

tot or Cold CerealHot o	Sunday (Day 1)	Monday (Day 2)	Tuesday (Day 3)	Wednesday (Day 4)	Thursday (Day 5)	Friday (Day 6)	Saturday (Day 7)
tot or Cold Cereal Hot or Cold Cereal Cheese Ornelet French Toast Sticks   Vuttermilk Biscuit Bacon Cinnamon Coffee Cake Sausage Patty Fruit of the Day Breakfast Biscuit Banana Bread Square Margarine/Syrup   Milk/Beverage Margarine/Jelly Milk/Beverage Seasoned Butternut Squash Mastania Seasoned Butternut Squash Turkey Gravy Scallopd Potatoes Sweet Potato Wedges (A) Broccoli (A)	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
bausage Gravy buttermilk Biscuit Tuit of the Day huttermilk Biscuit Tuit of the Day Margarine/Lelly Milk/BeverageDenver Omelet Bake Cinnamon Coffee Cake Margarine/Syrup Milk/BeveragePancakes Sausage Patty Margarine/Syrup Milk/BeverageCheese Dreelet Cheese Dreelet Fruit of the Day Milk/BeverageFrench Toast Sticks Sausage Patty Margarine/Syrup Milk/BeverageCheese Ornelet Breakfast Hash Brown Patty Banana Bread Square Margarine/Syrup Milk/BeverageFrench Toast Sticks Sausage Patty Milk/BeverageLunchLunchLunchLunchLunchLunchLunchLunchLike Plat Cheese Totellin WAITredo Sauce Tossed Salad/Dressing ChereadBreaded Pork Chop Seasoned Buttemul Squash Milk/BeverageRoast Turkey Mased PotatoesMeatloaf Sauteed Zucchin & OntonFrait Sauce Sauteed Zucchin & OntonsButtered Pasta Borned MargarineInter Edward Vegetable Inter Edward Vegetable Hot Spiced ApplesPineapple Crisp (FR) Milk/BeverageMixel Vegetables Egg Salad on Croissant Blande Brownie Milk/BeverageSauteed Zucchin & Ontons Milk/BeverageDenser Milk/BeverageCheese Pres Milk/BeverageCheese Pres Cherry Gelatin with Pears (FR) Milk/BeverageDinnerDinnerDinnerDinnerDinnerDinnerDinnerDinnerDinnerDinnerDinnerDinnerDinnerRote Carke (Ilk/BeverageRead/Margarine Hilk/BeverageFreid Carrots (A) Milk/BeverageBead Checken MargarineBead Stick Gelatin Proke Cake Milk/BeveragePeas & Carrots (A) Milk/BeverageBead	Assorted Juice (FR)	Assorted Juice (FR)	Assorted Juice (FR)	Assorted Juice (FR)	Assorted Juice (FR)	Assorted Juice (FR)	Assorted Juice (FR)
Autore LanchChesse Breakfast BiscuitChesse Breakfast BiscuitFruit of the Daytruet of the DayToastMilk/BeverageMargarine/SyrupMilk/BeverageBreakfast Hash Brown PattySusage PattyMilk/BeverageMargarine/JellyMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageUnchLunchLunchLunchLunchLunchLunchKitee PilafCheese Tortellini w/AlfredoBreaded Pork ChopRoast TurkeyMeetloafFish & Cheese SandwichSwedish Meatballs w/GraStoce PilafGarlic BreadPeasTurkey GravyScalloped PotatoesSweet Potato Wedges (A)Bread/MargarineHilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageBread/MargarineMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageDinnerDinnerDinnerDinnerDinnerDinnerDinnerDinnerDinnerDinnerDinnerDinnerDinnerDiotad WedgesAu Gratin PotatoesButered Carots (A)Macaroni SaladBaked Chicken MarinaraToseed Salad/DressingChicken TendersTosted CakeMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal
