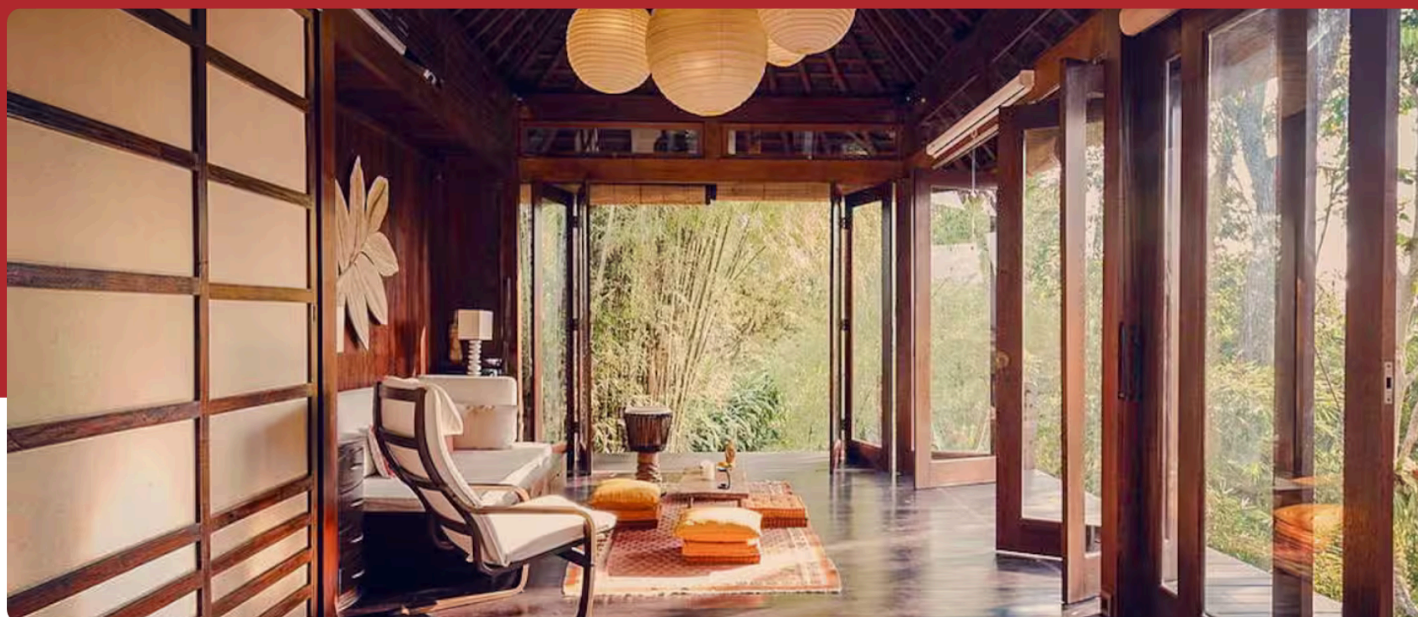


Organized by: The Clinic Project Winnie

CLINIC OWNERS RETREAT

Ubud, Bali
22nd- 26th July 2026
5 days 4 nights



The Clinic Project Bali Retreat 2026

22–26 July 2026 | Ubud, Bali

Five days, four nights. Strategy. Creativity. Connection. Rest.

A five-day immersion for women clinic owners ready to break patterns, build something meaningful, and create from a place of clarity, not chaos.

Because sometimes the next level of your clinic doesn't come from another spreadsheet, another hire, or another online course.

It comes from space.

From stepping away long enough to think differently, question the rules, and make something you're proud of.

You'll bring a project that matters (your new offer, a book, PR plan, course, or system). We'll bring structure, support, and creative strategy to help you *build it*.

Retreat Overview

- **Location:** Private villa in Ubud, Bali — exact location TBC, most likely the one in the photo, or equivalent. Quiet, in the middle of rice fields or bushes. Back to nature.
- **Capacity:** Intimate group (max 15 women including Winnie and Cohost).

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Preliminary Schedule

You'll have time to learn, think, create, and breathe.

