

WALKING TOGETHER FOR CULTURAL SAFETY

A Thrive Stars and Yakuway Introductory Workshop Experience

Create Connection. Share Stories. Foster Belonging.

Do you want to:

- ☒ Feel confident with a deeper understanding of cultural safety and its impact on mental health in your workplace?
- ☒ Inspire others as a great storyteller in how you create genuine connection and compassion?
- ☒ Align individual and team stories with organisational values?

ABOUT THIS WORKSHOP

This interactive, artful workshop blends Aboriginal cultural wisdom with modern storytelling frameworks to build stronger, more culturally safe workplaces. Through personal storytelling, creative expression, and shared dialogue, participants will explore how identity, inclusion, and wellbeing intersect to shape a healthy, empowered workplace culture.

Whether you're a frontline worker or senior leader, this experience invites you to walk together—sharing stories, deepening empathy, and discovering what true belonging looks like at work.

Bookings Now Open

For post-luncheon delivery or standalone half-day workshops. Let's walk together, share our stories, and shape a more inclusive future.

Investment: \$

✉ **Alexandra Joy** aj@alexandrajoy.com.au

🌐 www.thrivestars.com.au/workshop

WHO IT'S FOR:

Organisations looking to deepen inclusion, cultural safety, and psychological wellbeing—from the inside out.

FACILITATED BY:

The **Thrive Stars** team in partnership with Aboriginal-led facilitators from **Yakuway Indigenous Corporation**.

WHY IT MATTERS

“*Storytelling reconnects us to our humanity. Cultural safety ensures every voice is heard and honoured. Together, they build workplaces where people thrive.*”

Research shows:

- ☒ Employees with a strong sense of **belonging** experience better mental and physical health
- ☒ Storytelling reduces stigma and builds **psychological safety**
- ☒ Culturally safe practices lead to **increased retention, empathy, and team connection**