BaconCinnamo Coffee CakeSausage PatryFruit of the DayBreakfast Hash Brown PatrySausage Patryruit of the DayToastMargarine/JellyMargarine/SyrupMilk/BeverageMilk/BeverageMargarine/SyrupMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/Beveragethe LunchLunchLunchLunchMutorMutortreaded Chicken BreastCheese Tornellini wAlfredoBreaded Pork ChopRoast TurkeyMeatloafFish & Cheese SandwichSwedish Meatbalis WGraScheer ParadeGarile BreadeBreaded Pork ChopRoast TurkeyMilk/BeverageSeasoned Butternut SquashMashed PotatoesBrown GravyTartar SauceButtered PastaScheer ParadeGarile BreadPeasTurkey GravyScalloped PotatoesSweet Potato Wedges (A)Brocad/MargarineVince Edward VegetableHot Spiced ApplesPineapple Crisp (FR)Miked VegetablesSauteed Zucchini & OnionsCole SlawBread/MargarineMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageVince Edward VegetableHot Spiced ApplesPineapple Crisp (FR)Milk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageBionerBione ToinerDinnerDinnerDinner <t< td=""><td>Sausage Gravy</td><td>Scrambled Eggs</td><td>Denver Omelet Bake</td><td>Pancakes</td><td></td><td>Cheese Omelet</td><td>French Toast Sticks</td></t<>	Sausage Gravy	Scrambled Eggs	Denver Omelet Bake	Pancakes		Cheese Omelet	French Toast Sticks
Margarine/Jelly Milk/Beverage Margarine/Jelly Milk/Beverage Milk/Beverage Milk/Beverage Milk/Beverage Milk/Beverage   Lunch Lunch Lunch Lunch Lunch Lunch Lunch Milk/Beverage   Itreaded Chicken Breast Cheese Tortellini wiAlfredo Sauce Breaded Pork Chop Roast Turkey Meatloaf Fish & Cheese Sandwich Swedish Meatballs w/Gra   Chicken Gravy Garlio Bread Peas Turkey Gravy Scalloged Polatoes Brown Gravy Sauteed Zucchini & Onions Bread/Margarine   Irine Edward Vegetable Milk/Beverage Milk/Beverage Milk/Beverage Milk/Beverage Milk/Beverage Milk/Beverage   Dinner Dinner Dinner Dinner Dinner Dinner Dinner Dinner   Otato Matheward Geneid Arangarine Frosted Carke Bread/Margarine Frosted Carke Peas Chicken & Nodeles Egg Salad on Croissant Baked Chicken Marinara Tossed Salad/Dressing Chicken Tenders   Otato Wedges Au Gratin Potatoes Buttered Carrots (A) Bread/Margarine Frosted Cake Peant Buttered Pasta Cheese Pizza Freit Cup Peas & Carrots (A)	Buttermilk Biscuit	Bacon	Cinnamon Coffee Cake	Sausage Patty		Breakfast Hash Brown Patty	Sausage Patty
Milk/Beverage   Milk/Beverage   Milk/Beverage     Lunch   Lunch   Lunch   Lunch   Lunch   Lunch   Lunch     treaded Chicken Breast Sauce   Cheese Tortellini w/Alfredo Sauce   Breaded Pork Chop   Roast Turkey   Meatloaf   Fish & Cheese Sandwich   Swedish Meatballs w/Gra     hicken Gravy   Garlic Bread   Peas   Turkey Gravy   Scaloped Potatoes   Sweet Potato Wedges (A)   Brocoli (A)   Brocoli (A)     rince Edward Vegetable   Hot Spiced Apples   Pineapple Crisp (FR)   Miked Vegetables   Sauteed Zucchini & Onions   Cole Slaw   Bread/Margarine     rinik/Beverage   Milk/Beverage   Milk/Beverage   Milk/Beverage   Milk/Beverage   Milk/Beverage   Milk/Beverage   Milk/Beverage     Dinner   Dised Salad/Dressing   Chicken Tenders   Seasoned Spinach (	Fruit of the Day	Toast	Milk/Beverage	Margarine/Syrup	Milk/Beverage	Banana Bread Square	Margarine/Syrup