The days blend teaching, deep work, and grounding rituals designed to recharge your nervous system while reigniting your business vision.

Day	Theme	Schedule & Highlights
Day 1	Anchor	Settle in. For those who arrive on Tues, you can relax. 3:00 PM – Connect 4:00 PM – Workshop 1 - Mid Year Growth Strategy 5:30 PM – Sunset Yoga 7:00 PM – Dinner at villa
Day 2	Foundation	7:30 AM – Breakfast 9:00 AM – Workshop 2 - Marketing Plan 11:00AM – Workshop 3 - Innovation & AI 12:30 PM – Lunch at villa 2:00 PM – Deep Work Block #1 5:30 PM – Breathwork 7:00 PM – Dinner at villa
Day 3	Momentum	7:30 AM – Breakfast 9:00 AM – Workshop 4 - Guest - Awards & Personal Brand 12:30 PM – Lunch at villa 2:00 PM – Deep Work Block #2 5:30 PM – Massage 7:00 PM – Dinner out at local restaurant
Day 4	Immersion	7:30 AM – Breakfast 9:00 AM – Deep Work Block #3 12:30 PM – Lunch at villa 2:00 PM – Cultural Immersion 7:00 PM – Dinner at villa
Day 5	Closure	7:30 AM – Breakfast 9:00 AM -- Deep Work Block #4 10:30 AM – Intentions 12:00 PM – Departure



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The Experience

This retreat is about creating the work only *you* can do. For the woman who's ready to stop circling the same ideas and start moving the needle in business, and in herself.

It's about breaking patterns, speaking truth, taking action before you feel "ready," and leading even when it's uncomfortable. You cannot do that until you have the space to breathe and reflect.

You'll dig into the work that actually matters, the projects that have been waiting for your full attention, and reconnect with the part of you that's curious, creative, and courageous.

Because when you expand yourself, your business follows. When you do the inner work, you make space for the next evolution of your clinic and your life.

Across five days in Bali, you'll slow down enough to think clearly, plan strategically, and finally bring those ideas to life. It's part strategy immersion, part creative lab, and part personal reset, designed for clinic owners who want to step back, reconnect with their purpose, and return home with something real to show for it.

I'll be delivering workshops on Day 1 and 3, and there will be a guest facilitator for Day 2- someone I trust to bring fresh perspective and challenge your thinking. Every speaker I invite to The Clinic Project community adds depth, diversity, and possibility to the room.

Staying in Ubud Center

Nestled in over half a hectare of lush tropical gardens and jungle, our villa offers a serene and private retreat in the heart of Ubud. A spacious and elegantly designed sanctuary with a collection of 4 unique villas, and 7 individual houses, all in one complex, offering both privacy and communal gathering spaces. With its open-air living areas, private verandahs, and lush surroundings, it's the perfect setting for group retreats, family reunions, or special gatherings.



We will be 5 mins away from Ubud Center, which means we can duck out to go around Ubud easily anytime. Ubud has so much to offer, shops, restaurants, temples, there is an abundance of options if we want to explore around.

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Investment

Shared Room: \$2800 +GST (Twin beds, not shared beds)

