Terms of Reference (ToR)

Thriving Together – Hunter
A Wellbeing Alliance for the Lake Macquarie, Newcastle & Hunter Region

Review Date: July 2026

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1. Purpose

Thriving Together – Hunter is a cross-sector alliance working group to improve community and organisational wellbeing in the Hunter Region. It seeks to foster collaboration, align strategies, and amplify both efforts and outcomes across health, education, government, business, and community sectors to support a thriving, resilient, and equitable region.

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2. Vision

A Hunter Region where all people, workplaces, ecosystem and communities can thrive—physically, mentally, socially, culturally, and economically.

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3. Objectives

1. **Collaborate** across sectors to develop shared wellbeing goals.

2. **Advocate** for policies and systems that support holistic wellbeing.

3. **Support** culturally safe and inclusive wellbeing practices, particularly for First Nations communities.

4. **Align** with regional, state and federal strategies (e.g., PHN, NSW Health, local councils).

5. **Measure** progress using shared data, community voice, and organisational feedback.

6. **Prioritise** and address areas and/or sectors of greatest need

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4. Membership

Open to representatives from:

1. Health and mental health services

2. Local councils and state agencies

3. Aboriginal community-controlled organisations

4. NGOs and charity organisations,

5. Schools, and higher education

6. Private sector employers

7. Lived experience and community leaders

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5. Governance

1. **Convenor:** Rotating annually or held by a founding member organisation

2. **Steering Group:** Up to 10 cross-sector members to guide priorities

3. **Meetings:** Quarterly, with working groups as needed

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6. Principles

1. Partnership and co-design

2. Inclusion, equity, and cultural safety

3. Transparency and data-informed action

4. Strength-based and place-based approaches

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7. Initial Focus Areas (2025–2026)

1. Workforce wellbeing in care and health sectors

2. Place-based approach to mental health collaboration

3. Digital tools and data for tracking wellbeing

4. Youth and First Nations wellbeing partnerships