LunchLunchLunchLunchLunchLunchLunchLunchtreaded Chicken Breast Chicken GravyCheese Tortellini w/Alfredo Sauce Tossed Salad/DressingBreaded Pork Chop Seasoned Butternut Squash PeasRoast TurkeyMeatloafFish & Cheese Sandwich Tartar SauceSwedish Meatballs w/Gra Brown Gravytice PilafGarlic BreadPeasTurkey GravyScalloped PotatoesSweet Potato Wedges (A) Sauced Zucchini & OnionsBread/Margarine Frosted CakeBread/Margarine Milk/Beveragetirut Slad (FR) Milk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/Beveragetota Beef & Cheddar Sandwich Votato WedgesBaked HamChicken & Noodles Bread/MargarineEgg Salad on Croissant Macaroni SaladBaked Chicken Marinara Baked Chicken MarinaraTossed Salad/Dressing 	Milk/Beverage	Margarine/Jelly		Milk/Beverage		Milk/Beverage	Milk/Beverage
treaded Chicken Breast chicken Gravy Cheese Tortellini w/Alfredo Sauce Tossed Salad/Dressing Breaded Pork Chop Seasoned Butternut Squash Peas Roast Turkey Meatloar Fish & Cheese Sandwich Souce Swedish Meatballs w/Gra Buttered Pasta   Vince Edward Vegetable fruit Salad (FR) Garlic Bread Peas Turkey Gravy Scalloped Potatoes Sweet Potato Wedges (A) Brocoli (A)   Milk/Beverage Milk/Beverage Milk/Beverage Milk/Beverage Milk/Beverage Bioner Cole Slaw Bread/Margarine   Dinner Dissed Salad/Dressing Chicken Tenders <td< td=""><td></td><td>Milk/Beverage</td><td></td><td></td><td></td><td></td><td></td></td<>		Milk/Beverage					
Sauce Tossed Salad/Dressing Garlic BreadSeasoned Butternut Squash Peas"Mashed Potatoes Turkey GravyBrown Gravy Scalloped PotatoesTartar Sauce Sweet Potato Wedges (A)Buttered Pasta Broccoli (A)trice Edward Vegetable fruit Salad (FR) Milk/BeverageHot Spiced Apples Milk/BeveragePineapple Crisp (FR) Milk/BeverageMixed Vegetables Cherry Gelatin with Pears (FR) Milk/BeverageSauteed Zucchini & Onions Blonde Brownie Milk/BeverageCole SlawBread/Margarine Apple Crisp (FR) Milk/BeverageDinnerDinnerDinnerDinnerDinnerDinnerIdt Beef & Cheddar Sandwich tosted Cake Copit Vegetable Blend (A) Corisea Cake Convisea Convisea Milk/BeverageSalad Carrots (A) Bread/MargarineBacked Chicken Marinara 	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken GravyTossed Salad/Dressing Garic BreadSeasoned Butternut Squash Peas"Mashed PotatoesBrown GravyTartar SauceButtered PastaKice PilafGaric BreadPeasTurkey GravyScalloped PotatoesSweet Potato Wedges (A)Broccoli (A)Prince Edward VegetableHot Spiced ApplesPineapple Crisp (FR)Miked VegetablesSauteed Zucchini & OnionsCole SlawBread/MargarineMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageDinnerDinnerDinnerDinnerDinnerDinnerDinnerDinnerDinnertota Bef & Cheddar SandwichBaked HamChicken NoodlesEgg Salad on CroissantBaked Chicken MarinaraTossed Salad/DressingChicken Terneh Friesrosted CakeAu Gratin PotatoesButtered Carrots (A)Bread/MargarinePickled BeetsSeasoned Spinach (A)Fruit CupPeas & Carrots (A)Milk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageBrownieMilk/BeverageMilk/BeverageMilk/BeverageCorbread/MargarineFrosted CakePeanut Buttered DastaSeasoned Spinach (A)Fruit CupPeas & Carrots (A)Milk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageBrownieMilk/BeverageMilk/BeverageMilk/BeverageKitter Qartos (A)Milk/BeverageMilk/BeverageBrownieMilk/BeverageFruit CupMilk/BeverageKitter Qartos (A)	Breaded Chicken Breast		Breaded Pork Chop	Roast Turkey	Meatloaf	Fish & Cheese Sandwich	Swedish Meatballs w/Grav