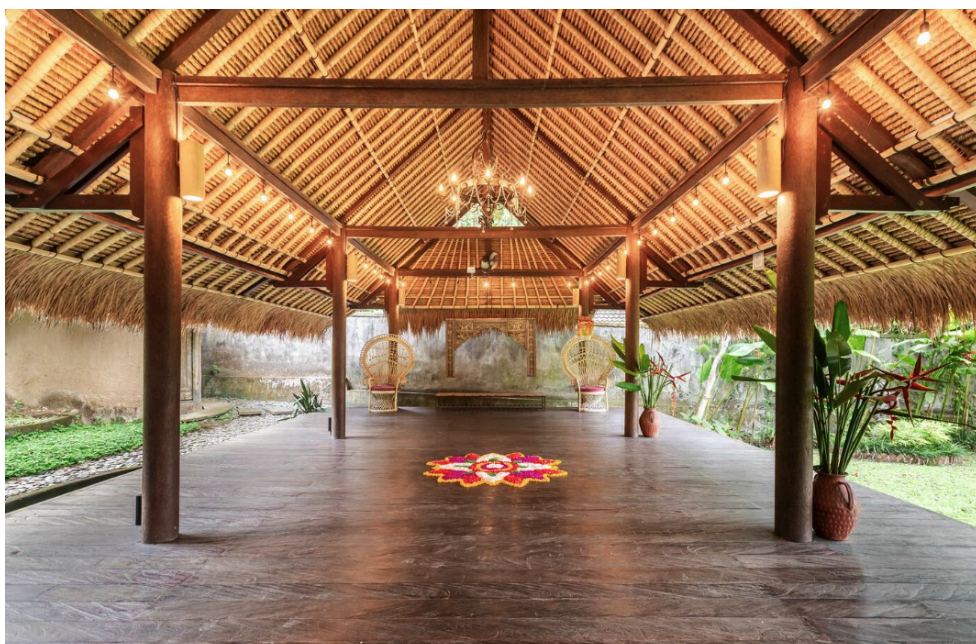
Private Room: \$3550 +GST

Extra night Tuesday 21 July - \$280 add on. Arrive early, settle in, and enjoy an extra night in paradise before the retreat begins. Includes breakfast.

If you're sharing, I'll personally match you with someone you'll genuinely enjoy spending time with, aligned in energy, pace, and intention.

Inclusions

- **Accommodation** — Wednesday to Sunday (4 nights).
If you'd like to arrive early on Tuesday, let me know as soon as possible. We can arrange an extra night at a discounted rate, subject to availability.
- **All Meals** — From Wednesday to Sunday 12 PM.
- **Workshops and Activities** — Yoga, breathwork, cultural experience, and strategy workshops, carefully curated to balance personal restoration with business growth.
- **Massage** — One massage per person included during your stay.
- **Airport Transfers** — Group transfers for Sunday departures (2–3 PM) are included. The journey back to Denpasar Airport can take up to three hours, so this timing accommodates evening flights. If you require airport transfers on Tuesday or Wednesday arrivals, these can be arranged at an additional cost. Taxis and private drivers are also easily available; the trip from Denpasar to Ubud typically takes around **one hour**, depending on traffic.
- **Coaching & Support** — Five days of access to Winnie and our guest expert for workshops, deep conversations, and creative strategy. You'll also have opportunities for 1:1 coaching and brainstorming throughout the retreat.



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Exclusions

To help you plan and budget with clarity, here are the things *not* included in your retreat package but worth considering

- **Travel insurance** — Strongly recommended for peace of mind in case of flight changes, delays, or medical needs.
- **Extra accommodation nights** — Optional Tuesday arrival or post-retreat stay (limited availability, book early).
- **Alcoholic beverages or meals outside the program** — Our package includes all daily breakfasts, lunches, and dinners except where otherwise noted.
- **Massages or pampering treatments** — Ubud is famous for its wellness scene, from \$20 local spas to premium experiences. Treatments can also be arranged at our villa for a very reasonable cost.
- **Scooter hire or transport** — Scooters are the fastest way to get around Ubud. You can also use Grab or Gojek (Indonesia's Uber) for quick, low-cost rides.
- **Personal spending** — Souvenirs, café visits, laundry, or anything outside scheduled activities.
- **Airport transfers outside group times** — If your flight times differ from the group schedule, private transfer costs apply.

Would you like to join us?

If you'd like to secure your spot, a **\$600 deposit** is required. This confirms your room and your place in the circle. Full payment required before 1st March. Thank you!

Once the venue is confirmed within the next few weeks, I'll reach out to let you choose your room configuration and confirm the payment plan/ balance for the remaining amount. I allow for weekly payment to make it work for your cashflow. I do not want cashflow to be the limiting factor. The experience is well worth it!

P.S Bali air tickets are CHEAP NOW. Book early.

Closer to date, you'll receive a welcome pack with retreat prep details, travel guidance, and a few reflection prompts to get you thinking before we meet in Bali.

The clarity, creativity, and connections that come out of these five days will keep working long after you're home.

See you in Bali,

Winnie x

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