

- What stories in our current news cycle are functioning as distraction? What do you think they are attempting to distract us from?
- Some say that our attention is our most valuable currency. Why do you think that is?
- Where are your focusing your attention on things that make you feel sad, scared, angry or less than? What is inspiring you to focus your attention in these ways? Do you think these feelings are optimizing you? On what things are you focusing your attention that uplift you? What would it take for you to put your attention on the uplifting things over the bummer things?