And Vegetable fruits Salad (FR) Milk/BeverageHot Spiced Apples Milk/BeveragePineapple Crisp (FR) Milk/BeverageMixed Vegetables Cherry Gelatin with Pears (FR) Milk/BeverageSauteed Zucchini & Onions Blonde Brownie Milk/BeverageCole SlawBread/Margarine Apple Crisp (FR) Milk/BeverageDinnerDinnerDinnerDinnerDinnerDinnertot Beef & Cheddar Sandwich Potato Wedges trosted Cake Milk/BeverageBaked Ham Au Gratin Potatoes Capri Vegetable Blend (A) Milk/BeverageChicken & Noodles Bread/Margarine Frosted Cake Pickled BeetsBaked Chicken Marinara Bread/Margarine Pickled BeetsBaked Chicken Marinara Bread/Margarine Pickled BeetsCheese Pizza Bread Stick Gelatin Poke Cake Milk/BeverageChicken Scale Milk/BeverageBread/Margarine Au Gratin Potatoes Bread/Margarine Frosted Cake Milk/BeverageBaked Chicken Marinara Buttered Carrots (A) Bread/Margarine Frosted Cake Milk/BeverageBaked Chicken Marinara Buttered PastaTossed Salad/Dressing Cheese Pizza Fruit Cup Milk/BeverageChicken Tenders Peas & Carrots (A) Bread/Margarine Milk/BeverageEvening SnackEvening SnackIt Dink<	Chicken Gravy		Seasoned Butternut Squash	*Mashed Potatoes	Brown Gravy	Tartar Sauce	Buttered Pasta
Truit Salad (FR) hilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageBlonde Brownie Milk/BeverageFrosted Cake Milk/BeverageApple Crisp (FR) Milk/BeverageDinnerDinnerDinnerDinnerDinnerDinnerDinnerDinnerHot Beef & Cheddar Sandwich tota Beked HamBaked HamChicken & Noodles Buttered Carrots (A) Brosted Cake (Au Gratin Potatoes Conbread/Margarine Milk/BeverageEgg Salad on Croissant Macaroni SaladBaked Chicken Marinara Buttered PastaTossed Salad/Dressing Cheese PizzaChicken Tenders French FriesKilk/BeverageCombread/Margarine Milk/BeveragePickled Beets Peanut Butter Banana Oat Bar Milk/BeverageBiread Stick Biread Stick Milk/BeverageBiread Stick Milk/BeverageBiread Stick Milk/BeverageBirewite Pasta Bread Stick Milk/BeveragePeanut Butter Banana Oat Bar Milk/BeverageBread Stick Milk/BeverageBirewite Pasta Brownie Milk/BeverageBrownie Milk/BeverageBrownie Milk/BeverageKilk/BeverageMilk/BeverageMilk/BeveragePeanut Butter Banana Oat Bar Milk/BeverageBread Stick Milk/BeverageMilk/BeverageBrownie Milk/BeverageBrownie Milk/BeverageKilk/BeverageMilk/BeverageMilk/BeverageMilk/BeverageFruit Drink A Asst.Snacks/Cookies/CrxFruit Drink Asst.Snacks/Cookies/CrxFruit Drink Asst.Snacks/Cookies/CrxFruit Drink Asst.Snacks/Cookies/CrxFruit Drink Asst.Snacks/Cookies/CrxFruit Drink Asst.Snacks/Cookies/CrxFruit Drink Asst.Snacks/Cookies/CrxFruit Drink <td>Rice Pilaf</td> <td>Garlic Bread</td> <td>Peas</td> <td>Turkey Gravy</td> <td>Scalloped Potatoes</td> <td>Sweet Potato Wedges (A)</td> <td>Broccoli (A)</td>	Rice Pilaf	Garlic Bread	Peas	Turkey Gravy	Scalloped Potatoes	Sweet Potato Wedges (A)	Broccoli (A)
Alik/Beverage Milk/Beverage Milk/Beverage Milk/Beverage Milk/Beverage Milk/Beverage   Dinner Dinner Dinner Dinner Dinner Dinner Dinner   Hot Beef & Cheddar Sandwich Baked Ham Chicken & Noodles Egg Salad on Croissant Baked Chicken Marinara Tossed Salad/Dressing Chicken Tenders   Potato Wedges Au Gratin Potatoes Buttered Carrots (A) Bread/Margarine Pickled Beets Seasoned Spinach (A) Fruit Cup Peas & Carrots (A)   Vilk/Beverage Frosted Cake Frosted Cake Peanut Butter Banana Oat Bar Bread Stick Fruit Cup Peas & Carrots (A)   Milk/Beverage Milk/Beverage Milk/Beverage Milk/Beverage Milk/Beverage Milk/Beverage   Milk/Beverage Milk/Beverage Frosted Cake Peanut Butter Banana Oat Bar Bread Stick Fruit Cup Peas & Carrots (A)   Milk/Beverage Milk/Beverage Milk/Beverage Milk/Beverage Milk/Beverage Milk/Beverage   Milk/Beverage Milk/Beverage Milk/Beverage Milk/Beverage Milk/Beverage Milk/Beverage   Milk/Beverage Milk/Beverage Milk/B	Prince Edward Vegetable	Hot Spiced Apples	Pineapple Crisp (FR)	Mixed Vegetables	Sauteed Zucchini & Onions	Cole Slaw	Bread/Margarine
DinnerDinnerDinnerDinnerDinnerDinnerDinnerHot Beef & Cheddar Sandwich Potato WedgesBaked HamChicken & NoodlesEgg Salad on CroissantBaked Chicken Marinara Buttered Carrots (A)Tossed Salad/DressingChicken TendersProtato WedgesAu Gratin PotatoesButtered Carrots (A)Macaroni SaladButtered PastaCheese PizzaFrench FriesProsted CakeCapri Vegetable Blend (A) (Iik/BeverageBread/MargarinePickled BeetsSeasoned Spinach (A)Fruit CupPeas & Carrots (A)Milk/BeverageKrosted Cake 	Fruit Salad (FR)	Milk/Beverage	Milk/Beverage	Cherry Gelatin with Pears (FR)	Blonde Brownie	Frosted Cake	Apple Crisp (FR)
Index Beef & Cheddar Sandwich Baked Ham Chicken & Noodles Egg Salad on Croissant Baked Chicken Marinara Tossed Salad/Dressing Chicken Tenders   Potato Wedges Au Gratin Potatoes Buttered Carrots (A) Macaroni Salad Buttered Pasta Cheese Pizza French Fries   Prosted Cake Capri Vegetable Blend (A) Bread/Margarine Pickled Beets Seasoned Spinach (A) Fruit Cup Peas & Carrots (A)   Milk/Beverage Cornbread/Margarine Frosted Cake Peanut Butter Banana Oat Bar Bread Stick Milk/Beverage Brownie   Milk/Beverage Milk/Beverage Milk/Beverage Milk/Beverage Bread Stick Milk/Beverage Milk/Beverage Brownie   Fruit Drink Asst.Snacks/Cookies/Crx	Milk/Beverage			Milk/Beverage	Milk/Beverage	Milk/Beverage	Milk/Beverage
Potato Wedges irosted CakeAu Gratin PotatoesButtered Carrots (A)Macaroni SaladButtered PastaCheese PizzaFrench FriesCapri Vegetable Blend (A) /lilk/BeverageBread/Margarine Frosted Cake Milk/BeveragePickled Beets Peanut Butter Banana Oat Bar Milk/BeverageButtered PastaCheese PizzaFrench Fries Peas & Carrots (A)Milk/BeverageCornbread/Margarine Cookies Milk/BeverageFrosted Cake Milk/BeveragePeanut Butter Banana Oat Bar Milk/BeverageBread Stick Gelatin Poke Cake Milk/BeverageMilk/BeverageBrownie Milk/BeverageEvening SnackEvening SnackEvening SnackEvening SnackEvening SnackEvening SnackEvening SnackEvening SnackEvening SnackFruit Drink ssst.Snacks/Cookies/CrxFruit Drink Asst.Snacks/Cookies/CrxFruit Drink Asst.Snacks/Cookies/CrxFruit Drink Asst.Snacks/Cookies/CrxFruit Drink Asst.Snacks/Cookies/CrxFruit Drink Asst.Snacks/Cookies/CrxFruit Drink Asst.Snacks/Cookies/CrxFruit Drink Asst.Snacks/Cookies/CrxFruit Drink Asst.Snacks/Cookies/CrxFruit Drink Asst.Snacks/Cookies/CrxAsst.Snacks/Cookies/CrxAsst.Snacks/Cookies/CrxAsst.Snacks/Cookies/Crx	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Frosted CakeCapri Vegetable Blend (A) Cornbread/Margarine Cookies Milk/BeverageBread/Margarine Frosted Cake Milk/BeveragePickled Beets Peanut Butter Banana Oat Bar Milk/BeverageSeasoned Spinach (A) Bread Stick Gelatin Poke Cake Milk/BeverageFruit Cup Bread Stick Bread Stick Gelatin Poke Cake Milk/BeveragePeans & Carrots (A) Brownie Milk/BeverageEvening SnackEvening SnackEvening SnackEvening SnackEvening SnackEvening SnackFruit Drink Asst. Snacks/Cookies/CrxFruit Drink Asst. Snacks/Cookies/Crx <td>Hot Beef &amp; Cheddar Sandwich</td> <td>Baked Ham</td> <td>Chicken &amp; Noodles</td> <td>Egg Salad on Croissant</td> <td>Baked Chicken Marinara</td> <td>Tossed Salad/Dressing</td> <td>Chicken Tenders</td>	Hot Beef & Cheddar Sandwich	Baked Ham	Chicken & Noodles	Egg Salad on Croissant	Baked Chicken Marinara	Tossed Salad/Dressing	Chicken Tenders
Aillk/BeverageCornbread/Margarine Cookies Milk/BeverageFrosted Cake Milk/BeveragePeanut Butter Banana Oat Bar Milk/BeverageBread Stick Gelatin Poke Cake Milk/BeverageMilk/BeverageBrownie Milk/BeverageEvening SnackEvening SnackEvening SnackEvening SnackEvening SnackEvening SnackEvening SnackEvening SnackEvening SnackEvening SnackFruit Drink Asst. Snacks/Cookies/CrxFruit DrinkFruit DrinkAsst. Snacks/Cookies/CrxAsst. Snacks/Cookies/Crx	Potato Wedges	Au Gratin Potatoes	Buttered Carrots (A)	Macaroni Salad	Buttered Pasta	Cheese Pizza	French Fries
Cookies Milk/Beverage Milk/Beverage Milk/Beverage Gelatin Poke Cake Milk/Beverage Milk/Beverage Milk/Beverage   Evening Snack	Frosted Cake	Capri Vegetable Blend (A)	Bread/Margarine	Pickled Beets	Seasoned Spinach (A)	Fruit Cup	Peas & Carrots (A)
Milk/Beverage Milk/Beverage Milk/Beverage Milk/Beverage   Evening Snack   Fruit Drink Stst.Snacks/Cookies/Crx Asst.Snacks/Cookies/Crx	Milk/Beverage	Cornbread/Margarine	Frosted Cake	Peanut Butter Banana Oat Bar	Bread Stick	Milk/Beverage	Brownie
Evening Snack Evening Snack<		Cookies	Milk/Beverage	Milk/Beverage	Gelatin Poke Cake		Milk/Beverage
Fruit Drink		Milk/Beverage			Milk/Beverage		
Asst.Snacks/Cookies/Crx Asst.Snacks/Cookies/Crx Asst.Snacks/Cookies/Crx Asst.Snacks/Cookies/Crx Asst.Snacks/Cookies/Crx Asst.Snacks/Cookies/Crx Asst.Snacks/Cookies/Crx	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
	Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink
Dietitian: Marv Roberson RD. LD	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx
	Dietitian: Mary Roberson						RD, LD

CDR#: 13835 8/1/2024

Mary C. Roborn POLO

The meal items shown are those served on a Regular Diet. If your physician has ordered for you a Therapeutic or Texture Altered Diet, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!



Sunday (Day 8)	Monday (Day 9)	Tuesday (Day 10)	Wednesday (Day 11)	Thursday (Day 12)	Friday (Day 13)	Saturday (Day 14)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice (FR)	Assorted Juice (FR)	Assorted Juice (FR)	Assorted Juice (FR)	Assorted Juice (FR)	Assorted Juice (FR)	Assorted Juice (FR)
Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal
Sausage Gravy	Scrambled Eggs	Denver Omelet Bake	Pancakes	Canadian Bacon, Egg & Cheese Breakfast Biscuit	Cheese Omelet	French Toast Sticks
Buttermilk Biscuit	Bacon	Cinnamon Coffee Cake	Sausage Patty	Fruit of the Day	Breakfast Hash Brown Patty	Sausage Patty
Fruit of the Day	Toast	Milk/Beverage	Margarine/Syrup	Milk/Beverage	Banana Bread Square	Margarine/Syrup
Milk/Beverage	Margarine/Jelly		Milk/Beverage		Milk/Beverage	Milk/Beverage
	Milk/Beverage					
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pot Roast	Lasagna Roll Up	Salisbury Steak	Sweet & Sour Glazed Pork Loin	Buttermilk Ranch Chicken	Breaded Fish	Pasta & Meatballs
Buttered Egg Noodles	Italian Blend Vegetables (A)	*Mashed Potatoes	Steamed Rice	Buttered Pasta	Tartar Sauce	Seasoned Green Beans
Brown Gravy	Bread/Margarine	Prince Edward Vegetable	Oriental Vegetables (A)	Country Style Tomatoes	Broccoli (A)	Garlic Bread
Vixed Vegetables	Blueberry Cobbler (FR)	Brown Gravy	Bread/Margarine	Strawberry Shortcake (FR)	Cole Slaw	Ambrosia (FR)
Frosted Cake	Milk/Beverage	Frosted Cake	Pineapple	Milk/Beverage	Lemon Bar	Milk/Beverage
Milk/Beverage		Milk/Beverage	Milk/Beverage		Milk/Beverage	
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
BQ Pulled Pork on Bun	Baked Chicken Breast	Tuna Noodle Casserole	Chicken Salad on Croissant	Hamburger on Bun	Baked Macaroni & Cheese	Bratwurst Patty on Bun
Oven Browned Potatoes	Garden Blend Rice	Steamed Brussel Sprouts	Marinated Cucumber Salad	French Fries	Tossed Salad/Dressing	Baked Beans
Seasoned Green Beans	Buttered Carrots (A)	Bread Stick	Sidekick Ice Fruit Cup (FR)	Cookies	Cream Cheese Brownie	Apricots (A)
Fresh Watermelon	Cinnamon Applesauce	Lime Gelatin with Pears (FR)	Milk/Beverage	Milk/Beverage	Milk/Beverage	Milk/Beverage
Milk/Beverage	Milk/Beverage	Milk/Beverage				
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink
Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx

RD, LD CDR#: 13835 8/1/2024

Mary C. Roborn POLO

The meal items shown are those served on a Regular Diet. If your physician has ordered for you a Therapeutic or Texture Altered Diet, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!



Sunday (Day 15)	Monday (Day 16)	Tuesday (Day 17)	Wednesday (Day 18)	Thursday (Day 19)	Friday (Day 20)	Saturday (Day 21)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice (FR)	Assorted Juice (FR)	Assorted Juice (FR)	Assorted Juice (FR)	Assorted Juice (FR)	Assorted Juice (FR)	Assorted Juice (FR)
Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal
Sausage Gravy	Scrambled Eggs	Denver Omelet Bake	Pancakes	Canadian Bacon, Egg & Cheese Breakfast Biscuit	Cheese Omelet	French Toast Sticks
Buttermilk Biscuit	Bacon	Cinnamon Coffee Cake	Sausage Patty	Fruit of the Day	Breakfast Hash Brown Patty	Sausage Patty
Fruit of the Day	Toast	Milk/Beverage	Margarine/Syrup	Milk/Beverage	Banana Bread Square	Margarine/Syrup
Milk/Beverage	Margarine/Jelly		Milk/Beverage		Milk/Beverage	Milk/Beverage
	Milk/Beverage					
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Alfredo Over Pasta	Citrus Glazed Roast Turkey	Meatloaf	Cheeseburger on Bun	Breaded Chicken Breast	Battered Cod	Italian Marinated Chicken
Sauteed Zucchini & Onions	*Mashed Potatoes	Brown Gravy	French Fries	Buttered Pasta	Tartar Sauce	Buttered Pasta
Bread Stick	Turkey Gravy	Au Gratin Potatoes	Tossed Salad/Dressing	Broccoli (A)	Baked Macaroni & Cheese	Italian Blend Vegetables (A)
Hot Spiced Apples	Capri Vegetable Blend (A)	Mixed Vegetables	Brownie	Cherry Apple Cobbler (FR)	Cole Slaw	Strawberry Shortcake (FR)
Milk/Beverage	Bread/Margarine	Bread/Margarine	Milk/Beverage	Milk/Beverage	Frosted Cake	Milk/Beverage
	Frosted Cake	Fruit Salad (FR)			Milk/Beverage	
	Milk/Beverage	Milk/Beverage				
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
BBQ Beef Sandwich	Baked Ham	Tuna Salad Sandwich	Breaded Pork Chop	Sloppy Joes on Bun	Cheese Pizza	Ham & Cheddar Wrap
Potato Wedges	Seasoned Butternut Squash	Marinated Fresh Tomato Salad	Rice Pilaf	Oven Browned Potatoes	Tossed Salad/Dressing	Potato Salad
Blonde Brownie	Seasoned Spinach (A)	Cookies	Buttered Carrots (A)	Raspberry Gelatin with peaches (FR)	Bread Stick	Pickled Beets
Milk/Beverage	Cornbread/Margarine	Milk/Beverage	Mandarin Oranges	Milk/Beverage	Chilled Pears	Peanut Butter Banana Oat Bar
	Pineapple Crisp (FR)		Milk/Beverage		Milk/Beverage	Milk/Beverage
	Milk/Beverage					
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink
Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx

RD, LD CDR#: 13835 8/1/2024

Mary C. Rohmen Pour

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!



Sunday (Day 22)	Monday (Day 23)	Tuesday (Day 24)	Wednesday (Day 25)	Thursday (Day 26)	Friday (Day 27)	Saturday (Day 28)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice (FR)	Assorted Juice (FR)	Assorted Juice (FR)	Assorted Juice (FR)	Assorted Juice (FR)	Assorted Juice (FR)	Assorted Juice (FR)
Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal
Sausage Gravy	Scrambled Eggs	Denver Omelet Bake	Pancakes	Canadian Bacon, Egg & Cheese Breakfast Biscuit	Cheese Omelet	French Toast Sticks
Buttermilk Biscuit	Bacon	Cinnamon Coffee Cake	Sausage Patty	Fruit of the Day	Breakfast Hash Brown Patty	Sausage Patty
Fruit of the Day	Toast	Milk/Beverage	Margarine/Syrup	Milk/Beverage	Banana Bread Square	Margarine/Syrup
Milk/Beverage	Margarine/Jelly		Milk/Beverage		Milk/Beverage	Milk/Beverage
1	Milk/Beverage					
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pot Roast	Teriyaki Glazed Pork Tenderloin	Salisbury Steak	Herbed Pork Roast	Country Fried Steak	Potato Crunch Pollock	Baked Macaroni & Cheese
*Mashed Potatoes	Steamed Rice	Buttered Egg Noodles	Scalloped Potatoes	*Mashed Potatoes	Garden Blend Rice	Tossed Salad/Dressing
Brown Gravy	Oriental Vegetables (A)	Brown Gravy	Buttered Cabbage	Cream Gravy	Cole Slaw	Seasoned Spinach (A)
Peas & Carrots (A)	Gelatin Poke Cake	Mixed Vegetables	Apple Crisp (FR)	Peas	Lemon Cream Cake	Ambrosia (FR)
Frosted Cake	Milk/Beverage	Frosted Cake	Milk/Beverage	Frosted Cake	Milk/Beverage	Milk/Beverage
Milk/Beverage		Milk/Beverage		Milk/Beverage		
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken Burger on Bun	Lasagna Roll Up	BBQ Pulled Chicken on Bun	Hamburger on Bun	Baked Chicken Breast	Club Turkey Wrap	Italian Sausage Patty on Bu
Sweet Red Pepper Mayo	Tossed Salad/Dressing	Potato Wedges	Potato Salad	Buttered Pasta	Marinated Cucumber Salad	w/Peppers & Onions French Fries
Baked Beans	Steamed Brussel Sprouts	Capri Vegetable Blend (A)	Baked Beans	Country Style Tomatoes	Sidekick Ice Fruit Cup (FR)	Patriotic Fruit Bar
Brownie	Blueberry Cobbler (FR)	Mandarin Orange Gelatin (FR)	Rice Pudding	Bread Stick	Cookies	Milk/Beverage
Fresh Watermelon	Milk/Beverage	Milk/Beverage	Milk/Beverage	Cream Cheese Brownie	Milk/Beverage	, , , , , , , , , , , , , , , , , , ,
Milk/Beverage	, i i i i i i i i i i i i i i i i i i i			Milk/Beverage	, , , , , , , , , , , , , , , , , , ,	
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink
Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx
Dietitian: Mary Roberson						RD, LD

CDR#: 13835 8/1/2024

Mary C. Roborn POLO

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